# CURRICULUM VITAE

**MIKAEL RUBIN**

Department of Psychology
Palo Alto University
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## EDUCATION

***Ph.D., Clinical Psychology*** 2022
University of Texas at Austin
*Dissertation: Disentangling perceptual mechanisms maintaining social anxiety disorder using VR and eye tracking*
*Advisor: Michael J. Telch, Ph.D.*

***M.A., Psychology*** 2015
City College of the City University of New York
*Thesis: Inhibitory Control Deficits and PTSD: Evidence from Eye Blink*
*Chair of Thesis Committee: Robert Melara, Ph.D.*

***B.A., Art History*** 2010
McGill University

## ACADEMIC APPOINTMENTS

***Palo Alto University*** 2022-present
Associate Professor, Department of Psychology (Clinical Area)

## FUNDING

**Small Business Technology Transfer Award** (R41DA064798), NIH/NIDA 2026-present
*ElevateAR: A Scalable Digital Therapeutic that Uses Augmented Reality to Enhance Access, Engagement, and Effectiveness of Vaping Cessation Among the Pediatric Population.*
Role: Principal Investigator (Founder, IBIS LLC) | Total costs: $387,369

**John and Polly Sparks Grant for Rural First-Responders Mental Health Interventions**, American Psychological Foundation 2025-2026
*Testing a Novel Attention Based Training Prevention Strategy for First Responders: FirstFocus a Mobile App.*
Role: Principal Investigator | Total costs: $34,000

**Research Enhancement Award** (R15MH135419), NIH/NIMH 2024-present
*Testing the role of attentional and audio vocal mechanisms in a new internet-based intervention for social anxiety iExposure.*
Role: Principal Investigator | Total costs: $335,000

**Pre-doctoral National Research Service Award** (F31MH118784), NIH/NIMH 2019-2021
*Efficacy of an attention guidance VR intervention for social anxiety disorder.*
Role: Principal Investigator | Total costs: $41,069
Sponsor: Michael Telch, Ph.D. (Clinical Psychology) Co-Sponsor: Mary Hayhoe, Ph.D. (Perception).

## HONORS & AWARDS

***Investigator Support Program*** 2025
Testing Personalized Augmented Reality Exposure Therapy for Social Anxiety Disorder
Apple Inc.

***Excellence in Service Award*** 2025
Palo Alto University

***Pillar Pioneer*** 2025
Palo Alto University

***Received $100,000 Start an SUD Startup Challenge Award*** 2024
ElevateAR: Augmented Reality to Enhance Remote SUD Treatment
National Institute of Drug Abuse

***Career Development Leadership Program*** 2024
Anxiety and Depression Association of America

***Provost Award of Excellence in External Grants*** 2024
Palo Alto University

***Ira Iscoe Fellowship*** 2021
University of Texas at Austin

***Graduate Dean's Prestigious Fellowship Supplement*** 2019-2021
University of Texas at Austin

***Integrated Behavioral Health (IBH) Scholar*** 2017-2018
University of Texas at Austin

***Diane and Jerry Grammar Fellowship for Mental Health Research*** 2017, 2018
University of Texas at Austin

***Psychology Graduate Fellowship*** 2016
University of Texas at Austin

***Joseph Barmack Award*** 2015
City College, New York, NY

## PUBLICATIONS

***Peer-reviewed publications***
42 publications; 26 first-authored
*indicates mentee, #*Indicates equal first authorship*

1. **Rubin, M.** Stuart, S.,* Santos, E.,* Cordova, M., Watters, K. (2026).*Testing the Use of Local Large Language Models to Extract Trauma Identification and Contextualize Posttraumatic Stress Symptoms from Self-Report.* (accepted)
2. Hickson, R.,* & **Rubin, M.** (2026). The influence of mild traumatic brain injury on attentional Bias: Preliminary evidence. Acta Psychologica, 266, 106777.
3. Cole, A. C., **Rubin, M.,** & Lancaster, C. L. (2026). The central importance of expressive suppression to posttraumatic stress symptoms: A network analysis. *Journal of Traumatic Stress.*

4. Watters, K. N., & **Rubin, M.** (2026). Unique associations between different motivations to play video games and anxiety: Evidence from network analysis. *Journal of Affective Disorders*, 121142.
5. **Rubin M.,** Watters, K., Snyder, K., Dicker, E., Cordova, M. (2025) Can Large Language Models Enhance Assessment of Criterion A for PTSD from Self-Report? *Psychological Trauma: Theory, Research, Practice, and Policy*.
6. **Rubin, M.,** Hickson, R.,* Suen, C.,* & Vaishnav, S. (2025). Multimodal Assessment of Therapeutic Alliance: A Study Using Wearable Technology. *Journal of Eye Movement Research*, 18(4), 36.
7. Otto, M. W., Long, L. J., Papini, S., Culver, T., Taylor, C. T., **Rubin, M.**, ... & Zhang, Z. (2025). Moderating Role of State and Trait Positive Affect in Virtual Reality Exposure for Public Speaking Anxiety: Protocol for a Multisite Experimental Study. *JMIR Research Protocols*, 14(1), e80010.
8. Evans, T., **Rubin, M.,** … Esterman, M. (2025). Eliciting social approach-avoidance conflict within a novel experimental paradigm: psycho-metric and computational evidence with a successful pre-registered replication. *Cognition & Emotion*.
9. Watters, K., Punnoose, S., Hedayati, T., Ghuman, S., **Rubin, M.** (2025) Childhood Trauma and Drinking Motives as Predictors of Sexual Assault Severity in College Students. *Journal of Traumatic Stress*.
10. Schmitter, M., **Rubin, M.,** Smits, J. A., Reijnen, S. E., de Ruiter-Blijdorp, E. D., van den Berg, M. M., ... & Vrijsen, J. N. (2025). Exercise prior to cognitive behavior therapy sessions for depression: a feasibility pilot study. *Cognitive Behaviour Therapy*, 1-13.
11. Benson, P., Desage, C., **Rubin, M.,** & Bunge, E. (2025). The Effect of a Brief Online Behavioral Activation Intervention by Activity Type, a Pre-Registered Study. *Journal of Technology in Behavioral Science*, 1-9.
12. **Rubin, M.** (2025). PoweR Analysis in Review: Leveraging R to Conduct Power Analyses for a Range of Research Designs. *International Journal of Psychology*, 60(2), e70017.
13. **Rubin, M.,** Niles, A., Evans, T., Tripp, P., Neylan, T.C., Woolley, J., & O'Donovan, A. (2024). Measuring and Modifying Threat-Related Attention Bias in Posttraumatic Stress Disorder: An Attention Bias Modification Study. *Depression and Anxiety*. https://doi.org/10.1155/2024/3683656
14. **Rubin, M.**, Gebhardt, E., Malloy, L., & Telch, M. J. (2024). An initial test of a new self-guided internet-based intervention for social anxiety: iExposure. C*ognitive Behaviour Therapy*, 1-16. https://doi.org/10.1080/16506073.2024.2368519
15. **Rubin, M.** (2024). Testing a brief attention training protocol to prevent emotional distress from a fear induction procedure. Journal of Behavior Therapy and Experimental Psychiatry, 101956. https://doi.org/10.1016/j.jbtep.2024.101956
16. Cassidy, G. P., **Rubin, M.**, Papini, S., & Telch, M. J. (2024). A Bayesian Longitudinal Network Analysis of Panic-Disorder Symptoms and Respiratory Biomarkers. *Clinical Psychological Science*. https://doi.org/10.1177/21677026241263330
17. Foulser, A. A., **Rubin, M.**, & Telch, M. J. (2024). Psychometric Evaluation of a Measure of Posttraumatic Safety Behaviors. *Cognitive and Behavioral Practice*. https://doi.org/10.1016/j.cbpra.2024.03.003
18. **Rubin, M.** (2024). A Network Analysis of Symptoms of Post-Traumatic Stress Disorder and Facets of Mindfulness. Trauma Care, 4(2), 167-173.
19. **Rubin, M.,** Fischer, C., & Telch, M. J. (2024). Efficacy of a Single Session Mindfulness Based Intervention. *PLoS ONE* 19(3): e0299300. https://doi.org/10.1371/journal.pone.0299300
20. **Rubin, M.**, Muller, K., Hayhoe, M. M., & Telch, M. J. (2024). Attentional heterogeneity in social anxiety disorder: Evidence from Hidden Markov Models. *Behaviour Research and Therapy*, 173, 104461.
21. Dainer-Best, J., & **Rubin, M**. (2024). Guided feedback in an online text-based game impacts activity choices. Journal of Affective Disorders Reports, 100738.
22. **Rubin, M.,** & Evans, T. (2023). COVID-19 Related Loss is Reliably Associated with Attentional Capture and Facilitation by COVID Related Stimuli: Evidence from the Emotional Stroop Dilution Task. *Cognitive Therapy and Research*, 1-9. https://doi.org/10.1007/s10608-023-10426-0

23. **Rubin, M.,** Gebhardt, E. S., Malloy, L., & Telch, M. J. (2023). Multimodal Remote Research on Social Anxiety Using a New Teleconferencing Paradigm. *Cognitive Therapy and Research, 47(3),* 423-430. https://doi.org/10.1007/s10608-023-10371-y
24. **Rubin, M.,** Foulser, A. A., Siegel, E., Smits, J. A., Powers, M. B., Angkaw, A., & Telch, M. J. (2023). Low reliability when determining Criterion A for posttraumatic stress disorder from self-report descriptions of traumatic events: The need for transparent methods. *Psychological trauma: theory, research, practice, and policy.* Advance online publication. https://doi.org/10.1037/tra0001477
25. Telch, M. J., Fischer, C. M., Zaizar, E. D., **Rubin, M**., & Papini, S. (2022). Use of Cannabidiol (CBD) oil in the treatment of PTSD: Study design and rationale for a placebo-controlled randomized clinical trial. *Contemporary clinical trials,* (122), 106933. https://doi.org/10.1016/j.cct.2022.106933
26. **Rubin, M.**, Muller, K., Hayhoe, M. M., & Telch, M. J. (2022). Attention guidance augmentation of virtual reality exposure therapy for social anxiety disorder: a pilot randomized controlled trial. *Cognitive Behaviour Therapy*, 1-17. https://doi.org/10.1080/16506073.2022.2053882
27. **Rubin, M.**, Guo, S., Muller, K., Zhang, R., Telch, M., Hayhoe, M. Selective Visual Attention During Public Speaking in an Immersive Context. (2022). *Attention, Perception, and Psychophysics*, *84*, 396-407. https://doi.org/10.3758/s13414-021-02430-x
28. **Rubin, M.**, Bhattacharya, N., Gwizdka, J., Griffin, Z., Telch, M. (2022). The Influence of PTSD Symptoms on Selective Visual Attention While Reading. *Cognition and Emotion.* 36(3): 527-534. https://doi.org/10.1080/02699931.2021.2016639
29. **Rubin, M.**, Telch, M., Dainer-Best, J. (2021) In Game as in Life? Linking Decision-making to Real-world Behavior. (In press). *Collabra: Psychology*, 7(1): 28115. https://doi.org/10.1525/collabra.28115
30. Cobb, A.[#], **Rubin, M.**[#], Stote, D., Baldwin, B., Lee, H-J., Hariri, A., Telch, M. (2021). Hippocampal Volume and Volume Asymmetry Prospectively Predict PTSD Symptom Emergence Among Iraq-Deployed Soliders. *Psychological Medicine*, 1-8. https://doi.org/10.1017/S0033291721003548
31. **Rubin, M.**, Papini, S., Dainer-Best, J., Zaizer, E., Smits, J., Telch, M. (2021). Exploratory and Confirmatory Bayesian Networks Identify the Central Role of Non-judging in Symptoms of Depression. *Mindfulness* 12, 2544-2551. https://doi.org/10.1007/s12671-021-01726-1
32. **Rubin, M.**, Bicki, A., Papini, S., Smits, J., Telch, M., Gray, J. (2021). Distinct Trajectories of Depression Symptoms in Early and Middle Adolescence: Preliminary Evidence from Longitudinal Network Analysis. *Journal of Psychiatric Research* 142, 198-203. https://doi.org/10.1016/j.jpsychires.2021.07.053
33. Hsu, K. J., Carl, E., DiVita, A., Feldman, T., Foulser, A. A., … **Rubin, M.** ... & Smits, J. A. (2021). Rising to the Occasion of This COVID-19-Impacted Nation: Development, Implementation, and Feasibility of the Brief Assessment-Informed Skills Intervention for COVID-19 (BASIC). *Cognitive and Behavioral Practice*. https://doi.org/10.1016/j.cbpra.2021.02.003
34. **Rubin, M.**, Minns, S., Muller, K., Tong, M.H., Hayhoe, M.M., & Telch, M.J. (2020). Avoidance of social threat: evidence from eye movements during a public speaking challenge using 360º-video. *Behaviour Research and Therapy* 134. https://doi.org/10.1016/j.brat.2020.103706
35. **Rubin, M.** & Telch, M.J. (2020). Pupillary Response to Affective Voices: Physiological Responsivity and Posttraumatic Stress Disorder. *Journal of Traumatic Stress* 34(1), 182-289. https://doi.org/10.1002/jts.22574
36. **Rubin, M.,** Hawkins, B., Cobb, A., & Telch, M. J. (2019). Emotional reactivity to grief-related expressive writing. *Death studies* 44(9), 552-560. https://doi.org/10.1080/07481187.2019.1595219
37. Papini, S., **Rubin, M.**, Smits, J., Telch, & M., Hien, D. (2019). Pretreatment PTSD symptom network metrics predict symptom influence in the overall treatment response. *Journal of Traumatic Stress* 33(1), 64-71. https://doi.org/10.1002/jts.22379
38. **Rubin, M.**, & Telch, M. J. (2018). Gone in sixty (milli) seconds: Disentangling the effects of location context on attention bias. *Scandinavian Journal of Psychology, 59*(6), 594-601. https://doi.org/10.1111/sjop.12494

39. **Rubin, M.**, Das, D., Hien, D., & Melara, R. (2017). Inhibitory control under threat: The role of spontaneous eye blinks in Post-traumatic Stress Disorder. *Brain Sciences* 7(16). https://doi.org/10.3390/brainsci7020016
40. **Rubin, M.**, Shvil, E., Papini, S., Chhetry, B. T., Helpman, L., Markowitz, J. C., ... & Neria, Y. (2016). Greater Hippocampal Volume is Associated with PTSD Treatment Response. *Psychiatry Research: Neuroimaging* 252, 36-39. https://doi.org/10.1016/j.pscychresns.2016.05.001
41. Helpman, L., Papini, S., Chhetry, B. T., Shvil, E., **Rubin, M.**, Sullivan, G. M., ... & Neria, Y. (2016). PTSD remission after prolonged exposure treatment is associated with anterior cingulate cortex thinning and volume reduction. *Depression and anxiety* 33(5), 284-391. https://doi.org/10.1002/da.22471
42. Papini, S., Yoon, P., **Rubin, M.**, Lopez-castro, T., & Hien, D. A. (2014). Linguistic Characteristics in a Non-Trauma-Related Narrative Task Are Associated With PTSD Diagnosis and Symptom Severity. *Psychological Trauma Theory Research Practice and Policy* 7(1), 295-302. https://doi.apa.org/doi/10.1037/tra0000019

***Book Chapters***

1. **Rubin, M**., Neria, M., Neria, Y. (2016). Fear, Trauma, and Post-Traumatic Stress Disorder: Clinical, Neurobiological, and Cultural Perspectives. In Ataria, Y., Gurevitz, D., Pedaya, H., and Neria, Y. (Eds.) *Interdisciplinary Handbook of Trauma and Culture*, 303-313.

***Manuscripts Under Review***
*indicates mentee

1. **Rubin, M.**, Azari, A.,* Evans, T. *Are Audio Vocal Features Associated with Attention Bias? Sounds Too Good to be True.*
2. **Rubin, M.** *Experimental Evaluation of a Brief Attention Training Protocol for Primary Prevention of Analogue Symptoms Following an Analogue Trauma.*

***Conference presentations***

1. **Rubin, M.** Driving Personalization and Engagement and Understanding Measurement, Moderators, and Mechanisms of Change (moderator). The International Society for Research on Internet Interventions 13th Scientific Meeting San Diego CA, August 2025.
2. **Rubin, M.** Response Based Computation Across Stimulus Types and Tasks. Mikael Rubin (Chair) Enhancing Our Understanding of Attentional Processes through a Recently Developed Computational Lens: Response- Based Attention Bias. Talk presented at the Association for Psychological Science, San Francisco CA, May 2024.
3. **Rubin, M.** A Novel Mock-interaction Self-guided Exposure Paradigm for Social Anxiety. Impact Talks: How Psychologists Are Using Technology to Deploy Interventions. Talk presented at American Psychological Association, Washington DC, August 2023.
4. **Rubin, M.** The Role of Attentional Processes in Virtual Reality Exposure Therapy for Social Anxiety Disorder. Risa Weisberg (Chair). Evidence-Based Practice via Virtual Reality: Using Immersive Technology to Increase Access and Engagement. Talk presented at the Anxiety and Depression Association of America Conference, Washington DC, April 2023.
5. **Rubin, M**. A novel "mock-interaction" self-guided exposure paradigm for social anxiety. Justin Dainer-Best (Chair). Improving Mental Health Outcomes through Online Brief Mental Health Interventions. Talk accepted to the International Convention of Psychological Science (ICPS), 2023 (not presented).
6. **Rubin, M**. Exploratory and Confirmatory Bayesian Networks Identify the Central Role of Non-judging in Symptoms of Depression. Invited talk presented at the 10th annual *BayesiaLab* Conference, Online, October, 2022.
7. **Rubin, M.** & Telch, M.J. The Relationship Between Trauma and Attention Bias: A Network Analysis. In I. Galatzer-Levy (Chair). From Correlation to Causality: Network Analyses of

Stress Exposure and Posttraumatic Stress Symptoms. Talk presented at the 33rd International Society for Traumatic Stress Studies Annual Meeting, Chicago, IL, November 2017.

***Conference poster presentations (only first and mentored authored posters listed)***
**indicates mentee*

1. Talwar, K.* & **Rubin, M.** *Psychological Well-Being in Patients with Knee Osteoarthritis.* Poster presented at the Western Psychological Association annual meeting, May 2026.
2. Grant, C.*, Huynh, K.*, & **Rubin, M**. *Using Markov Models to Identify Pre-Treatment Attentional Profiles and Predict Treatment Outcomes in an Internet Based Intervention for Social Anxiety*. Poster presented at The International Society for Research on Internet Interventions 13th Scientific Meeting San Diego CA, August 2025
3. Grant, C.* & **Rubin, M**. *Attentional Avoidance is Distinctly Related to Interoceptive Awareness in a Non-Clinical Sample*. Poster presented at The American Psychological Association Meeting Denver CO, August 2025
4. Huynh, K.*, Caitlyn G.*, & **Rubin, M.** *Eye Movements During a Public Speaking Challenge: Using Immersive 360º-video to Examine Patterns of Attention in Social Anxiety.* Poster presented at the Anxiety and Depression Association of America Conference, Las Vegas NV, April 2025.
5. Burrows, D.* & **Rubin, M.** *Identifying Factors that may Enhance African Engagement in Mental Health Treatment.* Poster presented at the Association for Psychological Science, San Francisco CA, May 2024.
6. Garcia, T.* & **Rubin, M.** *Mindfulness based intervention approaches for Attention-Deficit/Hyperactivity Disorder (ADHD) may be more effective when tailored to ADHD subtypes.* Poster presented at the Association for Psychological Science, San Francisco CA, May 2024.
7. Hickson, R.* & **Rubin, M.** *Examining Heterogeneity of Attentional Processes in Social Anxiety Using Eye Movement Analysis with Hidden Markov Models.* Poster presented at the Anxiety and Depression Association of America Conference, Washington DC, April 2023.
8. **Rubin, M.**, Hayhoe, M., Telch, MJ. *Eye Movements During a Public Speaking Challenge: Using Immersive 360º-video to Examine Patterns of Attention in Social Anxiety.* Poster presented at the Anxiety and Depression Association of America Conference, Chicago, IL, March 2019.
9. **Rubin, M.**, Das, D., Hien, D., & Melara, R. *Spontaneous Blink Rate and Post-Traumatic Stress Disorder* poster presented at the Association for Psychological Science Annual Convention, Chicago, IL, May 2016.
10. **Rubin, M.**, Shvil, E., Papini, S., Markowitz, J.C., Mann, J.J., & Neria, Y. *Greater hippocampal volume is associated with better PTSD treatment response to prolonged exposure therapy* poster presented at the International Society for Traumatic Stress Studies Annual Meeting, New Orleans, LA, 2015.
11. **Rubin, M.**, Papini, S., Yoon, P., Prashad, N., Tsoi, F., Wittenbert, M., Ruglass, L., Fertuck, E., Melara, R., & Hien, D. *Language Use in Non-Trauma Narratives is Associated With PTSD Diagnosis and Symptom Severity Among Trauma-Exposed Individuals* poster presented at the American Psychiatric Association Annual Meeting, New York, NY, May 2014.
12. **Rubin, M.**, Das, D., Prashad, N., Tsoi, F., Papini, S., Hien, D., Fertuck, E., Ruglass, L., & Melara, R. *Distractibility suggests deficits in conflict adaptation in post-traumatic stress disorder* poster presented at the Association for Psychological Science Annual Convention, San Francisco, CA, May 2014.

## TEACHING EXPERIENCE

**Instructor, Palo Alto University**
Bayesian Statistics 2026

- Advanced statistics elective for doctoral psychology students

- Topics and approaches taught in R: Bayesian GLM and MLM with prior specification, appropriate family distributions, and Bayesian hypothesis testing. One lecture on DAGs and causal inference.

Structural Equation Modelling 2025

- Advanced statistics elective for doctoral psychology students
- Topics and approaches taught in R: Path analysis, latent variable modeling (CFA/ESEM), clustering and mixture modelling, and longitudinal modelling (LGCM)

Statistics III 2023-present

- Terminal required statistics course in the research methods and statistics sequence in the doctoral psychology program
- Taught 2 sections in 2023 (38 students), 3 sections in 2024 and 2025 (53 and 55 students, respectively), and 2 sections in 2026 (48 students)
- Topics and approaches taught in R: Linear regression with continuous and categorical variables, logistic regression, multilevel modelling, and approaches to missing data

Research Methods & Statistics I 2022

- First required course in the research methods and statistics sequence in the doctoral psychology program
- Taught 1 section (16 students)
- Research design, hypothesis testing, t-tests, correlation, and ANOVA

**Teaching Assistant, University of Texas at Austin** 2015-2018
Abnormal Psychology (PSY 352) massive online course Fall 2018
Industrial Organizational Psychology (PSY 340M) Spring 2018
Statistics and Research Design (PSY 418) Spring/Fall 2017
Emotion (PSY 365E) Fall 2016
Language Processing (PSY 387C) Spring 2016
History of Modern Psychology (PSY 341K) Fall 2015

**Teaching Assistant, City College of New York** 2013-2014
Psychology in the Modern World (PSY 10200) 2013, 2014

**Teaching Assistant, New York University** 2013
Human Behavior in the Social Environment (MSWPF-GS) Fall 2013

**Adjunct Lecturer, City College of New York** 2013
Brain, Mind, Experience (PSY 25400) Summer 2013

## MENTORSHIP

***Mentored Doctoral Students in Clinical Psychology***

| | | |
|---|---|---|
| 2025- | Elena Stuart | PAU |
| 2025- | Elizabeth Santos | PAU |
| 2025- | Angel Lee | PAU |
| 2024- | Zachary Andriella | PAU |
| 2024- | Bradley Chamberlin | PAU |
| 2024- | Coralea Lowe | PAU |
| 2023- | Dominic Burrows | PAU |
| 2023- | Caitlyn Grant | PAU |
| 2023- | Natalia Siegel | PAU |
| 2023- | Khyati Talwar | PAU |
| 2022- | Robert Hickson | PAU |

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| 2022-2026 | Tamara Garcia | PAU | |

***Mentored Research Assistants and Lab Coordinators*** ***Current Position***

| | | | |
|---|---|---|---|
| 2020-2022 | Mimi Oyeshack | St. Edwards | PhD candidate developmental psychology, UC Santa Barbara |
| 2020-2022 | Luna Malloy | UT Austin | Research specialist, University of Pittsburgh |
| 2019-2021 | Juanpablo Castillo | St. Edwards | MA candidate clinical psychology, UT Rio Grande Valley |
| 2018-2021 | Catherine Gebhardt | UT Austin | PhD candidate clinical psychology, Auburn University |
| 2018-2019 | Angel Bierce | UT Austin | Licensed Psychological Counselor |
| 2019-2020 | Jacob Sick | UT Austin | Behavioral Health Technician |
| 2017-2019 | Autumn Vick | UT Austin | PsyD candidate, Point Park University |
| 2018-2019 | Katie Foshee | UT Austin | LMSW, UT Austin |
| 2018-2019 | Elizabeth Hernandez | UT Austin | PhD candidate clinical psychology, UT Houston |
| 2018-2019 | Jonathan Thompson | UT Austin | DDS, UT San Antonio |
| 2017-2018 | Harrison Zhu | UT Austin | Baylor College of Medicine |
| 2017-2018 | Helen Vo | UT Austin | Continued undergraduate studies |
| 2016-2017 | Susan Shol | UT Austin | MSW, UT Austin |

***Other Mentees***

**Mentored through the 'Diverse Psychology' program at UT Austin*

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|---|---|---|---|
| 2020-2020 | Felicia Lu* | UT Austin | PhD candidate clinical psychology, UT Austin |

## PROFESSIONAL SERVICE

***Palo Alto University***

**Chair of Faculty Search Committee** 2026-present

**Faculty Senate Representative** 2023-present

**Statistics Comprehensive Exam Coordinator** 2024-present

**Director Statistical Consulting Center** 2025-2026

**Department Committees**
Curriculum Committee (Chair) 2022-present
Academic Training Committee (Chair) 2022-present

**Student Organization Faculty Advisor,** Palo Alto University 2022-2023
Meditation and Mindfulness Student Organization

***The University of Texas at Austin***

**Director of Student Affairs**, University of Texas at Austin 2020-2021
Graduate Student Assembly

**Health Agency Director**, University of Texas at Austin 2019-2020
Graduate Student Assembly

**Meditation Group Coordinator**, University of Texas at Austin 2016-2018

Psychology Department

**University Committees (graduate student representative)**
Open Data Subcommittee 2020-2021
Task Force on Student, Faculty, and Staff Mental Health and Well-being 2020-2020
Wellness Network Leadership Committee 2019-2021
Counseling and Mental Health Center Student Advisory Committee 2019-2021

***Austin Community Outreach***

**University of Texas Medical Reserves Corps**, Austin TX 2020-2021
Volunteer

***Service to the Field***

**International Society for Traumatic Stress Studies**
Data Committee Member 2025-present

**American Psychological Association**
Div 56 Science Committee Member 2025-present

**Exposure Therapy Consortium**
Rigor and Reproducibility Committee Member 2024-present

**Grant Review**
APF F.J. McGuigan Dissertation Award reviewer 2025
APF Pearsall reviewer 2022-2024

***Editorial Service***

**Consulting Editor** 2026-2027
Journal of Consulting and Clinical Psychology

**Guest Co-Editor (with Matthew Yalch)** 2025
"Applications of Machine Learning to the Study of Interpersonal Violence",
special issue of *Violence & Victims* (upcoming).

**Guest Co-Editor (with Donna Sheperis and Carl Sheperis)** 2025
"Artificial Intelligence in Mental Health and Counseling Practices",
special issue of *Behavioral Sciences* (upcoming).

**Associate Editor**
Journal of Medical Internet Research XR and Spatial Computing 2024-present

**Editorial Board Member**
Journal of Traumatic Stress 2024-present

**Ad-hoc Peer Review**
Behavior Research
BMC Psychiatry
Clinical Psychology & Psychotherapy
Cognitive Behaviour Therapy
Cognition & Emotion
Digital Health
European Journal of Psychotraumatology
Frontiers in Digital Health

International Journal of Psychology
IEEE Journal of Biomedical and Health Informatics
IEEE Transactions of Affective Computing
IEEE Transactions on Artificial Intelligence
JMIR Formative Research
JMIR Mental Health
Journal of Anxiety Disorders
Journal of Behavioral and Cognitive Therapy
Journal of Child and Adolescent Psychopharmacology
Journal of Psychiatric Research
Journal of Traumatic Stress
Journal of Vision
Mindfulness
NJP Digital Medicine
PLoS One
Psychological Medicine
Psychological Science
Scientific Reports

***Professional Memberships***

Anxiety and Depression Association of America
International Society for Traumatic Stress Studies
Association for Psychological Science
American Psychological Association
International Society for Research on Internet Interventions

## CLINICAL EXPERIENCE

***Licensed Clinical Psychologist, Private Practice, San Francisco CA*** 2024-present
License # 35280

***Brattleboro Retreat Psychiatric Hospital, Brattleboro VT*** 2021-2022
Pre-doctoral Intern; Supervisor: James Benton, Ph.D.

- Individual and group therapy as part of a Partial Hospitalization Program serving a large rural community via telehealth

***Anxiety and Stress Clinic, Austin TX*** 2020-2021
Practicum Therapist, Supervisor: Jasper Smits, Ph.D.

- Provided long-term evidence-based interventions and brief COVID-19 related stress-reduction intervention (BASIC) for individuals in the Austin community via telehealth

***Michael J. Telch & Associates, Austin TX*** 2019-2021
Practicum Therapist; Supervisor: Michael J. Telch, Ph.D.

- Provided long-term evidence-based interventions and short-term intensive treatments for individuals in the Austin community in person and via telehealth

***Counseling and Mental Health Center, Austin TX*** 2018-2019
Practicum Therapist; Supervisor: Mark Zetner, Ph.D.

- Provided brief evidence-based treatments in a university mental health center to undergraduate and graduate students
- Co-led Mindfulness-based group therapy for undergraduate and graduate students

***East Austin CommUnity Care (Behavioral Medicine)*** 2017-2018
Practicum Therapist; Supervisor: Jane Gray, Ph.D.

- Provided brief evidence-based intervention in a community pediatric primary care clinic to children and adolescents

***Psychology Training Clinic, Austin TX*** 2016-2017
Practicum Therapist; Supervisors: Martita A. Lopez, Ph.D. & Jasper A.J. Smits, Ph.D.
- Conducted intake interviews, SCID (IV & 5), WAIS-IV, MMPI-2
- Conducted individual CBT; Exposure/Response Prevention Therapy for OCD; Prolonged Exposure Therapy for PTSD; Interoceptive Exposure for Panic Disorder

***Clinical Training and Development***

**Cognitive Behavioral Therapy for Insomnia** (Dr. Donn Posner) 2021
- One-day workshop

**Written Exposure Therapy** (Dr. Youngsuk Kim) 2020
- One-day workshop

**Structured Clinical Interview for DSM-5** (Dr. Michael First) 2018
- Two-day workshop

**Prolonged Exposure Therapy** (Dr. Mark Powers) 2017
- Two-day workshop

**Motivational Interviewing** (Drs. Mary Velasquez & Jane Gray) 2017
- Two-day workshop

**Modular Approach to Therapy for Children** (Drs. Jane Gray & Sarah Kate Bearman**)** 2017
- Five-day workshop

## PROFESSIONAL SKILLS

***Statistical software***
R (advanced), MPLUS (intermediate), Python (intermediate), Matlab (basic), JASP, SPSS, SAS

***Other software***
Experiment Builder (for live eye tracking experiments), Gorilla (for online eye tracking experiments), Qualtrics (for online self-report data collection), PsyToolkit (for online reaction time experiments) LIWC (for language analysis), Microsoft Office, Adobe Suite (Photoshop, Premiere, After Effects)

***Hardware***
Eye Tracking: EyeLink (stationary), Oculus Rift SMI (virtual reality), HTC Vive Pro Eye (virtual reality), Pupil Labs (ambulatory)
Physio: eSense, corSense (heart rate and skin conductance); BioPac (EEG and skin conductance)

## OTHER PROFESSIONAL EXPERIENCES

**Statistical Consultant** 2023-present
Statistical consultation for research projects (specialty in longitudinal methods)
- Specific projects completed can be provided on request

**The University of Texas at Austin, Austin TX** 2016 - 2018
**University Writing Center**
Statistical Consultant; Supervisor: Roberts-Miller, Ph.D. 2016 - 2018
Writing Consultant; Supervisor: Roberts-Miller, Ph.D. 2016 - 2017