

Mentor: _____

Mentee Portrait

STEP 1: MENTOR: Ask for this information. Complete the box *before* giving the mentee the form.

Mentoring site: _____ Date: ____/____/____

Student's school: _____

First Name: _____ Last Name: _____

1. Do you want to participate in mentoring this year? (circle one): Yes No

If yes, then give the mentee this form to complete and answer any questions the mentee has.

If no, then do not continue with the questions, but ask the student to contact you if the student changes his or her mind later.

STEP 2: MENTEE: Please provide us with some information about yourself by answering the questions below.

2. Birthdate: (Month/Day/Year) ____/____/____ 3. Grade Level: _____

4. Gender: _____

5. Ethnicity: ☐ ₁ American Indian or Alaska Native ☐ ₅ White
☐ ₂ Asian ☐ ₆ Other
☐ ₃ Black or African American ☐ ₇ Multiethnic—if so, what ethnicities?: _____
☐ ₄ Hispanic or Latino

6. These questions ask about education. Please use check marks (✓) to choose the best answers.

<i>What is the highest level of education...</i>	A. Completed by your mother ?	B. Completed by your father ?	C. You dream of completing?	D. You believe you will actually complete?
(a) 8th grade or less				
(b) Some high school				
(c) High school diploma				
(d) Some college				
(e) 2-year college—A.A./A.S. degree				
(f) 4-year college—B.A./B.S. degree				
(g) M.A. or M.S. degree				
(h) Doctoral degree				
(i) Not sure				

STEP 3: The questions below will help us learn more about you and how you see your future.

7. Read each statement. CIRCLE the number that best describes how true it is for you or how much you agree with it.

	Not at all	Not really	Sort of	True	Very True
1. My family has fun together.	1	2	3	4	5
2. I work hard at school.	1	2	3	4	5
3. I have friends I'm really close to and trust completely.	1	2	3	4	5
4. It is important that my parents trust me.	1	2	3	4	5
5. I enjoy being at school.	1	2	3	4	5
6. Spending time with my friends is a big part of my life.	1	2	3	4	5
7. I enjoy spending time with my parents.	1	2	3	4	5
8. My friends and I talk openly with each other about personal things.	1	2	3	4	5
9. I do well in school.	1	2	3	4	5
10. I spend as much time as I can with my friends.	1	2	3	4	5

	Not at all	Not really	Sort of	True	Very True
11. My parents and I get along well.	1	2	3	4	5
12. I feel good about myself when I am at school.	1	2	3	4	5
13. My friends and I spend a lot of time talking about things.	1	2	3	4	5
14. I care about my parents very much.	1	2	3	4	5
15. Doing well in school is important to me.	1	2	3	4	5

8. **Future possible selves** are how you see yourself in the future. In the columns below, please write down three possible selves you hope to be in the future. Then write down three possible selves you hope to avoid being in the future.

A. In the future, I hope to be:

B. In the future, I hope NOT to be:

(1) _____ . (1) _____ .

(2) _____ . (2) _____ .

(3) _____ . (3) _____ .

C. The future possible self that is most important to me is: _____

STEP 4: The questions below will help us understand what to work on in mentoring.

9. Everyone has changes they want to make in their lives. Please describe the most important change you want to make in your life right now. Focus on the following question: "What do I want to change about my life?" [write down your answer]

A. _____

B. Is your most important life change something you can work on in mentoring? YES NO

C. How much progress have you made toward making this change? (Circle the best number rating below.)

No progress											Goal achieved
0	1	2	3	4	5	6	7	8	9	10	

10. Why are you signing up for mentoring? What do you hope to get out of it?