Christopher K. Belous, PhD

CURRICULUM VITA

Professor of Couple & Family Therapy
PURDUE UNIVERSITY *Northwest*

Mailing Address
2200 169th St., IBCC
Hammond, IN 46323

(219) 989-2938
ckb@pnw.edu

Education

PhD 2012 Michigan State University, East Lansing, MI
Human Development and Family Studies, Couple and Family Therapy
Adviser: Richard S. Wampler, PhD
Dissertation: *Development of a Scale to Assess Same-Gender Relationships*
*Published in *Journal of Marital and Family Therapy*, 42(3)

MA 2009 Michigan State University, East Lansing, MI
Marriage and Family Therapy
Adviser: Tina M. Timm, PhD
Oral Defense: *Effective Treatment of Same Gender Couples*
*Published in *American Journal of Family Therapy*, 43(3)

BA 2007 Central Michigan University, Mt. Pleasant, MI
Family Studies Major, Psychology Minor

Active Licenses & Certification

CST-S	2026-Pres	Certified Sex Therapist Supervisor; AASECT (#1298741)
CSE-S	2025-Pres	Certified Sex Educator Supervisor; AASECT (#1298741)
LMFT	2020-Pres	Licensed Marriage & Family Therapist, Illinois (#166.001427)
LMFT	2018-Pres	Licensed Marriage and Family Therapist, Indiana (#35002025A)
CST	2019-Pres	Certified Sex Therapist; AASECT (#1298741)
CSE	2017-Pres	Certified Sex Educator; AASECT (#1298741)
AS	2013-Pres	Approved Supervisor; AAMFT (#122477)
CFLE	2009-Pres	Certified Family Life Educator; NCFR (#20091051)

Academic Position(s) and Appointments

Purdue University Northwest, Hammond, IN

MS in Couple & Family Therapy, Department of Behavioral Sciences
COAMFTE ACCREDITED

Current Role/Position(s)
2025 – Present Professor (Tenured)
2025 – Present Institute for Social Policy and Research, Faculty Research Associate
2022 – Present Director of Couple & Family Therapy Graduate Programs and Services

DESCRIPTION: The Director of CFT Grad Programs and Services is a combined administrative position, subsuming and incorporating the roles of Program Director and Clinical Director. The position is the administrative head for all aspects of academic and clinical training for the COAMFTE Accredited Program in Systemic Therapy, including fiscal and logistic management, accreditation, program governance and improvement, supervisory responsibilities for staff, oversight of environment and physical space, responsibility for curriculum and clinical training experiences, and other administrative tasks such as admissions and recruitment, etc. A detailed list of all responsibilities can be provided.

Previous Role/Position(s)

2018 – 2025	Associate Professor (Tenured)
2022, Spring	Interim Program Director
2018 – 2022	Clinical Director

Division of Academic Affairs

2026, Fall — Faculty Fellow, Office of Graduate Studies

DESCRIPTION: Collaborate with Graduate Studies leadership on initiatives related to graduate admissions, curriculum processes, thesis coordination, graduate student support, and academic program administration. Provide support for graduate program operations through work involving degree audits, plans of study review, graduate curriculum coordination, compliance with university and Office of Graduate Students and Postdoctoral Scholars policies, and training/support for graduate faculty and staff. Participated in cross-campus collaboration with university stakeholders, graduate councils, and related committees while contributing to graduate research award processes, operational planning, and graduate education leadership initiatives.

MSEd in Counselor Education, School of Counseling & Education
CACREP ACCREDITED

2024 – 2025 — Interim Program Coordinator, Counselor Education Programs

DESCRIPTION: The Program Coordinator oversees and administers graduate programs in Community Mental Health Counseling (CACREP), School Counseling (CACREP), Addictions Counseling Graduate Certificate, Expressive Arts Counseling Graduate Certificate, and Medically Assisted Recovery Graduate Certificate (ICADA). In this role, I administratively organized and established standard operating procedures and policies associated with the academic and clinical training aspects of the program.

College of Humanities, Education & Social Sciences – Administrative Appointments

2024, Spring — Professional Programs Lead
DESCRIPTION: This position is a parallel position to that of an Associate Dean. The position is described as a lead coordinator with limited administrative responsibilities over all accredited, credentialed, externally approved or qualifying professional programs. In this role, I helped to facilitate the expansion, collaboration, accreditation and data collection/reporting initiatives, and enhancement of undergraduate Education programs and degrees (NCATE and CAEP), and the graduate programs in Community Mental Health Counseling (CACREP), Clinical Psychology (APA), Social Work (CSWE), and Couple & Family Therapy (COAMFTE).

2023 – 2024 — Faculty Leadership Fellow
DESCRIPTION: A leadership fellow participates in administrative professional development and training programs to enhance a person's abilities and skill sets in those contexts. Each fellow is expected to participate in CHESS Leadership meetings, engage in cultural enhancement efforts in the college, and design and develop a leadership project that will enhance the overall college space for faculty, staff, or students in a particular area. Mentorship is included with resources available to help with achieving goals based on outcomes and data to support initiatives.

Mercer University School of Medicine, Atlanta, GA

Master of Family Therapy Program, Department of Psychiatry and Behavioral Sciences
COAMFTE ACCREDITED

2013 – 2018 Assistant Professor (Tenure Track)
2013 – 2017 Clinic Director

University of Akron, Akron, OH

Marriage and Family Therapy/Counseling Programs, Department of Counseling
CACREP ACCREDITED & COAMFTE DUAL ACCREDITATION

2012 – 2013 Post-Doctoral Visiting Assistant Professor

Michigan State University, East Lansing, MI

Couple & Family Therapy Program, Department of Human Development & Family Studies
COAMFTE ACCREDITED

2009 – 2012 Clinic Coordinator, Couple and Family Therapy Clinic
2007 – 2012 Graduate Assistant (Research & Teaching)

Scholarly Experience

Research Interests: Sexuality, Sexual Orientation and Gender Expansiveness, Financial Logistics and Treatise, Assessment and Outcome, Training and Supervision

Academic Repository Networks and Profiles:
Google Scholar | ORCID | ResearchGate | Publons

Scholar Metrics (Last Update: May 26, 2026, reported by Google Scholar)

h-index	i-10 index	Total Citations
11	11	409

Peer Reviewed Publications

*Student Co-Author at time of publication. Unless otherwise noted, journal metrics are for the year published.

Articles in Process

*McLeod, O, **Belous, C. K.,** Griggs, M. T., & Izienicki, H. (Revising/Preparing to Submit). Intimate partnership and the gender spectrum: An analysis of gender exploration within queer relationships.

Articles Under Review

Salisbury, K. X., **Belous, C. K.,** Latty, C. R., & Griggs, M. T. (under review, 04/2026). An exploration of layered support in sexually diverse undergraduate students. Submitted for consideration in *Journal of College Student Development.*

*Soe, G., **Belous, C. K.,** & Griggs, M. T. (under review, 04/2026). From Stigma to Support: How Therapists Navigate Intersectionality of Identities and Power Dynamics. Submitted for consideration in *the Family Journal*.

*An, J. H., **Belous, C. K.,** Bhandari, S., & Eckhardt, C. I. (under review, 06/2025). How Cognitive Behavioral Therapy is applied effectively for Korean American individuals and Couples Experiencing Situational Couple Violence. Submitted for consideration in *Journal of Couple & Relationship Therapy.*

Published Articles

14. *Babirye, B., **Belous, C. K.,** Griggs, M. T., & Gillotti, C. M. (in press). A Qualitative Examination of Culture and Sexuality for East African Women Living in the United States. *Journal of Black Sexuality and Relationships, 12*(4).
IF: NR *5 Year IF*: NR *CiteScore*: NR *SNIP Score*: NR

13. Belous, C. K., & *Schulz, E. E. (2024). The sex positivity scale: A new way to measure sex positivity as a trait. *Sexual & Relationship Therapy*, *39*(4), 944-962. https://doi.org/10.1080/14681994.2022.2140136
IF: 1.1 *5 Year IF*: 1.4 *CiteScore*: 3.0 *SNIP Score*: .657

12. Belous, C. K., *Langbartels, L., & *Weldon, A. (2021). Teaching sex therapy as a method of transformative learning: A mixed methods analysis of efficacy. *Sexual & Relationship Therapy*, *36*(4), 480-494. https://doi.org/10.1080/14681994.2019.1676408
IF: 1.1 *5 Year IF*: 1.4 *CiteScore*: 3.0 *SNIP Score*: .657

11. Belous, C. K., Wampler, R. S., & Ledford, B. L. (2021). Testing the Gay and Lesbian Relationship Satisfaction Scale with item response modeling. *Journal of Couple*

& Relationship Therapy, 20(1), 1-14. https://doi.org/10.1080/15332691.2020.1746460

IF: 1.0 *5 Year IF*: 1.3 *CiteScore*: 1.9 *SNIP Score*: .715

10. Lampis, J., De Simone, S., & **Belous, C. K.** (2021). Relationship Satisfaction, Social Support, and Psychological Well-Being in a Sample of Italian Lesbian and Gay Individuals. *Journal of GLBT Family Studies, 17*(1), 49-62. https://doi.org/10.1080/1550428X.2020.1724844

IF: 3.4 *5 Year IF*: 3.4 *CiteScore*: 4.5 *SNIP Score*: 1.697

⇩ Prior to Purdue University Northwest Appointment (9) ⇩

9. Twist, M. L. C., Maier, C. A., **Belous, C. K.,** & Bergdall, M. K. (2017). Considering technology-based ecological elements in Lesbian, Gay, and Bisexual partnered relationships. *Sexual & Relationship Therapy, 32*(3-4), 291-308. https://doi.org/10.1080/14681994.2017.1397945
8. Twist, M. L. C., Bergdall, M. K., **Belous, C. K., ***Maier, C. A. (2017). Electronic visibility management of Lesbian, Gay, and Bisexual identities and relationships in young adulthood. *Journal of Couple and Relationship Therapy, 16*(4), 271-285. https://doi.org/10.1080/15332691.2016.1238798
7. **Belous, C. K.,** & *Bauman, M. L. (2017). What's in a name? Exploring pansexuality online. *Journal of Bisexuality,* 17(1), 58-72. https://doi.org/10.1080/15299716.2016.1224212

→ Republished as Chapter 4 within:

Flanders, C. E. (Ed). (2019). *Under the bisexual umbrella: Diversity of identity and experience*. Florence, KY: Routledge.

6. *Bauman, M. L., & **Belous, C. K.** (2016). Using symbolic-experiential family therapy to treat adjustment disorder: A case study. *American Journal of Family Therapy, 44*(5), 285-300. https://doi.org/10.1080/01926187.2016.1231599
5. **Belous, C. K.**, & Wampler, R. S. (2016). Development of the gay and lesbian relationship satisfaction scale (GLRSS). *Journal of Marital and Family Therapy, 42*(3), 451-465. https://doi.org/10.1111/jmft.12158
4. **Belous, C. K.** (2015). Couple therapy with lesbian partners using an affirmative-contextual approach. *American Journal of Family Therapy*, *43*(3), 269-281. https://doi.org/10.1080/01926187.2015.1012234
3. **Belous, C. K.**, Wampler, R. S., & *Warmels-Herring, T. (2015). Gay male adaptation in the coming out process. *Journal of Gay & Lesbian Mental Health, 19*(1), 55-71. https://doi.org/10.1080/19359705.2014.921265
2. **Belous, C. K.**, Topor, J. A., & *Gorton, S. G. (2013). Internship as mentorship: A brief report of undergraduate mentoring from a COAMFTE-accredited couple and family therapy program. *Family Science Review, 18*(2), 77-88.
1. **Belous, C. K.,** Timm, T. M., Chee, G., & Whitehead, M. (2012). Revisiting the sexual genogram. *American Journal of Family Therapy, 40*(4), 281-296. https://doi.org/10.1080/01926187.2011.627317

Professional Accreditation Reports and Self-Studies (2)

2023-2024 Primary, Solo Author & Preparer
Purdue University Northwest, MS in Couple & Family Therapy

Commission on Accreditation for Marriage & Family Therapy Education (COAMFTE), Standards Version 12.5

- Initial review of Self-Study document resulted in only one comment for additional material needed
- April 2024 Site Visit – initial feedback was positive

2015 Lead for Data Analytics and Reporting
Mercer University, Atlanta Campus, Master of Family Therapy
Commission on Accreditation for Marriage & Family Therapy Education (COAMFTE), Standards Version 12.0

- Primary data analysis and reporting lead for metrics and evaluations

National Guidelines/White Papers (1)

Hartwell, E. E., **Belous, C. K.,** Benson, K., Cox, L., Iantaffi, A., McGeorge, C. R., Shipman, D., & Twist, M. L. C. (2021). Clinical guidelines for LGBTQIA-affirming marriage and family therapy. *American Association for Marriage & Family Therapy*. Alexandria, VA.

Editorials

5. Belous, C. K. (2023). Advances in theory and new information on the effect of trauma. Clinical Reviews Editorial. *Sexual and Relationship Therapy, 38*(3). https://doi.org/10.1080/14681994.2023.2233326

4. Belous, C. K. (2023). Factors of Sexual Satisfaction and Desire through Behaviors and Intervention. Clinical Reviews Editorial. *Sexual and Relationship Therapy, 38*(2). https://doi.org/10.1080/14681994.2023.2207995

3. Belous, C. K. (2022). Sex satisfaction – Science? Or fathomed? Clinical Reviews Editorial. *Sexual and Relationship Therapy, 37*(2), 153-156. https://doi.org/10.1080/14681994.2022.2074212

2. Belous, C. K. (2022). Highlighting sexual potential with sexual locations. Clinical Reviews Editorial. *Sexual and Relationship Therapy, 37*(1), 7-10. https://doi.org/10.1080/14681994.2022.2034214

1. Belous, C. K. (2021). Discovering connections. Clinical Reviews Editorial. *Sexual and Relationship Therapy, 36*(4), 313-317. https://doi.org/10.1080/14681994.2021.1996856

Book Contributions

9. Addison, S., & **Belous, C. K.** (2025). Queer-Contextualized Gottman Method Couple Therapy. In E. Hartwell & L. Edwards (Eds.) *Queer-Contextualizing Family Therapy: Radically Inclusive Theory and Practice*. Routledge.

⇓ Prior to Purdue University Northwest Appointment (8) ⇓

8. Smith, C. P., & **Belous, C. K.** (2018). Countering systemic retraumatization for sex-trafficking survivors. In A. Froerer, J. von Cziffra-Bergs, J. Kim, & E. Connie

(Eds.), *Solution Focused Brief Therapy with Clients Managing Trauma.* Oxford University Press.

7. **Belous, C. K.** (2018). Richard Wampler. In J. Lebow, A. Chambers, & D. Breunlin (Eds.), *Encyclopedia of Couple and Family Therapy.* New York, NY: Springer.
6. **Belous, C. K.**, & Smith, C. P. (2017). Multiple/invented reality in family systems theory (pp. 1-2). In J. Lebow, A. Chambers, & D. Breunlin (Eds.), *Encyclopedia of Couple and Family Therapy.* New York, NY: Springer. https://doi.org/10.1007/978-3-319-15877-8_338-1
5. **Belous, C. K.** (2016). Sexual orientation, attraction, and identity. In J. Carlson & S. Dermer (Eds.), *SAGE Encyclopedia of Marriage, Family, and Couples Counseling* (pp. 1541-1543). Thousand Oaks, CA: SAGE. https://doi.org/10.4135/9781483369532.n463
4. **Belous, C. K.** (2016). Clinician-directed, solution focused supervision. In J. Carlson & S. Dermer (Eds.), *SAGE Encyclopedia of Marriage, Family, and Couples Counseling* (pp. 271-274). Thousand Oaks, CA: SAGE. https://doi.org/10.4135/9781483369532.n84
3. **Belous, C. K.** (2016). Therapeutic assessment. In J. Carlson & S. Dermer (Eds.), *SAGE Encyclopedia of Marriage, Family, and Couples Counseling* (pp. 1694-1696). Thousand Oaks, CA: SAGE. https://doi.org/10.4135/9781483369532.n507
2. **Belous, C.** (2010). World creation intervention. In L. Lowenstein (Ed.), *Creative family therapy techniques: Play, art, and expressive activities to engage children in family sessions (pp. 281-283).* Toronto, Canada: Champion Press.
1. **Belous, C.** (2009). Primer on family theories and research methods: An introduction. In M. Corey (Ed.), *The family: A global and ecological perspective, Special edition for Michigan State University (pp. 28-40).* Upper Saddle River, NJ: Pearson Publishing.

Handbooks and Manuals (6 Original + Multiple Updates)

Belous, C. K. (Ed.). (2022, 2023, 2024, 2025) *PNW Couple & Family Therapy Graduate Program Student Handbook* Hammond, IN: Purdue University Northwest. Self-Published.

Belous, C. K. (Ed.). (2021, 2022, 2023) *PNW Couple & Family Therapy Center Policy & Procedure Manual*. Hammond, IN: Purdue University Northwest. Self-Published.

2021 *Substantial update, due to COVID-19 & reformatting/policy changes*

Belous, C. K. (Ed.). (2019, 2020). *Clinical intern handbook: Guidance, policies, and procedures for the Couple & Family Therapy Center*. Hammond, IN: Purdue University Northwest Couple & Family Therapy Center. Self-Published.

Updated & expanded from previous version, added in several sections and re-wrote for clarification approximately 50% of the handbook

⇩ Prior to Purdue University Northwest Appointment (4) ⇩

Belous, C. K. (2017). *Clinical intern handbook*. Atlanta, GA: Mercer University School of Medicine. Self-Published.

[First Edition, never existed prior to this publication]

Belous, C. K. (2011). *Coordinator's Manual*. East Lansing, MI: MSU Couple and Family Therapy Clinic. Self-Published.
[First Edition, never existed prior to this publication]

Belous, C. K. (2011). *Undergraduate Intern Manual*. East Lansing, MI: MSU Couple and Family Therapy Clinic. Self-Published.
[First Edition, never existed prior to this publication]

Belous, C. K., & Wampler, R. S. (2010 & 2011). *Therapist Manual* (2nd Edition; First Edition: 2010). East Lansing, MI: MSU Couple and Family Therapy Clinic. Self-Published.
[First Edition, never existed prior to this publication]

Conference/Training Presentations: National/International
*Student Co-Presenter

45. **Belous, C. K.**, Griggs, M. T., & Boe, J. L. (under review). *Revisiting theory in sex therapy: Where we are and what comes next*. Workshop. Society for the Scientific Study of Sexuality Annual Conference. Virtual/Online.
44. **Belous, C. K.** & Salisbury, K. (under review). *Sexual scripts in the age of algorithms*. Workshop. Society for the Scientific Study of Sexuality Annual Conference. Virtual/Online.

43. **Belous, C. K.** (2026). *Digital dialogues: Connections beyond the island*. Networking workshop. American Association of Sex Educators, Counselors, and Therapists. Annual Conference. San Juan, PR.
42. **Belous, C. K.**, & Griggs, M. T. (2026). *Neuroscience and sex: The best of bedfellows*. Workshop. American Association of Sex Educators, Counselors, and Therapists Annual Conference. San Juan, PR.
41. Marasco, V. & **Belous, C. K.** (2025). *Queer from the get-go: Intake to termination with same-gender male couples.* Society for Sexual, Affectional, Intersex, and Gender Expansive Identities. Rainbow Certification program, online.
40. Belous, C. K. (October, 2024). *The art of academic negotiation*. North Central Association of Counselor Educators and Supervisors Bi Annual Conference, Chicago, IL.
39. *Benge, J, & **Belous, C. K.** (November, 2023). *Exploration of a spectrum to describe sexual distress*. Presentation. Society for the Scientific Study of Sexuality Annual Conference, New Orleans LA.
38. *Benge, J, & **Belous, C. K.** (June, 2023). *Effective sex education for future systemic therapists*. Poster Presentation. American Association of Sex Educators, Counselors, and Therapists Annual Conference, San Francisco CA.
37. *Dal Santo, M., & **Belous, C. K.** (June, 2023). *Queer Theory??? << emoji with two hands up and confused look >>*. Poster Presentation. American Association of Sex Educators, Counselors, and Therapists Annual Conference, San Francisco CA.
36. *McLeod, O. & **Belous, C. K.** (June, 2023). *Intimate partnership and the gender spectrum: A review of gender exploration within queer couples*. Poster

Presentation. American Association of Sex Educators, Counselors, and Therapists Annual Conference, San Francisco CA.

35. Belous, C. K. (October, 2022). *Affirming sex therapy & permission based sex therapy approaches.* Workshop. University of Guelph Intensive Sex Therapy Institute. Virtual presentation.

34. *Setzekorn, M. & **Belous, C. K.** (June 2022). *Eliminating barriers to transgender and non-binary affirmative therapy*. Workshop. Queer & Trans Advocacy Network of AAMFT. Virtual Conference.

33. Belous, C. K. & *Schulz, E. E. (June 2022). *Uniquely Overlapping: How distinct specialties of sexology intersect and stand alone*. Poster Presentation. American Association of Sex Educators, Counselors, and Therapists Annual Conference. Virtual Conference.

32. *Schulz, E. E., & **Belous, C. K.** (June, 2021). *Queer Islands: How to take care of yourself and exist when it feels like you're alone*. Workshop. Queer & Trans Advocacy Network of AAMFT. Virtual Conference.

31. Belous, C. K., & Schulz, E. E. (April, 2021). *Sex positivity, political affiliation, ideology, & religion: New information on the dystopian connection.* Poster Presentation. Society for Sex Therapy & Research Annual Conference. Virtual Conference.

30. Belous, C. K., Stein, S., & Garcia, E. (June, 2019). *Can we talk about that? The unsuspecting role of permission in effective sex therapy.* Workshop. American Association of Sex Educators, Counselors, and Therapists Annual Conference. Philadelphia, PA.

29. *Stein, S., & **Belous, C. K.** (June, 2019). *Sexuality on standbi: Experiences of bi-erasure in different-gendered relationships.* Workshop. American Association of Sex Educators, Counselors, and Therapists Annual Conference. Philadelphia, PA.

28. Belous, C. K., & *Begley, L. (June, 2019). *The representation of trans* bodies in research*. Poster presentation. American Association of Sex Educators, Counselors, and Therapists Annual Conference. Philadelphia, PA.

27. Belous, C. K., & Heuwagen, S. E. (September, 2018). *Best practices in sex therapy*. Workshop. Sex Down South Annual Conference, Atlanta, GA.

26. Belous, C. K., & Heuwagen, S. E. (September, 2018). *Current advances in sex education for adults*. Workshop. Sex Down South Annual Conference, Atlanta, GA.

⇓ Prior to Purdue University Northwest Appointment (25) ⇓

25. Belous, C. K. (February, 2018). *Working with LGBTQ+ populations*. Invited Workshop. Action Council for Cross Cultural Mental Health and Human Services Annual Conference, Myrtle Beach, SC

24. Belous, C. K. (November, 2017). *Talking about sex: Micro-activism in non sex positive spaces*. Sex Down South Mini Bang: SEXxATL Ted Talks, Atlanta, GA.

23. Heuwagen, S. E., & **Belous, C. K.** (October 2017). *Effectively working with sexual assault void of bias*. Workshop. American Association for Marriage and Family Therapy 2017 Annual Conference, Atlanta, GA.

22. Froerer, A. S., Smith, C. P., & **Belous, C. K.** (October, 2017). *Postmodern ethics in an era of black and white*. Workshop. American Association for Marriage and Family Therapy 2017 Annual Conference, Atlanta, GA.

21. Belous, C. K., Smith, C. P., Froerer, A. S., & Moore, D. D. (November 2016). *Revisioning our work with families: Considering social justice in the human experience.* Roundtable. National Council on Family Relations Annual Conference, Minneapolis, MN.

20. Belous, C. K., & *Bauman, M. L. (November 2016). *What's in a name? Exploring pansexuality in popular culture.* Poster Presentation. National Council on Family Relations Annual Conference, Minneapolis, MN.

19. *Bauman, M. L., & **Belous, C. K.** (November, 2016). *The treatment of adjustment disorder: A symbolic-experiential case study.* Paper Presentation. National Council on Family Relations Annual Conference, Minneapolis, MN.

18. Belous, C. K., *Lopez-Tavira, A., & *Tidwell, D. M. (October, 2016). *Exploring the landscape of your sexuality through art.* Workshop. Sex Down South Annual Conference, Atlanta, GA.

17. Twist, M. L. C., **Belous, C. K.,** *Maier, C., & *Bergdall, M. (November 2015). *Technology-based ecological elements in Lesbian, Gay, and Bisexual partnered relationships*. Poster Presentation. Society for the Scientific Study of Sexuality Annual Conference, Albuquerque, NM.

16. Belous, C. K. & *Heuwagen, S. E. (November 2015). *Blogs and bytes: Digital technology as a method of advocacy.* Poster Presentation. Society for the Scientific Study of Sexuality Annual Conference, Albuquerque, NM.

15. Belous, C. K., *Stutts, N., & *Attridge, P. R. (November 2015). *Characteristics of same-gender relationships in Longer-term dyads: A phenomenological study.* Workshop. Society for the Scientific Study of Sexuality 2015 Annual Conference, Albuquerque, NM.

14. Belous, C. K. (November 2015). *Teaching sex therapy as a method of transformative learning.* Paper Presentation. Society for the Scientific Study of Sexuality Annual Conference, Albuquerque, NM.

13. Belous, C. K. (October 2015). *Where's the Love? Positively having sex with yourself.* TED-Style Talk. Sex Down South Annual Conference, Atlanta, GA.

12. *Heuwagen, S. E., & **Belous, C. K.** (October 2015). *Sex positivity through blogging and social media*. Workshop. Sex Down South Annual Conference, Atlanta, GA.

11. Belous, C. K., & Moore, D. D. (September 2015). *Clinician directed, solution-focused supervision*. Workshop. American Association for Marriage and Family Therapists, Annual Conference – Austin, TX.

10. Belous, C. K., & Seedall, R. (September 2015). *Experiences in doctoral research training.* Poster Presentation. American Association for Marriage and Family Therapists, Annual Conference – Austin, TX.

9. Belous, C. K., & Wampler, R.S. (November, 2013). *Initial development of the Scale for Assessing Same-gender couple satisfaction*. Paper presentation. National Council on Family Relations Annual Conference, San Antonio, TX.

8. Wampler, R.S. & **Belous, C. K.** (November, 2013). *An Item Response Theory analysis of the Scale for Assessing Same-gender Couples*. Paper presentation. National Council on Family Relations Annual Conference, San Antonio, TX.

7. Belous, C. K., *Moore, A. M., *East, M. K., & *Headley, J. (October, 2013). *LGBTIQQ affirmative counseling: Promoting advocacy and social justice.*

Workshop. Association for Counselor Education and Supervision Annual Conference, Denver, CO.

6. Belous, C. K., Wampler, R. S. (October, 2013). *Development and validation of the supervision evaluation assessment.* Workshop. Association for Counselor Education and Supervision Annual Conference, Denver, CO.

5. Wampler, R.S., Shimabukuro-Naigi, S., & **Belous, C. K.** (November, 2012) *Mediators of perceived maternal criticism in Okinawan children.* Poster presentation. National Council on Family Relations Annual Conference, Phoenix, AZ.

4. Belous, C. K., Whitehead, M., Chee, G., & Timm, T. (November, 2011). *Revisiting the sexual genogram.* Poster presentation. National Council on Family Relations Annual Conference, Orlando, FL.

3. Topor, J. A., & **Belous, C. K.** (November, 2011). *Evaluating client outcome correlated with therapist prognosis at conclusion of treatment*. Poster presentation. National Council on Family Relations Annual Conference, Orlando, FL.

2. Belous, C. K. (November, 2010). *Effective treatment of same gender couples using a contextual approach*. Poster presentation. National Council on Family Relations Annual Conference, Minneapolis, MN.
→Winner of the 2010 Family Therapy Section Poster Award.

1. Belous, C. K. (November, 2010). *The interactive sex history questionnaire*. Poster presentation. National Council on Family Relations Annual Conference, Minneapolis, MN.

Conference Presentations: State/Local

*Student Co-Author at time of Presentation

20. Belous, C. K. (October, 2022). *Sexology and the ever changing landscape of the profession*. Lunch & Learn workshop (invited) presented to Indiana Association for Marriage & Family Therapy. Presented virtually.

19. Belous, C. K. (October, 2022). *The intersection of LGBT Identities & Mental Health*. Invited speaker as keynote training for the Diversity, Equity, and Inclusion committee of Baker College, MI. Hosted virtually, physical location is Flint, MI.

18. Belous, C. K. & *Weldon, A. (April, 2019). *Feminist pedagogy – modified critical discourse or advocacy gone awry?* Presentation at the Annual Midwest Scholarship of Teaching and Learning Conference. South Bend, IN.

↓ Prior to Purdue University Northwest Appointment (17) ↓

17. Belous, C. K. (November, 2017). *Working with trans* and non-gender binary populations*. Invited Presentation/Plenary. Georgia Association for Marriage and Family Therapy. (CEU Workshop: 2 CEU's Provided). Macon, GA.

16. Belous, C. K. (October, 2017). Self care. Invited Presentation. *Georgia Prosecuting Attorney's Council In-service Case Manager Staff Training.* Morrow, GA.

15. Belous, C. K., Froerer, A. S., & Smith, C. P. [Equal Co-Authorship] (April, 2017). *Treating ourselves better: Resilience, awareness, and inner strength.* Invited Presentation/Plenary. Georgia Prosecuting Attorney's Annual Conference, Pine Mountain, GA.

14. Belous, C. K. (February, 2017). *Clinical sexology*. Invited Presentation/Plenary. North Metro Chapter of the Georgia Association for Marriage and Family Therapy. (CEU Workshop, 3 CEU's Provided). Alpharetta, GA.

13. Belous, C. K. (February, 2017). *Becoming a sex therapist*. Invited Presentation/Plenary. Kennesaw State University Women, Gender, and Sexualities Program*,* Kennesaw, GA.

12. Belous, C. K., Froerer, A. S., & Smith, C. P. [Equal Co-Authorship] (September, 2016). *Vicarious trauma, compassion fatigue, and burnout.* Invited Presentation/Plenary. Georgia Commission on Family Violence – Annual Family Violence Conference, Jekyll Island, GA.

11. Belous, C. K., Froerer, A. S., & Smith, C. P. [Equal Co-Authorship] (April, 2016). *Advocate self-care*. Invited Presentation/Plenary. Prosecuting Attorney's Council of Georgia - Victim Witness Assistance Personnel Annual Conference, Young Harris, GA.

10. Belous, C. K. (January, 2016). *Sex Therapy 101*. Invited Presentation/Plenary. Metro-Atlanta Chapter of the Georgia Association for Marriage and Family Therapy. (CEU Workshop, 2 CEU's Provided). Atlanta, GA.

9. Belous, C. K., Gallant J. P., & Smith, C. P. [Equal Co-Authorship] (March, 2015). *Vicarious trauma and burnout.* Invited Presentation/Plenary. Cherokee Family Violence Center (In-service Training), Cherokee County, GA.

8. Belous, C. K., Froerer, A. S., Moore, D. D., & Smith, C. P. [Equal Co-Authorship] (March, 2016). *Re-visioning our work with families: Considering social justice in clinical/therapeutic treatment*. Grand Rounds - Dept. of Psychiatry and Behavioral Sciences, Mercer University School of Medicine, Macon, GA.

7. *Sullivan, K., *Wootton, K., *Luyster, S., & **Belous, C. K**. (April, 2013). *Review of LGBT rape crisis intervention programs*. Poster presentation. Graduate Council for Research on Women Annual Conference, Akron, OH.

6. Belous, C. K., Whitehead, M., Chee, G., & Timm, T. (April 2011). *Revisiting the sexual genogram*. Michigan Association for Marriage and Family Therapy State Conference, East Lansing, MI.

5. *Nichols, E., *Warmels-Herring, T., *Johnson, E., *Randall, L., & **Belous, C. K.** (April 2011). *Defining relationships between client characteristics in a university-based couple and family therapy clinic.* Michigan Association for Marriage and Family Therapy State Conference, East Lansing, MI.

4. Belous, C. (April 2010). *A collaborative approach to sex history taking: The interactive sex history questionnaire.* Michigan Association for Marriage and Family Therapy State Conference, East Lansing, MI.

3. Belous, C. (April 2010). *Using contextual therapy as a model for therapy with lesbian couples.* Michigan Association for Marriage and Family Therapy State Conference, East Lansing, MI.

2. Ramisch, J. L., **Belous, C.,** & Topor, J. (March 2010). *The Ramisch parent assessment: The development of an assessment for parents that have children with autism.* Graduate Academic Conference, Michigan State University, East Lansing, MI.

1. Belous, C. (March 2008). *Infidelity: Where we are now, and where we need to be.* Michigan Association for Marriage and Family Therapy State Conference. East Lansing, MI.

Other Publications

±Denotes peer-reviewed

*Student Co-Author

8. ±Schulz, E. E. & **Belous, C. K.** (2022, invited). Book Review: Gambescia, N., Weeks, G. R., & Hertlein, K. M. (2020). *A clinician's guide to systemic sex therapy*. 3rd Edition. Routledge. ISBN: 978-0367228064. *Journal of Marital and Family Therapy, 48*(4), 1251-1252. https://doi.org/10.1111/jmft.12578
7. ±**Belous, C. K.**, & *Kingzette, A. (2022, invited). Book Review: Kauppi, M. (2021). *Polyamory: A clinical toolkit for therapists (and their clients)*. Rowman & Littlefield Publishers. ISBN: 978-1538129890. *Journal of Marital and Family Therapy, 48*(3), 945-946. https://doi.org/10.1111/jmft.12553

⇓ Prior to Purdue University Northwest Appointment ⇓

6. ±**Belous, C. K.** (2014). Lee, R. E. , & Nelson, T. S. (2013). Book Review: The contemporary relational supervisor. New York: PB - Routledge , 228 pp., $49.95. *Journal of Marital and Family Therapy, 40*(3), 402–403. https://doi.org/10.1111/jmft.12060
5. **Belous, C. K.**, & Topor, J. A. (Summer, 2013). Review of *Close Relationships* by Pamela Regan. Submitted to *CFLE Network*, Summer 2013 Edition.
4. **Belous, C.** (2010). Adolescence: Troubles and changes – Advice from a family therapist. *Invited Contribution to a Training Manual for Camp Staff – Michigan High School Principal's Association.* Private Publication of MHSPA, East Lansing MI.
3. **Belous, C. K.** (2010). A view of the AAMFT national conference, 2010. *The Michigan Mentor: Newsletter of the Michigan Association for Marriage and Family Therapy* (Electronic Newsletter)*,* October, 2010.
2. **Belous, C.** (2010). Review of *M & F* by Knox and Schacht. *CFLE Network*, *21.4*, Winter 2010 Edition.
1. **Belous, C.** (2008). The African American experience in family therapy: Expertise from Nancy Boyd-Franklin. *The Michigan Mentor: Newsletter of the Michigan Association for Marriage and Family Therapy* (Electronic Newsletter), May 2008.

Grant Experience

* Asterisk denotes student co-author/investigator

Since Appointment to Purdue University Northwest Faculty
Position began in Fall of 2018; 10 awarded for total of: $198,739 + supervised graduate student research and grant awards in the amount of: $8,125

ACTIVE

$9,000 **Belous, C. K. [PI],** Bhandari, S., Boe, J. L., Camacho, O., Griggs, M. T. & Zelechoski, A. (Awarded, Spring 2025). *Development of the Interdisciplinary Center for Professional Develompent*. Internal Grant – Interdisciplinary Grant through the College of Humanities, Education, and Social Sciences (PNW).
Grant Timeline: Spring 2025-Summer 2025 (Approx. 6 months)
Percent Effort: 75%
Role: Principle Investigator, Co-coordinator

Outcome/Status: Planning and implementation phase 1

$152,000 Bhandari, S. [PI], **Belous, C. K. [Co-PI]**, Hollingsworth, L., & Zelechoski, A. (Awarded, Spring 2023). *Ensuring Success of New Faculty through Collaborative Mentoring*. Internal Grant – Bold2BeBold Initiative through the College of Humanities, Education, and Social Sciences (PNW).
Grant Timeline: Summer 2023 – May 2025 (Approx. 36 months)
Percent Effort: 25%
Role: Co Principle Investigator, Co-coordinator and evaluator
Outcome/Status: Implementation Phase

COMPLETED

$25,000 Jackson, N. F. [PI], & **Belous, C. K. [Co-PI]** (Awarded, Fall 2022). *Invest in Education: Prevent a wrongful conviction*. Legacy Foundation, Transform Lake County.
Grant Timeline: Spring 2023-Fall 2023 (12 months)
Percent Effort: 20%
Role: Co Principle Investigator, Methodologist and Statistician
Outcome/Status: Planning and implementation stages

$1,500 **Belous, C.** (PI). (2023). *Reinvigoration of Play Therapy Materials for the Advancement of Family Functioning & Wellbeing*. Hammond Community Corporation Grant.

$3,750 **Belous, C. K.** [PI], & Schulz, E. E. (Awarded, Summer 2021). *Strengthening community mental health resources and access through advancing technology.* High-Impact Community Engagement Practices Grant Program, Indiana Campus Compact.
Grant Timeline: Summer 2021-Fall 2021 (6 months)
Percent Effort: 90%
Role: Principle Investigator
Outcome: Purchased new recording equipment for students, implemented and conducted program review/outcome and evaluation of project. Currently in development for dissemination-publication.

$3,750 **Belous, C. K.** [PI]. (Awarded, Summer 2020). *American sex, today: A cross-sectional national survey examining the sexual satisfaction, attitudes, beliefs, values, and activities of the US population*. CHESS Summer Faculty Scholarship Award, Purdue University Northwest.
Percent Effort: 100%
Role: Principle Investigator (Solo)
Outcome: Developed survey, completed IRB submission

$3,739 Hynes, K. C. [PI] & **Belous, C. K.** [Co-PI]. (Awarded, 2020 CY). *Couple & Family Therapy Center Multimodal Research Archive*. Exploratory Grant, Office of Research, Purdue University Northwest.
Percent Effort: 40%

Role: Co-Principle Investigator
Outcome: Developed database, completed IRB Submission, developed secure server/cloud storage, and purchased technological equipment (laptops, iPads).

Graduate Student Mentored in Grant Funding

Completed

$375	James, R. (2025). *Relationship accountability.* PNW Graduate Research Grant.
$375	McLeod, O. (2024). *Gender transition within couple relationships.* PNW Graduate Research Grant.
$375	Santos, M. (2024). *Critical Consciousness and trauma.* PNW Graduate Research Grant.
$375	Benge, J. (2024). *A spectrum for measuring sexual interest distress.* PNW Graduate Research Grant.
$750	An, J. (2024). *Cognitive Behavioral Therapy for IPV with Korean American Couples*. PNW Graduate Research Grant.
$750	De Sevilla, C. (2023). *Exploring the lived experiences of pregnant grad students*. PNW Graduate Research Grant.
$1,500	An, J. (2023). *Cognitive Behavioral Therapy for IPV with Korean American Couples*. CHESS Research Award.
$1,500	De Sevilla, C. (2022). *Exploring the lived experiences of pregnant grad students*. CHESS Research Award.
$375	Triplett, N. (2021). *Intrafamilial relational dynamics across permutations of the homeschooling family: A family systems perspective.* PNW Graduate Research Award Grant.
$2,000	Schulz, E. E. (2020). *Mindfulness and sex toys to close the orgasm gap.* PNW Graduate Research Award Grant.
$2,000	Palmer, E. (2020). *Using the Riso-Hudson Enneagram Type Indicator as a predictor of couple and sexual satisfaction.* PNW Research Award Grant.

Grants Completed Prior to Purdue University Northwest Appointment

2009-2017 (some of these years as graduate student); 7 awarded for a total of: $16,095

$3600	**Belous, C. K.** [PI] (Awarded, 2017-2018 FY). *Current clinical trends, experiences, and practices of licensed or certified sex therapists.* Faculty Seed Grant, Provost's Office, Mercer University.
$3500	**Belous, C. K.** [PI] (Awarded, 2015-2016 FY). *Extension/Resubmission: Examining characteristics of same-gender couple relationships.* Faculty Seed Grant, Provost's Office, Mercer University.
$3395	**Belous, C. K.** [PI] (Awarded, 2014-2015 FY). *Examining characteristics of same-gender couple relationships.* Faculty Seed Grant, Provost's Office, Mercer University.

$3400 **Belous, C. K.** [PI] (Spring/Summer 2012). *Development of a scale to assess same-gender relationships.* Competitive dissertation fellowship, Department of Human Development and Family Studies, Michigan State University.

$950 **Belous, C. K.** [PI] (Spring 2011). *Gay male adaptation in the coming out process*. Kenneth E. and Marie J. Corey Research Enrichment Fund Award. College of Social Science, Michigan State University.

$750 **Belous, C. K.**, [PI] & Wampler, R. [Co-PI] (Spring, 2010). *Out of one closet and into another: Research into gay identity formation.* Dean's Office Research Enrichment Fellowship. College of Social Science, Michigan State University.

$500 **Belous, C.** [PI] (Spring, 2009). *Student opinion of interactive teaching strategies.* Department of Interdisciplinary Studies, College of Social Science Graduate Assistant Teaching Award Fellowship, Michigan State University.

Student and Faculty Colleague Mentorship & Service

NOTE: All of the following Student and Faculty Mentoring Service activities occurred at Purdue University Northwest.

Faculty Colleague, *Formal Mentoring Relationship*

2025-Present Shawn Patrick, EdD – Associate Professor of Counselor Education
2024-Present Briana Roberts, PhD – Adjunct Instructor (LTL) / Supervisor of CFT
2024-Present Josh L. Boe, PhD – Assistant Professor of Couple & Family Therapy
2022-Present Mialauni Griggs, PhD – Assistant Professor of Couple & Family Therapy
2024-2025 Oliver Camacho, PhD – Assistant Professor, Counseling Program
2024, Fall Emma Palmer, MS – Adjunct Instructor (LTL) of CFT
2023-2024 Amanda Brand, PhD – Assistant Professor of Communication
2022-2024 Alyssa Maples, PhD – Assistant Professor of Couple & Family Therapy
2023, Fall Margaret Kapitan, MS – Adjunct Instructor (LTL) of CFT
2019-2021 Vincent Marasco, PhD – Assistant Professor of Counselor Education

Student Mentorship as Thesis Chair, *Completed/Graduated*

Original Research Track

2026 Ryan James
Relationship accountability: An exploration of cisgender heterosexual experiences in monogamous relationships
2025 – Awarded $375 PNW Graduate Research Grant

2026 Kaitlyn Shideler
"I am safe and not a victim": Sexual coercion from pre-event manipulation to post-event gaslighting

2025 Keegan Salisbury
An exploration of layered support in sexually diverse undergraduate students

2025 Brenda Babirye
Culture and sexuality: A qualitative exploration of the sex lives of East African women in the US

2025 Jamie An

How cognitive behavioral therapy is applied effectively for Korean American individuals and couples experiencing situational couple violence

2023 – Awarded $1,500 CHESS Research Award

2025 Olivia McLeod

Intimate partnership and the gender spectrum: An analysis of gender exploration within queer relationships

2024 – Awarded $375 PNW Graduate Research Grant

2025 Gabrielle Soe

From stigma to support: How therapists navigate intersectionality of identities and power dynamics

2024 Migdalia Santos

Critical Consciousness in Couple and Family Therapy: Addressing Discriminatory Trauma in Marginalized Communities

2024 – Awarded $375 PNW Graduate Research Grant

2024 Hei Tung (Hebe) Fung

Exploring the relationship between attachment style and infidelity: An analysis of contributing factors

2024 Carolina De Sevilla

Exploring the experiences of pregnant graduate students

2023 – Awarded $750 PNW Graduate Research Grant

2022 – Awarded $1,500 CHESS Research Award

2024 Jessica Benge

Measuring sexual interest distress

2024 – Awarded $375 PNW Graduate Research

2023 Delanie Skaja

Interplay between disordered eating, self-esteem, and sexual satisfaction

2021 Nicholas Triplett

Where the Heart Is: The impact of structure and motivation on homeschooling families' functionality and promotion of differentiation-of-self

2021 – Awarded $375 PNW Graduate Research Grant

Clinical Efficacy Track (Empirical Case Study)

2023 Erin Debono

Developing an Integrated Model for Affirming Couple Therapy with Transitioning Clients: Combining the Satir Model with Gender Affirming Couple Therapy.

Educational and Social/Community Engagement Track (Program Evaluation Research)

2023 Kate Hargadon

Understanding sacred wounds: An introductory training for therapists on LGBTQIA+ religious trauma.

2023 Noah Kinder

Creating a Training Program to Provide Gender-Affirming Care for Transgender Veterans

2023 Vanessa LaRoche
Understanding The Role of Ableism in Higher Education

2023 Kaela Meyer
Before betrayal: Resources for University Students in Instances of Sexual violence

Student Mentorship as Thesis Chair, *In Progress*

2026- Samantha Cotter | *Exploring Consent Socialization within Cisgender LGBP Populations*
2026- Alisha Sethi |
2026- Bo Turpin |
2026- T. Cordell Towers | *How can THC usage influence sexual satisfaction*
2025- Ebby Hoffman | *Effectiveness of Art Therapy to reduce stress in women*
2025- Stephanie Peng | *Emotion Regulation & Sex Satisfaction in Relationships*
2025- Ailina Casas | *Sexual satisfaction & life satisfaction in older adults*

Student Mentorship as Committee Member, *In Progress*

2026- Claire Frohlich
2026- Damia Rizwan
2025- Ronisha Looper
2025- Gina Marzilli
2025- Kyleyanna Fitzpatrick
2025- Rachael Hoffman

Student Mentorship as Committee Member, *Completed/Graduated*

Original Research Track
2026 Jenna Gonzalez
Hope and future orientation among GSM Latine emerging adults
2021 Alexia Kingzette
An exploration of relational therapy practices used with consensually nonmonogamous clients.
2021 Samantha Peachey
Examining Sexual and Relationship Satisfaction as Influenced by the Connection Between Sex Positivity and Perceived Discrimination for Sexual Minority Couples
2021 Sydney Vander Tuin
Let's Talk about Sex Guilt: The Impact of Religion on Sexual Guilt, Relationship and Sexual Satisfaction, and Sexual Behavior and Attitudes in Women
2020 – Awarded $2,000 PNW Graduate Research Award Grant
2020 Phyllis Agyapong

Examining the relationship between parental sex education, religiosity, and sex positivity in first- and second-generation African immigrants.

2020 Tori DiBona
Influence of Pornography Use and Acceptance Typology on Same-Sex Couple Relationship and Sexual Satisfaction

2020 Sierra Schiedle (Stein)
Sexuality on Standbi: Experiences of Bi-Erasure in Different-Gendered Relationships

2020 Kristina Fairbanks
An examination of couple's comfort communicating emotionally charged topics as it relates to couple satisfaction and sexual satisfaction

2020 Kaitlyn Gantz
How social media use determines relationship satisfaction, sexual satisfaction, and self-esteem

2019 Alexandra Gillespie
Effects of Pornography Attitudes and Use on Self Esteem, Sexual Satisfaction, and Relationship Satisfaction

2019 Crystal Neimeyer
Number of Sexual Partners Predicting Self-Esteem, Sexual Satisfaction, and Sexual Self-Efficacy

External to PNW Experience of Mentorship / Service on Graduate Committees

2023, Aug. Caitlyn Burns, PhD
Graduate from: Antioch University New England, Doctoral Program in Couple & Family Therapy
Dissertation Title: *Relationship Goals: How Do Relational Therapists Conceptualize Cases and Treatment Plan When Working With Consensually Non-Monogamous Clients?*

Invited Presentation on Mentoring

April, 2019 Begley, L., & **Belous, C.** The supervision/mentoring experience – A panel
→ Invited to discuss the supervision mentoring experience with a current mentee for the PNW Days of Discovery local research conference.

Teaching Experience & Credentials

Teaching Certifications & Professional Development

ACUE	2020	Certificate in Effective Teaching Practices; ACE-ACUE
CCT	2009	Certificate in College Teaching, Social Sciences; MSU

Courses Taught at Purdue University Northwest

Note: My administrative assignments afford .50 FTE course release (2 courses) per semester for Clinical Director from Fall 2018 to Spring 2022, and .25 FTE course release per semester for Program Director in Spring 2022. From Summer 2022-onward, I am on a 12-month 1.0 FTE

contract, with a maximum teaching load of 4 courses split between Fall and Spring Semesters (no minimum and can be 0 based on administrative or program need), with optional summer.

CFT 69600 Research Methods in Couple & Family Therapy
CFT 69700 Research Analysis in Couple & Family Therapy
CFT 69800 Thesis in Couple & Family Therapy
CFT 64700 Topical Issues in Couple & Family Therapy
CFT 65000 Sexuality and Sex Therapy
CFT 63000 Ethics & Professional Identity for Couple & Family Therapists
CFT 59000 Special Problems in Couple & Family Therapy (Independent Study)
CFT 60000 Basic Skills in Systemic Therapy
CFT 67500 Practicum in Couple & Family Therapy
CDFS 64500 Couples & Sex Therapy
CDFS 68100 Psychopathology & Behavior Disorders
CDFS 66900 Practicum in MFT
CDFS 69800 Research in MS Thesis
HDFS 34601 Sexuality, Intimacy, and Family Life (Undergraduate)

Courses Taught at Mercer University (2013-2018)

Assessment & Diagnosis in Family Therapy
Couples Therapy (New Curriculum Design)
Couples & Sex Therapy
Family Research Methods
Foundations in Family Studies
Human Sexuality (New Curriculum Design)
Methods of Family Therapy
Practicum I (Pre-Practicum)
Practicum in Family Therapy
Family Systems Tutorial (Neuro Unit, Med School)

Courses Taught at the University of Akron (2012-2013)

Pre-Practicum in MFT
Internship in MFT
Practicum in MFT
Marital Therapy
Issues in Sexuality for Counselors
Tests and Appraisals in Counseling

Courses Taught at Michigan State University (2007-2012)

As instructor of Record:

The Individual, Marriage, and the Family (3 Times; Online, 50+)
Individual Development over the Lifespan (2 Times; Large Lecture 200+)

As Graduate Teaching Assistant:

Family Ecology in Global Perspective (8 Times, Large Lecture 200+)

Clinical Experience Outside of Academic-Experiential Appointments

NPI Number: 1710317615

Clinical Positions/Paid Employment

Private Practice in Hammond, IN (Including Telehealth Options)

Therapist, Supervisor, Consultant and Educator, June 2018 – Present

- Provide therapy services to underserved populations
- Supervision and Consultation Services for those seeking licensure as a Marriage and Family Therapist, or beginning practices/agencies that need help with documentation, business systems or technology

Private Practice in Atlanta, GA

Consultant, Educator, and Supervisor, August 2014 – July 2018

- Provide clinical supervision toward therapists seeking full license in Georgia
- Provide supervision mentorship for those seeking Approved Supervisor status with the American Association for Marriage and Family Therapy,
- Provide community-based training, consultation, and educational events related to therapy, business, and practice management

Abbott Road Center for the Family, Private Practice in East Lansing MI

Independent Therapist, January 2010 – December 2010

- Set up private practice, under supervision of LMFT and Psychologist
- Provided psychotherapy, evaluation, and psychoeducation to a variety of clients

Practicum/Internship & Clinical Administrative Appointments while a Student

MSU Couple and Family Therapy Clinic @ Michigan State University

Supervisor-in-Training, August 2010 – August, 2012

- Supervised beginning doctoral students in a mentoring capacity
- Oversaw and supervised live cases, provided individual and group supervision

Couple and Family Therapy Clinic Coordinator, May 2010 – May 2012

- Responsible for the general day-to-day running of a student clinic
- Primary responsibility for: Intakes, budgeting, supervision of interns, payables and receivables, scheduling, marketing, technology, and database administration

Therapist, August 2007 – August 2011

- Provided individual, couple and family therapy to a diverse set of clients
- Supervised by AAMFT Approved Supervisors

Families in Transition Program Coordinator, August 2009 – May 2010

- Responsible for management of multiple governmental contracts and billing for therapy services
- Updated/created research database, assessment system and intake paperwork

Specialized Clinical Training

*Note – for the Gottman Method Couples Therapy Training Programs listed below, I additionally sponsor/audit and proctor Level 1 and 2 trainings every other year through the University Outreach Program at Purdue University Northwest.

Gottman Method Couples Therapy (Level 2) University Outreach Training Program	6/10/16-6/25/16
Gottman Method Couples Therapy (Level 1) Vagdevi Meunier, PsyD	1/16/15-1/17/15
Intermediate Sand Tray Therapy Cynthia Reynolds, PhD, LP, PCC-S, RPT-S	6/28/13-6/29/13
Introduction to Sand Tray Therapy Cynthia Reynolds, PhD, LP, PCC-S, RPT-S	5/31/13
Sand Tray Therapy: Beginning and Advanced Treatment Issues Linda Homeyer, PhD, LPC, RPT-S	4/13/12
PREPARE/ENRICH Program Certified Nick Phillips, DMin, LLMFT	10/28/11
Couple Communication Program (Collaborative Marriage Skills) Michael Whitehead, MS, LMFT & A. Rocio Escobar-Chew, MA LMFT	4/9/11 & 4/16/11

Specialized Clinical Certification

CGAT	2012	Certificate in LGBT Affirmative Psychotherapy; AAMFT-CA

Historical Record of License

LMFT	2013-2024	Licensed Marriage and Family Therapist, Georgia (#MFT001317)
IMFT	2013-2015	Independent Marriage and Family Therapist, Ohio (#F.1300001)
LMFT	2011-2014*	Licensed Marriage and Family Therapist, Michigan (#4101006426) *Upgraded from Associate License, 2009-2011

Engagement

Memberships

2022-Present	College of Sexual & Relationship Therapists *(International Organization)*
2017-Present	American Association for Sex Educators, Counselors, and Therapists
2009-Present	National Council on Family Relations
2007-Present	American Association for Marriage and Family Therapy – *Clinical Fellow*
2015-2016	Society for the Scientific Study of Sexuality
2012-2014	American Counseling Association

National Offices Held/Appointments in National Organizations

American Association of Sex Educators, Counselors & Therapists

2023-2025	Annual Conference Chair
2021-2024	Lead, Fundraising & Development Committee (Designed and created committee within Treasurer's Office)
2020-2024	Treasurer (Executive Board; includes chairing the Finance Committee and the Fundraising & Development Committee, along with serving on several Executive Level Committees). Initially elected by membership in 2020, re-elected in 2022; 2-year terms.

2020-2024 Member, Personnel Committee
2020-2022 Lead, Section 6 Strategic Planning Task Force Committee

American Association for Marriage & Family Therapy
2026- Member, Sexual Health and Out of Control Sexual Behavior Guidelines Writing Group
2021-2022 Past Chair, Couple and Intimate Relationships (Interest Network)
2021, 2022 Graphic Designer/Copyeditor for Queer & Trans Advocacy Network Annual Conference
2020-2021 Member, LGBTQIA+ Guidelines Writing Group
2018-2020 Chair (Founding), Couple and Intimate Relationships (Interest Network)
2018-2020 Treasurer (Founding), Queer and Trans Advocacy Network

Commission on Accreditation for Marriage & Family Therapy Education
2017-Present Site Visitor (Member, Site Visit Chair)
2021-2024 Accreditation Reviewer
2016-2017 Member, Standards Review Committee

Editorial Board Membership & Editorships
2021-Present *Sexual and Relationship Therapy* | Clinical Reviews Editor
2015-Present *Journal of Marital and Family Therapy*
2017-2022 *American Journal of Family Therapy*

Ad Hoc Referee Experience
2020-Present *Journal of Couple & Relationship Therapy*
2018-Present Abstract Reviewer, AASECT National Conference
2015-Present *Journal of Bisexuality*
2015-Present *Journal of Sex & Marital Therapy*
2014-Present *Journal of GLBT Family Studies*
2013-Present *Family Process*
2009-2018 *Journal of Family Theory and Review*
2013-2019 Abstract reviewer, Family Therapy section of NCFR National conference
2010-2019 Abstract reviewer, AAMFT National Conference
2013-2014 *Journal of Marital and Family Therapy*

Community Engagement
2022-2024 Secretary, Board of Directors, *Center for Justice and Post-Exoneration Assistance*
2021-2024 Secretary, Board of Directors, *Willie T. Donald Exoneration Advisory Coalition*

Purdue University Northwest
University Service
2026, Spring Member, Review Committee, CHESS Mentoring Award
2024, Summer Chair, Search Committee for Visiting Faculty (Open Rank), Counseling – 2 Positions

2024, Spring	Chair, Search Committee for Associate Dean of Professional Programs (1 Successful hire)
2023-2024	Member, Advisory Committee for the Women's, Gender, and Sexuality Studies Program
2023, Fall	Member, School of Education and Counseling Primary Committee for Tenure and Promotion
2022-2023	Member, One Book One University Committee
2022, Spring	Member, Search Committee for Associate Dean of Professional Programs & Director – School of Education and Counseling (1 Successful hire)
2022, Spring	Member, Search Committee for Project Coordinator, Center for Justice and Post-Exoneration Assistance (1 Successful hire)
2019-2022	Voting Member, Graduate Council **Representing all of Purdue University Northwest*
2021, Spring	BHS Representative, CHESS Summer Scholarship Committee
2020, Summer	Member, CHESS Strategic Plan Development Taskforce
2020, Spring	BHS Representative, CHESS Faculty Council **Served on the Budget Advisory Committee*
2020, Spring	Chair, CHESS Scholarly Release Committee
2019, Spring	BHS Representative, CHESS Scholarly Release Committee

Department of Behavioral Sciences Service

2025, Fall	Chair, Primary (BHS) Committee – Tenure & Promotion
2023-2024	Chair, Search Committee for Tenure Track Assistant/Associate Professor of Couple & Family Therapy (2 Successful hires)
2022-2023	Co-Chair, Budget Advisory Committee
2022-2023	Chair, Primary (BHS) Committee – Tenure & Promotion
2022-2023	Chair, Search Committee for Post-Doctoral Scholar of Couple & Family Therapy (1 Successful hire)
2022-2023	Chair, Search Committee for Tenure Track Assistant Professor of Couple & Family Therapy (1 Successful hire)
2022, Summer	Chair, Search Committee for Visiting Instructor (AY22-23), Couple & Family Therapy (1 Successful hire)
2022, Summer	Chair, Search Committee for Visiting Assistant Professor (AY 22-23) of Couple & Family Therapy (1 Successful hire)
2022, Spring	Chair, Search Committee for Administrative Assistant for Graduate Programs and Services, Couple & Family Therapy (1 Successful hire)
2020-2021	Member, BHS-CFT Administrative Assistant Search Committee (1 Successful hire)
2020-2021	Member, Criminal Justice Open Rank Faculty Search Committee (1 Successful hire)
2019-2020	Co-Chair, Department of Behavioral Sciences Tenure and Promotion Supplementary Guidelines Development Committee
2019-2020	Chair, Tenure Review (BHS-Primary) Committee
2018-2019	Member, MFT Assistant Professor Faculty Search Committee (1 Successful hire)

⇣ Long term/continuing committee membership below

2022-Present	Chair, CFT Graduate Program Admissions Committee
2018-Present	Member, Primary (BHS) Committee – Tenure & Promotion
2018-2025	Member, Human Development & Family Studies Undergraduate Program Faculty Committee
2018-2021	Member, CFT Graduate Program Admissions Committee

Mercer University - Atlanta

Departmental Service

2016-2018	Member, Program Restructuring Committee
2015-2018	Member, Curriculum Committee
2014-2018	Advisor/Faculty Sponsor, Graduate Student Organization
2017, Fall	Member, Faculty Hiring Committee (2 positions)
2014, Spring	Member, Faculty Hiring Committee
2014, Spring	Member, Program Director Hiring Committee
2014, Spring	Chief Statistician, COAMFTE Reaccreditation Team

University of Akron

Departmental Service

2013, Spring	Paperwork Re-Standardization Committee (ad-hoc)
2013, Spring	Re-organized and structured clinical files for Marriage and Family Counseling/Therapy students
2013, Spring	Redesigned and implemented a new hours-tracking system

Michigan State University

Department of Human Development and Family Studies - Service

2012, Spring	Graduate Assistant to the Chair
2010-2011	Website Redevelopment Committee, Couple and Family Therapy Clinic Representative and Content Manager.
2010, Fall	Certification in College Teaching and the Certified Family Life Educator credential. **Workshop presented to MSU HDFS departmental TA/RA's.*
2010, Fall	Teaching assistant training. **Workshop for all teaching assistants in the MSU HDFS department.*
2009, Fall	Poster formatting workshop. **Training workshop for faculty, students and staff on how to format and create posters for professional presentations.*

Honors and Awards

Purdue University Northwest

2024	Nominated for Outstanding Faculty Award in Teaching
2022-2023	Named "Lionhearted Leader" by nomination of Department Chair

Michigan State University

2009 Teaching Assistant Excellence Award
Michigan State University College of Social Sciences, Interdisciplinary Studies Program

2009 Named as an "Influential TA," based on survey of dormitory students
Michigan State University Department of Residence Life

Community Service Education, Presentations & Volunteer Experience

Sex in the Dark – Q&A with a Sex Therapist — Fall 2025
Purdue University Northwest, Student Life (Sexual Health Week)

Drag Show Host & Moderator — Fall 2022
Purdue University Northwest, Student Life

Comprehensive Sex Education Developer & Facilitator — Spring, 2015 & 2017
Hess Academy (Atlanta, GA); 6th-8th Grade

Public Media Appearances, Interviews, or Invited Speaking Engagements (Examples)

Television

The Roundtable Perspective. (Episode 810, May 2, 2025). *Sex positivity and sex education* [Television broadcast]. Hammond, IN: Purdue University Northwest. https://www.youtube.com/watch?v=uZfB_7LjCGo

Podcasts

Candid Conversations. (2022). Sexuality and women's issues. Season 1, Episode 1. Co-appearance with Lisa Adkins. Hosted by Lavada Taylor, PhD & Charlene Benoit. Audio/Video Cast.

One of us is Right. (2022). *Enthusiastic consent in sexual relations and beyond with Dr. Christopher Belous*. Season 1, Episode 7. Audio Podcast. https://open.spotify.com/episode/50CSyiPYelk0udxCdIFJnI?si=a9e373754e01456a

Purdue Northwest Today with Richard Rupp. *PNW Couple and Family Therapy Center: Educating students, serving the community*. (2021, January 21). WJOB 1230 AM. Radio Talk Show. https://fb.watch/39nM_Uo5j2/

AAMFT Podcast with Eli Karam, PhD. (Episode 41, 2020). *Christopher K. Belous, Couples and Intimate Relationships TIN*. Audio podcast. https://www.aamft.org/podcast or https://media.rss.com/aamft/20201111_213931_477d64524057e86172c1aba7a7e8f1d3.mp3

Better Sex Podcast with Jessa Zimmerman. (2020, April 2). *Coming out and non-heterosexual identity development*. Audio podcast. Available at www.bettersexpodcast.com/118

Shenanigans & Shea Butter (2019, September 18). *Sex Talk w/ Dr. B*. Audio podcast. Available at https://podcasts.apple.com/us/podcast/id1478035332

Print or Online Dialogue - Interviewed or Quoted in:

Devereaux, M. (2020, February 14). *Safe and pleasurable LGBTQ+ sex, as told by experts.* Available online at https://columbiachronicle.com/safe-and-pleasurable-lgbtq-sex-as-told-by-experts