

Curriculum Vitae
Katie Hindman, PhD Student
khindma1@asu.edu | (503) 501-9600

EDUCATION

Arizona State University, Phoenix, AZ

Doctor of Philosophy, Community Resources and Development	<i>Expected completion: 2028</i>
<i>Graduate Certificate, Nonprofit Leadership and Management</i>	2025
Master of Science, Community Resources and Development (Nonprofits and NGOs)	2023
<i>Graduate Certificate, Social Entrepreneurship and Community Development</i>	2023
Bachelor of Science, Nonprofit Leadership and Management	2020
<i>Undergraduate Certificate, Cross-Sector Leadership</i>	2020

AWARDS AND SCHOLARSHIPS

Arizona State University, Watts College of Public Service and Community Solutions

ISSR Graduate Student Poster Contest - Honorable Mention	2025
Watts College of Public Service and Community Solutions Outstanding Graduate	2023
Nu Lambda Mu Honor Society Inductee	2023
University Graduate Fellowship	2022
Public Service Academy Award	2016 to 2020

CERTIFICATIONS

Certified Nonprofit Professional (CNP)	2026
--	------

RESEARCH

Emerging Dissertation Research

My emerging dissertation research examines gendered and intersecting barriers to sport and recreation participation, with attention to how structural, social, cultural, and organizational conditions shape access, inclusion, and positive youth development outcomes.

Research Interests

Youth sport; positive youth development; access, equity, and inclusion in sport and recreation; youth voice, leadership, and empowerment; gender equity and intersectionality in sport; sport for development and peace; nonprofit leadership and management; philanthropy and fundraising; community development; and international and cross-cultural youth development.

Methodological Approaches

Quantitative, qualitative, and mixed methods research; participatory, community-based, and community-engaged approaches; cross-cultural research; experimental and quasi-experimental designs; longitudinal research; program evaluation; and economic impact analysis.

Research Methods & Technical Skills

Advanced Statistical Modeling & Analysis: Structural Equation Modeling (SEM), Longitudinal Growth Curve Modeling (LGCM), Multilevel & Hierarchical Linear Modeling (MLM/HLM), Bayesian Statistics, Mediation & Moderation Analysis, Exploratory Factor Analysis (EFA), Multiple Regression, and Multivariate Analysis of Variance (MANOVA/ANOVA).

Programming Languages: R, Python.

Specialized Software & Data Platforms: Mplus, SPSS, IMPLAN (Economic Impact Modeling), Qualtrics, and Microsoft Excel.

Peer-Reviewed Journal Articles

Hindman, K., Legg, E., & Meerts-Brandsma, L. (2026). Environmental prompts and positive reinforcement: A quasi-experimental evaluation of a sportsmanship intervention in youth basketball. *Journal of Park and Recreation Administration*, 44(3), 98–115. <https://doi.org/10.18666/IPRA-2026-13157>

Legg, E., Meerts-Brandsma, L., & **Hindman, K.** (2025). A socio-ecological analysis of the causes of behavior in sport: Perspectives of parents, coaches, and staff. Advance online publication. *Managing Sport and Leisure*, 1–17. <https://doi.org/10.1080/23750472.2025.2538476>

Works In Progress

Coleman, C., Poulos, A., **Hindman, K.,** & Searle, M. (In Progress). Do neighborhood environments still promote flourishing? A five-year replication and extension study. Target journal: TBD. Expected submission date: TBD.

Legg, E., **Hindman, K.,** & Poulos, A. (In Progress). Can expressive writing reduce stress among youth sport parents? A Randomized Controlled Trial. Target journal: *Journal of Applied Sport Psychology*, Expected submission date: 3Q 2026

Legg, E., **Hindman, K.,** & Pontes, M. (In Progress). Why volunteers stay: The role of leadership identity and motivation in national sport governance. Target journal: *Nonprofit Management & Leadership*. Expected submission date: 1Q 2027

Legg, E., Montes, A., **Hindman, K.,** & Forrai, K. (In Progress). The impact of volunteering in a prison-based tennis program. Target journal: *VOLUNTAS: International Journal of Voluntary and Nonprofit Organizations*. Expected submission date: 2Q 2027

Legg, E., Legg, B., & **Hindman, K.** (In Progress). “We are”: The role of youth-led sport for vulnerable youth in Nepal. Target journal: *Journal of Sport for Development*. Expected submission date: 3Q 2027

PRESENTATIONS

Peer Reviewed

Legg, E., & **Hindman, K.** (2026). Testing the effects of expressive writing on parent well-being in youth sport: A randomized experimental study. *The Academy of Leisure Sciences (TALS) Research and Teaching Conference*, Philadelphia, PA.

Hindman, K. (2026). Testing the effects of expressive writing on parent well-being in youth sport: A randomized experimental study. *Institute for Social Science Research (ISSR) Graduate Student Poster Contest*, Arizona State University, Tempe, AZ.

Hindman, K. (2025). Intersecting inequities: Mental health experiences of female adaptive athletes in elite sport. *Institute for Social Science Research (ISSR) Graduate Student Poster Contest*, Arizona State University, Tempe, AZ.

Hindman, K., & Zeinalzadeh, S. (2025). GenZ FemZ: Has feminism reached its peak in the Z era? *Institute for Social Science Research (ISSR) Graduate Student Poster Contest*, Arizona State University, Tempe, AZ.

Hindman, K. (2024). Stereotypes in stilettos: The impact of beauty norms on women's perceptions, competence, and well-being in academia. *Institute for Social Science Research (ISSR) Graduate Student Poster Contest*, Arizona State University, Tempe, AZ.

Hindman, K. (2024). "We are": The role of youth-led sport for vulnerable youth in Nepal: A case study. *The Academy of Leisure Sciences (TALS) Research and Teaching Conference*, New Orleans, LA.

Professional

Chhabra, D., Wise, N., **Hindman, K.** (2026). Buckeye Air Fair & AOPA Fly-In Economic Impact Analysis. *Buckeye City Council*, Buckeye, AZ.

Hindman, K. (2026). From burnout to sustainability: Building volunteer systems that last. *Arizona Park and Recreation Association (APRA) Annual Conference*, Phoenix, AZ.

Hindman, K., & Legg, E. (2026). From burnout to sustainability: Building volunteer systems that last. *Arizona Park and Recreation Association (APRA) Annual Conference*, Phoenix, AZ.

Legg, E., & **Hindman, K.** (2023). Changing the culture of youth sport. *Arizona Park and Recreation Association (APRA) Annual Conference*, Glendale, AZ.

PROFESSIONAL REPORTS

Chhabra, D., Wise, N., **Hindman, K.** (2026). *Buckeye Air Fair & AOPA Fly-In Economic Impact Analysis*. Submitted to City of Buckeye*

Hindman, K., Legg, E., Mullady, A. (2026). *Equitable Youth Sports Agenda – Advancing Access, Equity, and Opportunity in Maryvale*. Submitted to Design Studio for Community Solutions*

Legg, E., Hultsman, W., **Hindman, K.**, Lin, B., Gibbs, E., Ananian, C.D., Lee, W., Budruk, M., Chhabra, D. (2023). *Recreation Centers of Sun City Needs Assessment – Current Resident Survey*. Submitted to Recreation Centers of Sun City*

Legg, E., Hultsman, W., **Hindman, K.**, Ananian, C.D, Budruk, M. *Recreation Centers of Sun City Needs Assessment – Focus Groups and Working Group Results*. Submitted to Recreation Centers of Sun City*

Legg, E., **Hindman, K.** (2023). *Recreation Centers of Sun City Needs Assessment – Benchmark Data*. Submitted to Recreation Centers of Sun City*

Legg, E., **Hindman, K.** (2023). *Recreation Centers of Sun City Needs Assessment – Trends Analysis*. Submitted to Recreation Centers of Sun City*

Legg, E., **Hindman, K.** (2023). *Recreation Centers of Sun City Needs Assessment – Future Resident Survey Panel*. Submitted to Recreation Centers of Sun City*

**Funded sponsored project*

RESEARCH EXPERIENCE

** The following projects were completed through paid research appointments during my master's and doctoral programs. The compensation for these appointments was separate from funding associated with my degree programs.*

Graduate Research Assistant, Arizona State University

BYTE/San Quentin Volunteer Study

May 2026 to Present

Ongoing qualitative study examining volunteer experiences and perceptions of program impact within BYTE's Inside/Outside Community Tennis program at San Quentin, which connects incarcerated tennis participants with community volunteers through shared tennis sessions.

Buckeye Air Fair and AOPA Fly-In Economic Impact Study

January 2026 to Present

Comprehensive study evaluating the Buckeye Air Fair and AOPA Fly In's economic contributions to the City of Buckeye and Maricopa County through IMPLAN modeling and surveys of visitors, pilots, vendors, and residents.

Leveling the Playing Field: Advancing Sports Equity in Maryvale

June 2025 to January 2026

Community-engaged project examining structural barriers to equitable youth sport access and translating stakeholder input into a youth sports equity agenda, implementation roadmap, and supporting resources for the Maryvale community.

Kids at Hope ACES Tracking Study*May 2024 to December 2025*

School-based longitudinal study examining associations between caring adult relationships, referred to as “Aces,” and student achievement, attendance, and behavior through linked ACES Tracking and school data.

St. Vincent de Paul Volunteer Study*December 2024 to May 2025*

Mixed methods study examining how St. Vincent de Paul volunteers perceive the personal, community, and organizational impacts of their service through survey and interview data, with attention to age, volunteer frequency, and compulsory service.

Recreation Centers of Sun City Needs Assessment*January 2023 to December 2023*

Comprehensive, multi-component assessment examining RCSC members’ views, community strengths and needs, and future trends through a survey with more than 6,000 responses, member focus groups, a facilitated working session, peer community benchmarking, trends analysis, and a future resident survey panel.

Office of the Associate Dean for Research*January 2022 to August 2022*

Research support appointment contributing to college and university wide initiatives through document analysis, literature reviews, data analysis, and research reporting, including the coordination of Watts College COVID 19 response activities for an ASU wide catalog developed with the Office of Health Futures.

TEACHING EXPERIENCE**Instructor, Arizona State University**

Course	Semester (Session)	Number of Students
CRD & NLM 235: Leadership and Ethics	Fall 2026 (A)	94

Invited Guest Lectures, Arizona State University***CRD 402: Assessment & Evaluation of Community Services***

- “Questionnaires and the Goal Attainment Model: Part 1” (Fall 2026)
- “Questionnaires and the Goal Attainment Model: Part 2” (Fall 2026)
- “Finding and Evaluating Quantitative Data From Outside Sources” (Spring 2026)
- “Data Visualization and Communicating Quantitative Findings” (Spring 2026)

Lead Graduate Teaching Assistant, Arizona State University

Course	Semester (Session)	Number of Students
PRM 380: Wilderness & Parks in America	Fall 2024 (B)	247

Graduate Teaching Assistant, Arizona State University

Course	Semester (Session)	Number of Students
CRD 402: Assessment & Evaluation of Community Services	Spring 2026 (C)	25
PRM 370: Public Lands Management	Fall 2025 (B)	126
TDM 345: Meeting & Convention Planning	Spring 2025 (B)	118
CRD 302: Inclusive Community Development	Spring 2025 (A)	125
PRM 380: Wilderness & Parks in America	Fall 2024 (A)	154
TDM 458: International Tourism	Fall 2023 (B)	70
PRM 483: Sports Tourism	Spring 2023 (B)	104
PRM 120: Leisure and Quality of Life	Fall 2022 (B)	105
TDM 205: Intro to Tourism	Fall 2022 (A)	157
CRD 403: Leadership and Professional Development	Fall 2021 (A)	58
CRD 403: Leadership and Professional Development	Fall 2021 (A)	45

LEADERSHIP**Officer, SCRD Graduate Club, Arizona State University***2024 to 2025***SERVICE****Journal Peer Reviewer, *Local Economy****2026***Journal Peer Reviewer, *Journal of Youth Development****2025***SPONSORED PROJECTS AND GRANTS****External – In Preparation**Title: *TBD*

IOC Olympic Studies Centre – PhD Students and Early Career Academics Research Grant Programme

Hindman, K., & Legg, E.

Anticipated submission: September 22, 2026

Amount: \$6,000

External – Submitted

Title: *Gender Equity in Youth Sport and Recreation in Malawi: Access, Support, and Positive Youth Development*

Fulbright U.S. Student Program – Study/Research Award

Hindman, K.

Submitted: September, 2026

Amount: \$17,410 – \$24,340

External – Unfunded

Title: *Intersecting Inequities: Exploring the Mental Health Experiences of Female Adaptive Athletes in Elite Sport*

IOC Olympic Studies Centre – PhD Students and Early Career Academics Research Grant Programme

Hindman, K., & Legg, E.

Submitted: September, 2025

Amount: \$6,000

LANGUAGES

English (Native) | Spanish (Conversational)

OTHER PROFESSIONAL EXPERIENCE**Participant, *Amigos de las Américas, Dominican Republic***

Two month cultural immersion and community development experience in Neyba, Dominican Republic, through Amigos de las Américas. Lived with a host family and collaborated with local leaders and community members, completing more than 250 hours of service, facilitating youth programming in Spanish, and co designing and implementing a sustainable youth development project. Developed cross-cultural communication, cultural humility, community engagement, and partnership building skills through sustained collaboration within a rural Dominican community.

Board Member (Fundraising Liaison), *Amigos de las Américas, Phoenix Chapter*

Phoenix chapter board leadership role supporting youth volunteer and community development programs across Latin America. Led fundraising initiatives, planned annual campaigns, engaged donors and community partners, and contributed to board level discussions concerning program growth, financial sustainability, and youth engagement. This experience strengthened my understanding of nonprofit leadership, resource development, and the organizational infrastructure needed to sustain international youth programming.

Cohort 2 Member, *Next Generation Service Corps (NGSC), Arizona State University*

Four year competitive leadership and service program that provided full funding for my undergraduate degree program at Arizona State University. Through interdisciplinary training and applied community projects, the program developed skills in cross sector collaboration, nonprofit and public service, systems thinking, ethical leadership, and community-based problem solving. The program also included completion of an Undergraduate Certificate in Cross Sector Leadership.

Event Support, *KCA – Association and Event Management, Chandler, AZ*

Event management experience supporting multiple association clients through scheduling, vendor coordination, event logistics, budget management, financial tracking, and on site event operations. The role involved collaborating with the Executive Director and supporting the planning and execution of professional association events.

Finance Intern, *Political Campaign, Gilbert, AZ*

Campaign finance experience focused on donor research, fundraising outreach, financial record keeping, expense tracking, and preparation of financial reports to support campaign operations.

Field Intern, *Political Campaign, Gilbert, AZ*

Campaign field experience focused on voter outreach, canvassing, volunteer coordination, event logistics, and campaign data management to support community engagement and campaign activities.