Rachel Kanter

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Education

2025–Present **M.A., Psychological Science**, California State University, San Bernardino
GPA: 4.0

2025 **B.A., Psychology**, California State University, San Bernardino
Summa Cum Laude, University and Psychology Honors, GPA: 4.0
Honors Thesis: *Moral injury, PTSD, and intimate partner aggression: The roles of guilt-proneness and shame-proneness*
Advisor: Christina M. Hassija, Ph.D.

2023 **A.A., History**, Crafton Hills College
Highest Distinction and College Honors, GPA: 4.0

Research Experience

02/25–Present **Intern, *Harvard University***
Institute for Quantitative Social Science, The Human Flourishing Program
Director: Tyler J. VanderWeele, Ph.D.
Supervisors: Richard G. Cowden, Ph.D. and Jennifer S. Wortham, Dr.PH.

01/26–Present **Research Assistant, *Massachusetts General Hospital***
Home Base: A Red Sox Foundation/Massachusetts General Hospital Program
Supervisor: Kaloyan S. Tanev, M.D.

10/25–Present **Research Assistant, *California State University, San Bernardino***
Department of Psychology, Goetz Evolutionary Psychology Lab
PI: Cari Goetz, Ph.D.

08/23–Present **Research Assistant, *California State University, San Bernardino***
Department of Psychology, Social Psychology of Justice and Action Research Lab,
PI: Brittany Bloodhart, Ph.D.

08/23–05/26 **Research Assistant, *California State University, San Bernardino***
Department of Psychology, Hassija Lab
PI: Christina M. Hassija, Ph.D.

06/25–11/25 **Research Assistant, *Boston University***
Department of Psychological and Brain Sciences, Litz Lab
PI: Brett T. Litz, Ph.D.

Grants

2025 **Student Research Grant**
California State University, San Bernardino ($1,000)

2024 **NIH/NIGMS 5 T34 GM 136467-5; Undergraduate Research Training Initiative for Student Enhancement (U-RISE)**
PI: Cynthia Crawford, Ph.D.; Role: Trainee
California State University, San Bernardino ($14,340)

2024 **Undergraduate Summer Research Program**
PI: Brittany Bloodhart, Ph.D.; Role: Research Assistant
California State University, San Bernardino ($3,000)

2024 **Student Research Grant**
California State University, San Bernardino ($1,000)

Peer–Reviewed Publications

10. Matta, S. E., Feldman, H., Braford, M., **Kanter, R. L.**, Lydston, M., Cyrus, J. W., Bui, M., Triplett, P., Sharpe, M., Jeste, D. V., & Oldham, M. (2026). Social determinants of health in medically hospitalized patients seen in consultation-liaison psychiatry: A scoping review. *Psychotherapy and Psychosomatics.* Advance online publication. https://doi.org/10.1159/000553244

9. **Kanter, R. L.,** & Hassija, C. M. (2026). "I betrayed myself": A mixed methods study of moral injury among survivors of intimate partner sexual violence. *Violence Against Women*. Advance online publication. https://doi.org/10.1177/10778012261461589
8. **Kanter, R. L.**, & Hassija, C. M. (2026). Moral injury, PTSD, and intimate partner aggression: The roles of guilt-proneness and shame-proneness. *Psychology of Violence, 16*(4), 434–446. https://doi.org/10.1037/vio0000641
7. Matta, S. E., Schieffler, D. A., Jr., Braford, M. B., **Kanter, R. L.**, Staysniak, G., Jester, D. J., & Jeste, D. V. (2026). Warriors' healing: Examining the interconnectivity of spirituality and combat posttraumatic stress disorder: A scoping review. *Military Medicine*, *191*(5–6), e964–e973. https://doi.org/10.1093/milmed/usaf487
6. **Kanter, R. L.,*** & Wortham, J. S.* (2026). Forgiveness and adverse childhood experiences: A scoping review. *Trauma, Violence, & Abuse*. Advance online publication. https://doi.org/10.1177/15248380251410088
**Indicates shared first authorship.*
5. **Kanter, R. L.,** Gomez, R. M., Hassija, C. M., & Wortham, J. S. (2026). Moral injury and religious coping as serial mediators between childhood sexual abuse and depressive symptoms among survivors in the USA. *Journal of Religion and Health, 65,* 1340–1359. https://doi.org/10.1007/s10943-025-02481-6
4. **Kanter, R. L.,** & Hassija, C. M. (2026). The role of moral injury in the relationship between intimate partner violence and psychological distress. *Journal of Interpersonal Violence, 41*(3–4), 561–581. https://doi.org/10.1177/08862605251315769
3. **Kanter, R. L.**, Shteynberg, R. V., & Hassija, C. M. (2026). Adverse childhood experiences, academic engagement, and psychological outcomes in a sample of diverse college students. *Journal of American College Health, 74*(6), 1633–1642. https://doi.org/10.1080/07448481.2025.2593299
2. Abou Chabake, S., Wadji, D. L., Pirro, T., **Kanter, R. L.,** Jenkins, D., Giannouli, V., Olff, M., Schnyder, U., Langevin, R., & Pfaltz, M. C. (2025). Students in global traumatic stress research: An opportunity for meaningful and equitable involvement. *European Journal of Psychotraumatology, 16*(1), 2592407. https://doi.org/10.1080/20008066.2025.2592407
1. **Kanter, R. L.**, Hoffman, K. R., & Hassija, C. M. (2025). Moral injury: Religious and spiritual struggles among survivors of intimate partner sexual violence in the USA. *Journal of Religion and Health, 64*(3), 2101–2117. https://doi.org/10.1007/s10943-025-02267-w

Manuscripts Submitted/Under Review

3. **Kanter, R. L.,** Uribe, C., & Wortham, J. S. (2026). *Moral problems and adverse childhood experiences: A scoping review [Manuscript under review].*
2. **Kanter, R. L.,** Kurniati, N. M. T., Cook, K. V., & Cowden, R. G. (2026). *Bidirectional associations between shame-related moral injury and religious/spiritual struggles: A three-wave longitudinal study of Indonesian Christians [Manuscript under review].*
1. Hassija, C. M., Tucker, C., & **Kanter, R. L.** (2026). *The implementation and effectiveness of cognitive processing therapy in a forensic setting [Manuscript under review].*

Invited Talks/Interviews

2. **Kanter, R. L.** (2025, June). *Overcoming abuse & betrayal: Healing after moral injury and domestic violence* [Invited interview]. Interview hosted by Gretchen Baskerville, author of The Life-Saving Divorce. https://www.youtube.com/watch?v=N3K21PASiQE
1. **Kanter, R. L.** (2025, May). *Moral injury in civilian intimate partner violence contexts* [Invited talk]. International Centre for Moral Injury, Durham University, UK. https://www.youtube.com/watch?v=E31TDBarL_U

Oral Presentations

14. **Kanter, R. L.**, Gomez, R. M., Hassija, C. M., & Wortham, J. S. (2026, May). *Moral injury and religious coping as serial mediators between childhood sexual abuse and depressive symptoms among survivors in the USA.* Presented at the annual meeting of the Western Psychological Association, Tacoma, WA.

13. **Kanter, R. L.,** & Hassija, C. M. (2026, May). *"I betrayed myself": A mixed methods study of moral injury among survivors of intimate partner sexual violence.* Presented at the annual meeting of the Western Psychological Association, Tacoma, WA.

12. **Kanter, R. L.,** & Hassija, C. M. (2026, April). *"I betrayed myself": A mixed methods study of moral injury among survivors of intimate partner sexual violence.* Presented at the California State University Student Research Competition, San José State University, San José, CA.
    **1st Place, Behavioral and Social Sciences (Graduate Division)*

11. **Kanter, R. L.,** & Hassija, C. M. (2026, April). *"I betrayed myself": A mixed methods study of moral injury among survivors of intimate partner sexual violence.* Presented at the annual Meeting of the Minds, San Bernardino, CA.
    **1st Place Oral Presentation, Session One*

10. **Kanter, R. L.,** & Hassija, C. M. (2026, February). *"I betrayed myself": A mixed methods study of moral injury among survivors of intimate partner sexual violence.* Presented at the California State University, San Bernardino Student Research Competition, San Bernardino, CA.
    **Winner, Behavioral and Social Sciences (Graduate Division)*

9. **Kanter, R. L.** (2025, May). *The moral cost of childhood sexual abuse: Examining predictors of moral distress following an experimentally manipulated potentially morally injurious experience.* Presented at the California State University Social Science Student Symposium, California State University Dominguez Hills, Carson, CA.
    **Best Undergraduate Paper*

8. **Kanter, R. L.,** & Hassija, C. M. (2025, April). *Moral injury and religious and spiritual struggles: Pathways to psychological distress among survivors of intimate partner sexual violence*. Presented at the California State University Student Research Competition, Cal Poly Humboldt, Arcata, CA.
    **2nd Place, Behavioral and Social Sciences (Undergraduate Division)*

7. **Kanter, R. L.,** & Hassija, C. M. (2025, April). *Moral injury as a mediator between high betrayal trauma and mental health symptoms*. Presented at the annual Meeting of the Minds, San Bernardino, CA.
    **1st Place Oral Presentation, Session Two*

6. **Kanter, R. L.,** & Hassija, C. M. (2025, February). *Moral injury and religious and spiritual struggles: Pathways to psychological distress among IPSV survivors.* Presented at the California State University, San Bernardino Student Research Competition, San Bernardino, CA.
    **Winner, Behavioral and Social Sciences (Undergraduate Division)*

5. De La Cruz, F., **Kanter, R. L.,** Montalvo, C., & Bloodhart, B. (2024, November). *Concerns about sexual harassment accusations among academic faculty.* Presented at the annual Southern California Conference for Undergraduate Research, San Bernardino, CA.

4. **Kanter, R. L.** (2023, March). *The missing martyr: A case study of medieval antisemitic conspiracy theories and the perils of the inquisition*. Presented at the bi-annual Crafton Hills College Honors Conference, Crafton Hills College, Yucaipa, CA.

3. **Kanter, R. L.** (2023, March). "*Holy Land": Examining the impact of an evangelical Christian doctrine on U.S.-Israeli relations*. Presented at the bi-annual Crafton Hills College Honors Conference, Crafton Hills College, Yucaipa, CA.

2. **Kanter, R. L.** (2022, November). "*Holy Land": Examining the impact of an evangelical Christian doctrine on U.S.-Israeli relations*. Presented at the annual Southern California Conference for Undergraduate Research, San Bernardino, CA.

1. **Kanter, R. L.** (2021, March). *The legacy of medical racism*. Presented at the bi-annual Crafton Hills College Honors Conference, Crafton Hills College, Yucaipa, CA.

Poster Presentations

12. **Kanter, R. L.,** & Bloodhart, B. (2026, April). *Do feminists care about men? Examining feminism and traditional male gender norms as predictors of empathy for men.* Presented at the annual Meeting of the Minds, San Bernardino, CA.
11. **Kanter, R. L.,** & Hassija, C. M. (2025, September). *Moral injury, PTSD, and intimate partner aggression: The roles of guilt-proneness and shame-proneness*. Presented at the annual meeting of the International Society for Traumatic Stress Studies, Baltimore, MD.
10. **Kanter, R. L.,** & Hassija, C. M. (2025, September). *Moral injury and religious and spiritual struggles: Pathways to psychological distress among survivors of intimate partner sexual violence*. Presented at the annual meeting of the International Society for Traumatic Stress Studies, Baltimore, MD.
9. **Kanter, R. L.,** & Hassija, C. M. (2025, April). *Moral injury as a mediator between high betrayal trauma and mental health symptoms*. Presented at the annual Meeting of the Minds, San Bernardino, CA.
8. **Kanter, R. L.,** & Hassija, C. M. (2024, September). *The role of moral injury in the relationship between intimate partner violence and psychological distress*. Presented at the annual meeting of the International Society for Traumatic Stress Studies, Boston, MA.
7. Hoffman, K. R., **Kanter, R. L.**, & Pfahler, D. J. (2024, February). *Divine dependence: Unraveling the influence of femininity and religiosity on codependence*. Presented at the annual meeting of the Western Psychological Association, San Francisco, CA.
6. **Kanter, R. L.**, Seamons, K., Fischer, E., Rasmussen, K., & Bloodhart, B. (2024, February). *White knight or mere bystander? Examining the complex role of benevolent sexism on bystander intervention in workplace sexual harassment.* Presented at the annual meeting of the Western Psychological Association, San Francisco, CA.
5. **Kanter, R. L.**, Seamons, K., Fischer, E., Rasmussen, K., & Bloodhart, B. (2024, February). *White knight or mere bystander? Examining the complex role of benevolent sexism on bystander intervention in workplace sexual harassment*. Presented at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.
4. **Kanter, R. L**., & Pfahler, D. J. (2023, August). *Breadwinners and babymakers: Examining the relationship between benevolent sexism, narcissism, & self-esteem*. Presented at the annual meeting of the American Psychological Association, Washington, D.C.
3. **Kanter, R. L**., & Pfahler, D. J. (2023, April). *Breadwinners and babymakers: Examining the relationship between benevolent sexism, narcissism, & self-esteem*. Presented at the annual meeting of the Western Psychological Association, Riverside, CA.
2. **Kanter, R. L.,** & Pfahler, D. J. (2023, March). *Breadwinners and babymakers: Examining the relationship between benevolent sexism, narcissism, & self-esteem*. Presented at the annual meeting of the Honors Transfer Council of California, Irvine, CA.
   **1st Place Poster, Social Sciences and Humanities*
1. **Kanter, R. L.,** & Pfahler, D. J. (2023, March). *Breadwinners and babymakers: Examining the relationship between benevolent sexism, narcissism, & self-esteem*. Presented at the bi-annual Crafton Hills College Honors Conference, Crafton Hills College, Yucaipa, CA.

Honors and Awards

2026	**1st Place, Behavioral and Social Sciences (Graduate Division)** California State University Student Research Competition
2026	**1st Place Oral Presentation, Session One** Meeting of the Minds, California State University, San Bernardino
2026	**Winner, Behavioral and Social Sciences (Graduate Division)** California State University, San Bernardino Student Research Competition
2025	**Summa Cum Laude, University and Psychology Honors** California State University, San Bernardino
2025	**Outstanding Undergraduate Student Researcher** Office of Student Research, California State University, San Bernardino

2025	**Best Undergraduate Paper** California State University Social Science Student Symposium
2025	**2nd Place, Behavioral and Social Sciences (Undergraduate Division)** California State University Student Research Competition
2025	**Outstanding Honors Thesis** University Honors Program, California State University, San Bernardino
2025	**Outstanding Student Scholar** University Honors Program, California State University, San Bernardino
2025	**1st Place Oral Presentation, Session Two** Meeting of the Minds, California State University, San Bernardino
2025	**Winner, Behavioral and Social Sciences (Undergraduate Division)** California State University, San Bernardino Student Research Competition
2024	**Outstanding Student Leader** University Honors Program, California State University, San Bernardino
2023	**Highest Distinction and College Honors** Crafton Hills College
2023	**Raymond Pryke Memorial Honors Scholarship** Crafton Hills College
2023	**Research Club Scholarship** Crafton Hills College
2023	**Psi Beta Scholarship** Crafton Hills College
2023	**Research Fellowship Award** Crafton Hills College Honors Institute
2023	**1st Place Team and Best Speaker** Annual Debate Competition, San Bernardino Valley College
2023	**1st Place Poster** Honors Transfer Council of California

Teaching and Leadership Experience

2024–2025	**Coyote Research Co-Chair & Ambassador** Office of Student Research, California State University, San Bernardino
2024–2025	**Tutor, Statistics and Research Methods** College of Social & Behavioral Sciences, California State University, San Bernardino
2023–2025	**President, University Honors Program Club** University Honors Program, California State University, San Bernardino
2024	**Supplemental Instruction Leader, Research Methods in Psychology** College of Social & Behavioral Sciences, California State University, San Bernardino
2023	**President, Psi Beta, Crafton Hills College Chapter** Crafton Hills College

Ad Hoc Reviewing

Criminal Behaviour and Mental Health
Journal of Interpersonal Violence
SSM – Mental Health
The International Journal of Psychiatry in Medicine
Violence Against Women

Professional Associations

2026–Present	**International Society for Moral Psychology**
2025–Present	**Human Evolution and Behavior Society**
2024–Present	**Society for the Psychology of Religion and Spirituality**
2023–Present	**Society for Personality and Social Psychology**

Technical Skills

Quantitative Methods/Data Analysis: *G*Power, Prolific, Qualtrics, R, SPSS*
Qualitative Methods/Data Analysis: *MAXQDA, Reflexive Thematic Analysis*
Reviews: *Covidence, Rayyan*
Open Science: *OSF*