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Psychology Resources for Post-Baccalaureate Jobs, Graduate School, and Career Planning

Finding a postbaccalaureate research job in psychology can be time-consuming, difficult, and mysterious. This guide is intended to help demystify the process by providing a list of resources for finding paid positions, planning for graduate school, and thinking about a career in research.

Hopefully you find something useful here, and if you don't, consider checking out these other helpful guides, which may have resources that I've missed:

1. Resources for applying to postgraduate research positions in psychology
2. Post-bacc psychology jobs & internship resources

Applying to Postbaccalaureate Jobs and PhD Programs

Top Job Boards for Post Bacc RA and PhD search

1. Psych Job Wiki 2025-2026: Predocs (i.e., postbacc)
2. Psych Job Wiki 2025: Open Post-bacc Positions (To begin Fall 2026)
3. Post-Graduate Research Jobs (maintained regularly by Harvard Psychology Department)
4. PsychResearchList: Postbacc Jobs
5. SPSP Career Center

Other resources for applying to jobs and grad school

1. Undergraduate and Post College Resources
2. Advice for getting a post-baccalaureate research assistant position

Advice for PhD applicants

1. Harvard Psych PhD advising workshop
2. What does it take to get into grad school in clinical psychology?
3. APA grad school FAQs
4. APA "Becoming a Psychological Scientist" professional development video series

Cover Letter and Resume Resources

1. Good cover letter examples
2. Undergrad resumes and cover letters
3. Cover letters for postbac positions

Interview Prep for RA and PhD positions

1. RA interview questions
2. 25 RA interview questions
3. Harvard psych department panel on PhD applications - 56:10 "How do you recommend preparing for interviews?"

4. I have an interview, now what do I do?
5. PhD Interview Prep Slides
6. Psi Chi PhD interview advice

Planning for a Career in Research

Planning for a career in research can be hard to do, given how individualized our field is. What research questions should you pursue? How can you have the greatest positive impact when there are so many ways we can define impact? Below are some useful resources to get you thinking about this.

80,000 Hours Career Planning
80,000 hours is an organization that helps people think about how to do the most good with their careers. They offer free 1-on-1 career consulting calls where you talk with an expert about how to plan a high-impact career based on your skills and interests. I had a call with a career advisor a month before graduating college and found it very helpful.

80,000 Hours Resources: Academic Careers
1. General overview of why you should think about career impact
2. Which jobs help people the most?
3. Pursuing research as a high-impact career
4. Having an impact with academic research
5. High impact research questions, by discipline

Other resources: High Impact Psychology
A list of concrete research questions, projects, job opportunities, and other resources compiled by effective altruism/high impact psychology folks.
1. High Impact Psychology Website
2. Psychology related paid work ideas (pre-postgrad)
3. List of important psychology topics to study
4. Effective Thesis: Research Topics We Recommend
5. Potential Priority Areas Within Cognitive Sciences
6. Concrete Research Projects
7. Psychology for Effectively Improving the Future: A Research Agenda
8. How to do research that matters
9. Podcast: Michael Aird - How to Do Impact-Driven Research
10. How to do high-impact research (slides)