DEBORAH KOONS-BEAUCHAMP

CURRICULUM VITAE

Ph.D. Candidate, University of Iowa

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EDUCATION

2020-*Anticipated 2023*	*University of Iowa*, Iowa City, IA Doctor of Philosophy Candidate, Couple & Family Therapy Advisor: Dr. Kayla Reed Fitzke
2020	*Mount Mercy University*, Cedar Rapids, IA Master of Marriage & Family Therapy
2006	*University of Phoenix*, Phoenix, AZ, Online Master of Business Administration
1990	*Brigham Young University,* Provo, UT Bachelor of Science, Psychology Minor: Classical Civilizations

CAREER GOAL

To develop the next generation of Couple & Family Therapists in conjunction with a team of university faculty, where I can contribute to the institution based on my experience, and commitment to the highest level of excellence in education, service, and research.

PROFESSIONAL CREDENTIALS

Temporary Licensed Marriage and Family Therapist (Iowa #100432; Effective through 09/2023)
Certified Professional Coach, Institute for Professional Excellence in Coaching, 2016

PROFESSIONAL EXPERIENCE

2020-Current	*Couple & Family Therapist,* Peaceful Mindset Counseling, Cedar Rapids, IA.
2022-Current	*Adjunct Faculty,* Alliant International University, Alhambra, CA.
2021-2022	*Teaching Assistant,* University of Iowa
2020-2021	*Research Assistant,* University of Iowa
2019-2020	*Behavioral Health Intervention Specialist*, Covenant Family Solutions, Cedar Rapids, IA.
2017-2019	*Executive Director*, Wastach Forensic Nurses, Salt Lake City, UT.

2016-2018	*Founder*, Project Amazing You Corporate Coaching, Salt Lake City, UT.
2014-2016	*Director*, Ryan LLC, Cedar Rapids, IA.
2008-2010	*President & Vice President*, Unclaimed Property Professionals Organization (UPPO), Golden Valley, MN.
1998-2014	*Vice President of Operations, Compliance Solutions*, StoneRiver & Fiserv Corporations, Cedar Rapids, IA.
1997-1998	*Product Manager*, The Freedom Group, Cedar Rapids, IA.
1990-1997	*Senior Instructional Designer*, Novell Inc. and WordPerfect Corporation, Provo, UT.

PUBLICATIONS

Goslin, A., & **Koons-Beauchamp, D.** (2022). The mother-daughter relationship and daughter's positive body image: A systematic review. *The Family Journal*, 1-12. Advance online publication. https://doi.org/10.1177/10664807221104109

Accepted with Revisions

Koons-Beauchamp, D. (under review). The commute home: End of day rituals for online therapists. In R. Cobb (Eds.), *The therapist's notebook for systemic teletherapy: Creative interventions for effective online therapy.* Routledge.

Manuscripts Under Review

Hamilton, A., **Koons-Beauchamp, D.**, Reed-Fitzke, K., Goslin, A., & Sellers, K. (under review). A framework analysis of ROTC cadet experiences with stress: The capacity for social resource management.

Manuscripts with Substantial Progress

Koons-Beauchamp, D., & Ball, M. (in progress). Emotionally focused therapy: When relationships can heal body image distress.

Koons-Beauchamp, D., Goslin, A., & Aidoo, E. (in progress). Like Mother, Like Daughter: Daughter's perspective of their mother's role in their own body image development.

PRESENTATIONS

Koons-Beauchamp, D. & Ball, M. (2022, October). *Emotionally focused therapy: When relationships can heal body image distress.*. [Interactive Poster]. AAMFT, 2022 Intervention Research in Systemic Family Therapy Annual Conference, Michigan State University, Lansing, MI.

Koons-Beauchamp, D., Cheney, C., & Ball, M. (2022, April). *LGBTQ+, navigating your resources.* [Workshop]. Mt. Pleasant High School, Healthy You Day. Mt. Pleasant, IA.

Goslin, A., & **Koons-Beauchamp, D.** (2021, November). *The mother-daughter relationship, and a daughter's positive body image.* [Interactive Poster]. National Council on Family Relations Conference, virtual.

Goslin, A., & **Koons-Beauchamp, D.** (2021, September). *The mother-daughter relationship, and a daughter's positive body image*. [Webinar]. Minnesota Association for Marriage & Family Therapy, 2021 Annual Conference, virtual.

Hamilton, A., Reed-Fitzke, K., **Koons-Beauchamp, D.**, & Goslin, A. (2021, November). *A framework analysis of emerging adult ROTC cadet leadership development and capacity for social resource management* [Paper Presentation]. Society for the Study of Emerging Adulthood Biennial Conference, virtual.

Webster, T.N. & **Koons-Beauchamp, D.** (2019, September). *Understanding chronic pain: Trauma and neurobiology.* [Breakout Presentation]. Minnesota Association for Marriage & Family Therapy 2019 Annual Conference, Edina, MN.

Webster, T.N. & **Koons-Beauchamp, D.** (2019, May). *Understanding chronic pain: Trauma and neurobiology.* [Breakout Presentation]. Utah Association for Marriage & Family Therapy 2019 Annual Conference, Salt Lake City, UT.

GRANT ACTIVITY

Application In Development

Audrey Qualls Travel Award and/or the Dean Graduate Student Travel Award

UI Graduate College Summer Fellowship Program

Mount Mercy University Travel Award

MEDIA PUBLICATIONS, APPEARANCES, & FEATURES

KRCL 90.9, Salt Lake City UT. (2018, March 19). *Wasatch forensic nurses and Utah coalition against sexual assault.* [Interview].

Good Morning Utah, Salt Lake City, UT. (2018, April 6). *How local nurses are helping sexual assault survivors.* [Interview].

X96 Radio from Hell, Salt Lake City, UT. (2018, April 12). *Wasatch forensic nurses: sexual assault is a healthcare issue.* [Interview].

The Cultural Hall, Salt Lake City, UT. (2018, April 27). *Rape and Consent Ep. 267.* [Interview].

TEACHING

Instructor of Record

PSQF 4162	Introduction to Couple and Family Therapy (*Asynchronous online course, 27 students, Spring 2021*)
CSED 4131	Loss, Death, and Bereavement (*Asynchronous online course, 40 students, Fall 2021, Spring 2022, Fall 2022*)
PSY 63130	MFT Theories & Techniques Lab I (*Synchronous online course, 9 students, Fall 2022*)

Teaching Assistantship and Guest Lecturer

PSQF 4133	The Adolescent and Young Adult (*Traditional classroom setting, 28 students, Fall 2021*)

Teaching Certification

2022	Graduate Certificate in College Teaching, *University of Iowa*

PROFESSIONAL AFFILIATIONS, SERVICE, AND DEVELOPMENT

Current Membership in Professional Organizations

American Association for Marriage and Family Therapy (AAMFT)
National Council on Family Relations (NCFR)
International Centre for Excellence in Emotionally Focused Therapy (ICEEFT)

Service to Profession

2022	*Conference Proposal Reviewer,* NCFR
2017-2019	*Board Member*, Wasatch Forensic Nurses
2001-2016	*Board Member and Committee Chair,* UPPO

Service to Community

2019-Current	*Volunteer Sexual Assault Survivor Advocate & Counselor*, Riverview Center, Marion, IA.

2022 *LGBTQ+ Awareness Presenter,* Mt. Pleasant High School, Healthy You Day, Mt. Pleasant, IA.

Professional Development

2021 *NCFR Annual Conference, Virtual*
2022 *LGBTQ+ Attachment Assessment Presentation, Emotionally Focused Couple Therapy Externship, Coaching Assignment*
2021-2022 *Emotionally Focused Couple Therapy Core Skills I, II, and III*
2021 *Emotionally Focused Couple Therapy Externship*
2020 *Safe Zone Phase I Training*
2019 *Riverview Center's Iowa Coalition Against Sexual Assault Victim Advocate and Counselor Certification Training*

CLINICAL PRACTICE

2020-Current Therapist, University of Iowa LGBTQ Counseling Clinic, Iowa City, IA.
Conduct individual and couple therapy, perform assessments for gender affirming surgery, and provide letters of support.

2020-Current Therapist, Peaceful Mindset Counseling, Cedar Rapids, IA.
Conduct individual, couple, and family therapy.

2019-2020 Behavioral Health Intervention Specialist, Covenant Family Solutions, Cedar Rapids, IA.
Perform in-home mental health and behavioral services for children ages 3-17 years-old, and their families.

Volunteer Victim Counselor – Hospital Response, Riverview Center, Marion, IA.
2019-Current Respond to acute sexual assault victims in the hospital to provide individual and family support, counseling, advocacy, and resource services.

2019-2020 Student Therapist, Mount Mercy University Counseling Center, Cedar Rapids, IA.
Conduct individual and couple's therapy for university students.

2019-2020 Student Therapist, Olson Marriage & Family Clinic, Cedar Rapids, IA.
Conduct individual, couple, and family therapy for community clients.

TOOLS & SOFTWARE

SAS Statistical Software — Generalized linear model analysis including regression, analysis of variance, analysis of covariance, describing variables of interest and zero-order associations, creating predictor variables, and building models to evaluate unique effects

MPlus Statistical Software	Person-centered analyses
IBM SPSS Statistical Software	Data preparation, descriptive statistics, and regression analysis
Atlas.ai	Qualitative Data Analysis and Research Software
Otter	Transcription Software
Simple Practice, TheraNest, KASA	Practice Management Software Systems