

Christopher K. Belous, PhD

Curriculum Vita

Associate Professor, MS in Couple & Family Therapy Program
PURDUE UNIVERSITY *Northwest*

Mailing Address
2200 169th St., IBCC-CFTC
Hammond, IN 46323

(219) 989-2938
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Education

- PhD 2012 Michigan State University, East Lansing, MI
Human Development and Family Studies, Couple and Family Therapy
Adviser: Richard S. Wampler, PhD
Dissertation: *Development of a Scale to Assess Same-Gender Relationships*
- MA 2009 Michigan State University, East Lansing, MI
Marriage and Family Therapy
Adviser: Tina Timm, PhD
Oral Defense: *Effective Treatment of Same Gender Couples*
- BA 2007 Central Michigan University, Mt. Pleasant, MI
Family Studies Major, Psychology Minor

Active Licenses & Certification

- LMFT 2020-Pres Licensed Marriage & Family Therapist, Illinois (#166.001427)
LMFT 2018-Pres Licensed Marriage and Family Therapist, Indiana (#35002025A)
LMFT 2013-Pres Licensed Marriage and Family Therapist, Georgia (#MFT001317)
CST 2019-Pres Certified Sex Therapist; AASECT (#1298741)
CSE 2017-Pres Certified Sex Educator; AASECT (#1298741)
AS 2013-Pres Approved Supervisor; AAMFT (#122477)
CFLE 2009-Pres Certified Family Life Educator; NCFR (#20091051)

Current Academic Position(s) @ Purdue University Northwest

Purdue University Northwest, Hammond, IN

MS in Couple & Family Therapy, Department of Behavioral Sciences

2022 – Present Director of Couple & Family Therapy*

**Summary title.* This position subsumes the separate duties of
Program Director and Clinical Director.

2018 – Present Associate Professor (Tenured)

2022 – 2022 Interim Program Director

2018 – 2022 Clinical Director

Previous Academic Positions

Mercer University School of Medicine, Atlanta, GA

Master of Family Therapy Program, Department of Psychiatry and Behavioral Sciences

2013 – 2018 Assistant Professor (Tenure Track)

2013 – 2017 Clinic Director

University of Akron, Akron, OH

Marriage and Family Therapy/Counseling Programs, Department of Counseling

2012 – 2013 Post-Doctoral Visiting Assistant Professor

Michigan State University, East Lansing, MI

Couple and Family Therapy Program, Department of Human Development and Family Studies

2009 – 2012 Clinic Coordinator, Couple and Family Therapy Clinic

2007 – 2012 Graduate Assistant (Research & Teaching)

Scholarly Experience

Research Interests: Sexuality, Sexual minority relationships, Assessment & Outcome, Training & Supervision

Academic Repository Networks and Profiles:

Google Scholar: <https://scholar.google.com/citations?user=7jmUhboAAAAJ&hl=en>

ORCID: <https://orcid.org/0000-0002-6280-7905>

ResearchGate: https://www.researchgate.net/profile/Christopher_Belous

Publons: <https://publons.com/researcher/3013813/christopher-k-belous/>

Written Publications

Peer Reviewed Publications (13)

*Student Co-Author at time of publication

Belous, C. K., & *Schulz, E. E. (In Press, 2022). The sex positivity scale: A new way to measure sex positivity as a trait. *Sexual & Relationship Therapy*.

Belous, C. K., *Langbartels, L., & *Weldon, A. (2021). Teaching sex therapy as a method of transformative learning: A mixed methods analysis of efficacy. *Sexual & Relationship Therapy, 36*(4), 480-494. DOI: 10.1080/14681994.2019.1676408

Belous, C. K., Wampler, R. S., & Ledford, B. L. (2021). Testing the Gay and Lesbian Relationship Satisfaction Scale with item response modeling. *Journal of Couple & Relationship Therapy, 20*(1), 1-14. DOI: 10.1080/15332691.2020.1746460

Lampis, J., De Simone, S., & **Belous, C. K.** (2021). Italian validation of the Gay and Lesbian Relationship Satisfaction Scale (GLRSS-It). *Journal of GLBT Family Studies, 17*(1), 49-62. DOI: 10.1080/1550428X.2020.1724844

↓ **Prior to Purdue University Northwest Appointment (9)** ↓

Twist, M. L. C., Maier, C. A., **Belous, C. K.,** & Bergdall, M. K. (2017). Considering technology-based ecological elements in Lesbian, Gay, and Bisexual partnered

- relationships. *Sexual & Relationship Therapy*, 32(3-4), 291-308. doi: 10.1080/14681994.2017.1397945
- Twist, M. L. C., Bergdall, M. K., **Belous, C. K.**, *Maier, C. A. (2017). Electronic visibility management of Lesbian, Gay, and Bisexual identities and relationships in young adulthood. *Journal of Couple and Relationship Therapy*, 16(4), 271-285. doi: 10.1080/15332691.2016.1238798
- Belous, C. K.**, & *Bauman, M. L. (2017). What's in a name? Exploring pansexuality online. *Journal of Bisexuality*, 17(1), 58-72. doi: 10.1080/15299716.2016.1224212
→ Republished as Chapter 4 within:
Flanders, C. E. (Ed). (2019). *Under the bisexual umbrella: Diversity of identity and experience*. Florence, KY: Routledge.
- *Bauman, M. L., & **Belous, C. K.** (2016). Using symbolic-experiential family therapy to treat adjustment disorder: A case study. *American Journal of Family Therapy*, 44(5), 285-300. doi: 10.1080/01926187.2016.1231599
- Belous, C. K.**, & Wampler, R. S. (2016). Development of the gay and lesbian relationship satisfaction scale (GLRSS). *Journal of Marital and Family Therapy*, 42(3), 451-465. doi: 10.1111/jmft.12158
- Belous, C. K.** (2015). Couple therapy with lesbian partners using an affirmative-contextual approach. *American Journal of Family Therapy*, 43(3), 269-281. doi: 10.1080/01926187.2015.1012234
- Belous, C. K.**, Wampler, R. S., & *Warmels-Herring, T. (2015). Gay male adaptation in the coming out process. *Journal of Gay & Lesbian Mental Health*, 19(1), 55-71. doi: 10.1080/19359705.2014.921265
- Belous, C. K.**, Topor, J. A., & *Gorton, S. G. (2013). Internship as mentorship: A brief report of undergraduate mentoring from a COAMFTE-accredited couple and family therapy program. *Family Science Review*, 18(2), 77-88.
- Belous, C. K.**, Timm, T. M., Chee, G., & Whitehead, M. (2012). Revisiting the sexual genogram. *American Journal of Family Therapy*, 40(4), 281-296. doi: 10.1080/01926187.2011.627317.

National Guidelines/White Papers (1)

- Hartwell, E. E., **Belous, C. K.**, Benson, K., Cox, L., Iantaffi, A., McGeorge, C. R., Shipman, D., & Twist, M. L. C. (2021). Clinical guidelines for LGBTQIA-affirming marriage and family therapy. *American Association for Marriage & Family Therapy*. Alexandria, VA.

Editorials (3)

- Belous, C. K.** (2022). Sex satisfaction – Science? Or fathomed? Clinical Reviews Editorial. *Sexual and Relationship Therapy*, 37(2), 153-156. DOI: 10.1080/14681994.2022.2074212
- Belous, C. K.** (2022). Highlighting sexual potential with sexual locations. Clinical Reviews Editorial. *Sexual and Relationship Therapy*, 37(1), 7-10. DOI: 10.1080/14681994.2022.2034214
- Belous, C. K.** (2021). Discovering connections. Clinical Reviews Editorial. *Sexual and Relationship Therapy*, 36(4), 313-317. Doi: 10.1080/14681994.2021.1996856

Book Contributions (8 + 1)

Addison, S., & **Belous, C. K.** (accepted, in preparation). Queering Gottman Method Couples Therapy. In E. Hartwell & L. Edwards (Eds.) *Queer-Contextualizing Family Therapy: Radically Inclusive Theory and Practice*. Routledge.

↓ **Prior to Purdue University Northwest Appointment (8)** ↓

Smith, C. P., & **Belous, C. K.** (2018). Solution focused brief therapy with system induced trauma/retraumatization. In A. Froerer, J. von Cziffra-Bergs, J. Kim, & E. Connie (Eds.), *Solution Focused Brief Therapy and Trauma*.

Belous, C. K. (2018). Richard Wampler. In J. Lebow, A. Chambers, & D. Breunlin (Eds.), *Encyclopedia of Couple and Family Therapy*.

Belous, C. K., & Smith, C. P. (2017). Multiple/invented reality in family systems theory (pp. 1-2). In J. Lebow, A. Chambers, & D. Breunlin (Eds.), *Encyclopedia of Couple and Family Therapy*. New York, NY: Springer. Doi: 10.1007/978-3-319-15877-8_338-1

Belous, C. K. (2016). Sexual orientation, attraction, and identity. In J. Carlson & S. Dermer (Eds.), *SAGE Encyclopedia of Marriage, Family, and Couples Counseling* (pp. 1541-1543). Thousand Oaks, CA: SAGE. doi: 10.4135/9781483369532.n463

Belous, C. K. (2016). Clinician-directed, solution focused supervision. In J. Carlson & S. Dermer (Eds.), *SAGE Encyclopedia of Marriage, Family, and Couples Counseling* (pp. 271-274). Thousand Oaks, CA: SAGE. doi: 10.4135/9781483369532.n84

Belous, C. K. (2016). Therapeutic assessment. In J. Carlson & S. Dermer (Eds.), *SAGE Encyclopedia of Marriage, Family, and Couples Counseling* (pp. 1694-1696). Thousand Oaks, CA: SAGE. doi: 10.4135/9781483369532.n507

Belous, C. (2010). World creation intervention. In L. Lowenstein (Ed.), *Creative family therapy techniques: Play, art, and expressive activities to engage children in family sessions* (pp. 281-283). Toronto, Canada: Champion Press.

Belous, C. (2009). Primer on family theories and research methods: An introduction. In M. Corey (Ed.), *The family: A global and ecological perspective, Special edition for Michigan State University* (pp. 28-40). Upper Saddle River, NJ: Pearson Publishing.

Handbooks and Manuals (6 Original + Multiple Updates)

Belous, C. K. (Ed.). (2021) *PNW Couple & Family Therapy Center Policy & Procedure Manual*. Hammond, IN: Purdue University Northwest Couple & Family Therapy Center. Self-Published.

Substantial update, due to COVID-19 & reformatting/policy changes

Belous, C. K. (Ed.). (2019, 2020). *Clinical intern handbook: Guidance, policies, and procedures for the Couple & Family Therapy Center*. Hammond, IN: Purdue University Northwest Couple & Family Therapy Center. Self-Published.

Updated & expanded from previous version, added in several sections and re-wrote for clarification approximately 50% of the handbook

↓ Prior to Purdue University Northwest Appointment (4) ↓

Belous, C. K. (2017). *Clinical intern handbook*. Atlanta, GA: Mercer University School of Medicine. Self-Published.

[First Edition, never existed prior to this publication]

Belous, C. K. (2011). *Coordinator's Manual*. East Lansing, MI: MSU Couple and Family Therapy Clinic. Self-Published.

[First Edition, never existed prior to this publication]

Belous, C. K. (2011). *Undergraduate Intern Manual*. East Lansing, MI: MSU Couple and Family Therapy Clinic. Self-Published.

[First Edition, never existed prior to this publication]

Belous, C. K., & Wampler, R. S. (2010 & 2011). *Therapist Manual* (2nd Edition; First Edition: 2010). East Lansing, MI: MSU Couple and Family Therapy Clinic. Self-Published.

[First Edition, never existed prior to this publication]

Presentations

National/International (35+4)

*Student Co-Presenter

Belous, C. K. (under review). *DRAG capitalism or drag CAPITALISM?* Panel Discussion. American Association of Sex Educators, Counselors, and Therapists Annual Conference.

*Dal Santo, M., & **Belous, C. K.** (under review). *Queer Theory???* << emoji with two hands up and confused look >>. Poster Presentation. American Association of Sex Educators, Counselors, and Therapists Annual Conference.

*McLeod, O. & **Belous, C. K.** (under review). *Intimate partnership and the gender spectrum: A review of gender exploration within queer couples*. Poster Presentation. American Association of Sex Educators, Counselors, and Therapists Annual Conference.

*Benge, J. & **Belous, C. K.** (under review). *Effective sex education for future systemic therapists*. Poster Presentation. American Association of Sex Educators, Counselors, and Therapists Annual Conference.

Belous, C. K. (October, 2022). *Affirming sex therapy & permission based sex therapy approaches*. Workshop. University of Guelph Intensive Sex Therapy Institute. Virtual presentation.

*Setzekorn, M. & **Belous, C. K.** (June 2022). *Eliminating barriers to transgender and non-binary affirmative therapy*. Workshop. Queer & Trans Advocacy Network of AAMFT. Virtual Conference.

Belous, C. K. & *Schulz, E. E. (June 2022). *Uniquely Overlapping: How distinct specialties of sexology intersect and stand alone*. Poster Presentation. American Association of Sex Educators, Counselors, and Therapists Annual Conference. Virtual Conference.

*Schulz, E. E., & **Belous, C. K.** (June, 2021). *Queer Islands: How to take care of yourself and exist when it feels like you're alone*. Workshop. Queer & Trans Advocacy Network of AAMFT. Virtual Conference.

- Belous, C. K.,** & Schulz, E. E. (April, 2021). *Sex positivity, political affiliation, ideology, & religion: New information on the dystopian connection*. Poster Presentation. Society for Sex Therapy & Research Annual Conference. Virtual Conference.
- Belous, C. K.,** Stein, S., & Garcia, E. (June, 2019). *Can we talk about that? The unsuspecting role of permission in effective sex therapy*. Workshop. American Association of Sex Educators, Counselors, and Therapists Annual Conference. Philadelphia, PA.
- *Stein, S., & **Belous, C. K.** (June, 2019). *Sexuality on standbi: Experiences of bi-erasure in different-gendered relationships*. Workshop. American Association of Sex Educators, Counselors, and Therapists Annual Conference. Philadelphia, PA.
- Belous, C. K.,** & *Begley, L. (June, 2019). *The representation of trans* bodies in research*. Poster presentation. American Association of Sex Educators, Counselors, and Therapists Annual Conference. Philadelphia, PA.
- Belous, C. K.,** & Heuwagen, S. E. (September, 2018). *Best practices in sex therapy*. Workshop. Sex Down South Annual Conference, Atlanta, GA.
- Belous, C. K.,** & Heuwagen, S. E. (September, 2018). *Current advances in sex education for adults*. Workshop. Sex Down South Annual Conference, Atlanta, GA.
- ↓ Prior to Purdue University Northwest Appointment (25) ↓
- Belous, C. K.** (February, 2018). *Working with LGBTQ+ populations*. Invited Workshop. Action Council for Cross Cultural Mental Health and Human Services Annual Conference, Myrtle Beach, SC
- Belous, C. K.** (November, 2017). *Talking about sex: Micro-activism in non sex positive spaces*. Sex Down South Mini Bang: SEXxATL Ted Talks, Atlanta, GA.
- Heuwagen, S. E., & **Belous, C. K.** (October 2017). *Effectively working with sexual assault void of bias*. Workshop. American Association for Marriage and Family Therapy 2017 Annual Conference, Atlanta, GA.
- Froerer, A. S., Smith, C. P., & **Belous, C. K.** (October, 2017). *Postmodern ethics in an era of black and white*. Workshop. American Association for Marriage and Family Therapy 2017 Annual Conference, Atlanta, GA.
- Belous, C. K.,** Smith, C. P., Froerer, A. S., & Moore, D. D. (November 2016). *Revisoning our work with families: Considering social justice in the human experience*. Roundtable. National Council on Family Relations Annual Conference, Minneapolis, MN.
- Belous, C. K.,** & *Bauman, M. L. (November 2016). *What's in a name? Exploring pansexuality in popular culture*. Poster Presentation. National Council on Family Relations Annual Conference, Minneapolis, MN.
- *Bauman, M. L., & **Belous, C. K.** (November, 2016). *The treatment of adjustment disorder: A symbolic-experiential case study*. Paper Presentation. National Council on Family Relations Annual Conference, Minneapolis, MN.
- Belous, C. K.,** *Lopez-Tavira, A., & *Tidwell, D. M. (October, 2016). *Exploring the landscape of your sexuality through art*. Workshop. Sex Down South Annual Conference, Atlanta, GA.
- Twist, M. L. C., **Belous, C. K.,** *Maier, C., & *Bergdall, M. (November 2015). *Technology-based ecological elements in Lesbian, Gay, and Bisexual partnered relationships*. Poster Presentation. Society for the Scientific Study of Sexuality Annual Conference, Albuquerque, NM.

- Belous, C. K.** & *Heuwagen, S. E. (November 2015). *Blogs and bytes: Digital technology as a method of advocacy*. Poster Presentation. Society for the Scientific Study of Sexuality Annual Conference, Albuquerque, NM.
- Belous, C. K.**, *Stutts, N., & *Attridge, P. R. (November 2015). *Characteristics of same-gender relationships in Longer-term dyads: A phenomenological study*. Workshop. Society for the Scientific Study of Sexuality 2015 Annual Conference, Albuquerque, NM.
- Belous, C. K.** (November 2015). *Teaching sex therapy as a method of transformative learning*. Paper Presentation. Society for the Scientific Study of Sexuality Annual Conference, Albuquerque, NM.
- Belous, C. K.** (October 2015). *Where's the Love? Positively having sex with yourself*. TED-Style Talk. Sex Down South Annual Conference, Atlanta, GA.
- *Heuwagen, S. E., & **Belous, C. K.** (October 2015). *Sex positivity through blogging and social media*. Workshop. Sex Down South Annual Conference, Atlanta, GA.
- Belous, C. K.**, & Moore, D. D. (September 2015). *Clinician directed, solution-focused supervision*. Workshop. American Association for Marriage and Family Therapists, Annual Conference – Austin, TX.
- Belous, C. K.**, & Seedall, R. (September 2015). *Experiences in doctoral research training*. Poster Presentation. American Association for Marriage and Family Therapists, Annual Conference – Austin, TX.
- Belous, C. K.**, & Wampler, R.S. (November, 2013). *Initial development of the Scale for Assessing Same-gender couple satisfaction*. Paper presentation. National Council on Family Relations Annual Conference, San Antonio, TX.
- Wampler, R.S. & **Belous, C. K.** (November, 2013). *An Item Response Theory analysis of the Scale for Assessing Same-gender Couples*. Paper presentation. National Council on Family Relations Annual Conference, San Antonio, TX.
- Belous, C. K.**, *Moore, A. M., *East, M. K., & *Headley, J. (October, 2013). *LGBTIQQ affirmative counseling: Promoting advocacy and social justice*. Workshop. Association for Counselor Education and Supervision Annual Conference, Denver, CO.
- Belous, C. K.**, Wampler, R. S. (October, 2013). *Development and validation of the supervision evaluation assessment*. Workshop. Association for Counselor Education and Supervision Annual Conference, Denver, CO.
- Wampler, R.S., Shimabukuro-Naigi, S., & **Belous, C. K.** (November, 2012) *Mediators of perceived maternal criticism in Okinawan children*. Poster presentation. National Council on Family Relations Annual Conference, Phoenix, AZ.
- Belous, C. K.**, Whitehead, M., Chee, G., & Timm, T. (November, 2011). *Revisiting the sexual genogram*. Poster presentation. National Council on Family Relations Annual Conference, Orlando, FL.
- Topor, J. A., & **Belous, C. K.** (November, 2011). *Evaluating client outcome correlated with therapist prognosis at conclusion of treatment*. Poster presentation. National Council on Family Relations Annual Conference, Orlando, FL.
- Belous, C. K.** (November, 2010). *Effective treatment of same gender couples using a contextual approach*. Poster presentation. National Council on Family Relations Annual Conference, Minneapolis, MN.
→Winner of the 2010 Family Therapy Section Poster Award.

Belous, C. K. (November, 2010). *The interactive sex history questionnaire*. Poster presentation. National Council on Family Relations Annual Conference, Minneapolis, MN.

State/Local (20)

*Student Co-Author at time of Presentation

Belous, C. K. (October, 2022). *Sexology and the ever changing landscape of the profession*. Lunch & Learn workshop (invited) presented to Indiana Association for Marriage & Family Therapy. Presented virtually.

Belous, C. K. (October, 2022). *The intersection of LGBT Identities & Mental Health*. Invited speaker as keynote training for the Diversity, Equity, and Inclusion committee of Baker College, MI. Hosted virtually, physical location is Flint, MI.

Belous, C. K. & *Weldon, A. (April, 2019). *Feminist pedagogy – modified critical discourse or advocacy gone awry?* Presentation at the Annual Midwest Scholarship of Teaching and Learning Conference. South Bend, IN.

↓ Prior to Purdue University Northwest Appointment (17) ↓

Belous, C. K. (November, 2017). *Working with trans* and non-gender binary populations*. Invited Presentation/Plenary. Georgia Association for Marriage and Family Therapy. (CEU Workshop: 2 CEU's Provided). Macon, GA.

Belous, C. K. (October, 2017). Self care. Invited Presentation. *Georgia Prosecuting Attorney's Council In-service Case Manager Staff Training*. Morrow, GA.

Belous, C. K., Froerer, A. S., & Smith, C. P. [Equal Co-Authorship] (April, 2017). *Treating ourselves better: Resilience, awareness, and inner strength*. Invited Presentation/Plenary. Georgia Prosecuting Attorney's Annual Conference, Pine Mountain, GA.

Belous, C. K. (February, 2017). *Clinical sexology*. Invited Presentation/Plenary. North Metro Chapter of the Georgia Association for Marriage and Family Therapy. (CEU Workshop, 3 CEU's Provided). Alpharetta, GA.

Belous, C. K. (February, 2017). *Becoming a sex therapist*. Invited Presentation/Plenary. Kennesaw State University Women, Gender, and Sexualities Program, Kennesaw, GA.

Belous, C. K., Froerer, A. S., & Smith, C. P. [Equal Co-Authorship] (September, 2016). *Vicarious trauma, compassion fatigue, and burnout*. Invited Presentation/Plenary. Georgia Commission on Family Violence – Annual Family Violence Conference, Jekyll Island, GA.

Belous, C. K., Froerer, A. S., & Smith, C. P. [Equal Co-Authorship] (April, 2016). *Advocate self-care*. Invited Presentation/Plenary. Prosecuting Attorney's Council of Georgia - Victim Witness Assistance Personnel Annual Conference, Young Harris, GA.

Belous, C. K. (January, 2016). *Sex Therapy 101*. Invited Presentation/Plenary. Metro-Atlanta Chapter of the Georgia Association for Marriage and Family Therapy. (CEU Workshop, 2 CEU's Provided). Atlanta, GA.

Belous, C. K., Gallant J. P., & Smith, C. P. [Equal Co-Authorship] (March, 2015). *Vicarious trauma and burnout*. Invited Presentation/Plenary. Cherokee Family Violence Center (In-service Training), Cherokee County, GA.

- Belous, C. K.**, Froerer, A. S., Moore, D. D., & Smith, C. P. [Equal Co-Authorship] (March, 2016). *Re-visioning our work with families: Considering social justice in clinical/therapeutic treatment*. Grand Rounds - Dept. of Psychiatry and Behavioral Sciences, Mercer University School of Medicine, Macon, GA.
- *Sullivan, K., *Wootton, K., *Luyster, S., & **Belous, C. K.** (April, 2013). *Review of LGBT rape crisis intervention programs*. Poster presentation. Graduate Council for Research on Women Annual Conference, Akron, OH.
- Belous, C. K.**, Whitehead, M., Chee, G., & Timm, T. (April 2011). *Revisiting the sexual genogram*. Michigan Association for Marriage and Family Therapy State Conference, East Lansing, MI.
- *Nichols, E., *Warmels-Herring, T., *Johnson, E., *Randall, L., & **Belous, C. K.** (April 2011). *Defining relationships between client characteristics in a university-based couple and family therapy clinic*. Michigan Association for Marriage and Family Therapy State Conference, East Lansing, MI.
- Belous, C.** (April 2010). *A collaborative approach to sex history taking: The interactive sex history questionnaire*. Michigan Association for Marriage and Family Therapy State Conference, East Lansing, MI.
- Belous, C.** (April 2010). *Using contextual therapy as a model for therapy with lesbian couples*. Michigan Association for Marriage and Family Therapy State Conference, East Lansing, MI.
- Ramisch, J. L., **Belous, C.**, & Topor, J. (March 2010). *The Ramisch parent assessment: The development of an assessment for parents that have children with autism*. Graduate Academic Conference, Michigan State University, East Lansing, MI.
- Belous, C.** (March 2008). *Infidelity: Where we are now, and where we need to be*. Michigan Association for Marriage and Family Therapy State Conference. East Lansing, MI.

Other Publications (8)

±Denotes peer-reviewed

*Student Co-Author

- ±Schulz, E. E. & **Belous, C. K.** (2021, invited). Book Review: Gambescia, N., Weeks, G. R., & Hertlein, K. M. (2020). *A clinician's guide to systemic sex therapy*. 3rd Edition. Routledge. ISBN: 978-0367228064
- ±**Belous, C. K.**, & *Kingzette, A. (2021, invited). Book Review: Kauppi, M. (2021). *Polyamory: A clinical toolkit for therapists (and their clients)*. Rowman & Littlefield Publishers. ISBN: 978-1538129890.

↓ Prior to Purdue University Northwest Appointment ↓

- ±**Belous, C. K.** (2014). Lee, R. E. , & Nelson, T. S. (2013). Book Review: The contemporary relational supervisor. New York: PB - Routledge , 228 pp., \$49.95. *Journal of Marital and Family Therapy*, 40(3), 402–403. doi:10.1111/jmft.12060
- Belous, C. K.**, & Topor, J. A. (Summer, 2013). Review of *Close Relationships* by Pamela Regan. Submitted to *CFLE Network*, Summer 2013 Edition.
- Belous, C.** (2010). Adolescence: Troubles and changes – Advice from a family therapist. *Invited Contribution to a Training Manual for Camp Staff – Michigan High School Principal's Association*. Private Publication of MHSPA, East Lansing MI.

- Belous, C. K.** (2010). A view of the AAMFT national conference, 2010. *The Michigan Mentor: Newsletter of the Michigan Association for Marriage and Family Therapy* (Electronic Newsletter), October, 2010.
- Belous, C.** (2010). Review of *M & F* by Knox and Schacht. *CFLE Network*, 21.4, Winter 2010 Edition.
- Belous, C.** (2008). The African American experience in family therapy: Expertise from Nancy Boyd-Franklin. *The Michigan Mentor: Newsletter of the Michigan Association for Marriage and Family Therapy* (Electronic Newsletter), May 2008.

Grant Experience

Funded (Total to Date; \$52,334)

* Asterisk denotes student co-author/investigator

ACTIVE

\$25,000 Jackson, N. F. [PI], & **Belous, C. K.** [Co-PI] (Awarded, Fall 2022). *Invest in Education: Prevent a wrongful conviction*. Legacy Foundation, Transform Lake County.

COMPLETED

\$3,750 **Belous, C. K.** [PI], & Schulz, E. E. (Awarded, Summer 2021). *Strengthening community mental health resources and access through advancing technology*. High-Impact Community Engagement Practices Grant Program, Indiana Campus Compact.

\$3,750 **Belous, C. K.** [PI]. (Awarded, Summer 2020). *American sex, today: A cross-sectional national survey examining the sexual satisfaction, attitudes, beliefs, values, and activities of the US population*. CHES Summer Faculty Scholarship Award, Purdue University Northwest.

\$3,739 Hynes, K. C. [PI] & **Belous, C. K.** [Co-PI]. (Awarded, 2020 CY). *Couple & Family Therapy Center Multimodal Research Archive*. Exploratory Grant, Office of Research, Purdue University Northwest.

↓ Prior to Purdue University Northwest Appointment (7 / \$16,095) ↓

\$3600 **Belous, C. K.** [PI] (Awarded, 2017-2018 FY). *Current clinical trends, experiences, and practices of licensed or certified sex therapists*. Faculty Seed Grant, Provost's Office, Mercer University.

\$3500 **Belous, C. K.** [PI] (Awarded, 2015-2016 FY). *Extension/Resubmission: Examining characteristics of same-gender couple relationships*. Faculty Seed Grant, Provost's Office, Mercer University.

\$3395 **Belous, C. K.** [PI] (Awarded, 2014-2015 FY). *Examining characteristics of same-gender couple relationships*. Faculty Seed Grant, Provost's Office, Mercer University.

\$3400 **Belous, C. K.** [PI] (Spring/Summer 2012). *Development of a scale to assess same-gender relationships*. Competitive dissertation fellowship, Department of Human Development and Family Studies, Michigan State University.

- \$950** **Belous, C. K.** [PI] (Spring 2011). *Gay male adaptation in the coming out process*. Kenneth E. and Marie J. Corey Research Enrichment Fund Award. College of Social Science, Michigan State University.
- \$750** **Belous, C. K.**, [PI] & Wampler, R. [Co-PI] (Spring, 2010). *Out of one closet and into another: Research into gay identity formation*. Dean's Office Research Enrichment Fellowship. College of Social Science, Michigan State University.
- \$500** **Belous, C.** [PI] (Spring, 2009). *Student opinion of interactive teaching strategies*. Department of Interdisciplinary Studies, College of Social Science Graduate Assistant Teaching Award Fellowship, Michigan State University.

Graduate Student Mentored in Grant Funding

ACTIVE

- \$1,500 De Sevilla, C. (2022). *Exploring the lived experiences of pregnant grad students*. CHESS Research Award.

COMPLETED

- \$375 Triplett, N. (2021). *Intrafamilial relational dynamics across permutations of the homeschooling family: A family systems perspective*. PNW Graduate Research Award Grant.
- \$2,000 Schulz, E. E. (2020). *Mindfulness and sex toys to close the orgasm gap*. PNW Graduate Research Award Grant.
- \$2,000 Palmer, E. (2020). *Using the Riso-Hudson Enneagram Type Indicator as a predictor of couple and sexual satisfaction*. PNW Research Award Grant.

Applied, Under Review, or Not Funded

- \$1,500 **Belous, C.** (PI). (2023, Under Review December 2022). *Reinvigoration of Play Therapy Materials for the Advancement of Family Functioning & Wellbeing*. Hammond Community Corporation Grant.

Mentoring

Graduate Student Committee Membership & Service

Purdue University Northwest

- 2023 Carolina De Sevilla, MEd
 Thesis Title: *Exploring the lived experiences of pregnant grad students*
 Status: Preparing Proposal
 Role: Chair
 Awards: \$1,500 CHESS Research Award
- 2023 Delanie Skaja, BS
 Thesis Title: *The interplay between disordered eating, self-esteem, & sex*
 Status: Preparing Proposal
 Role: Chair

- 2021 Alexia Kingzette, BA
 Thesis Title: *An exploration of relational therapy practices used with consensually nonmonogamous clients*
 Status: Successful Defense, November 2021 - Graduated
 Role: Committee member
- 2021 Nicholas Triplett, BS
 Thesis Title: *Intrafamilial relational dynamics across permutations of the homeschooling family: A family systems perspective.*
 Status: Successful Defense, November 2021 - Graduated
 Role: Chair
 Awards: \$375 PNW Graduate Research Award
- 2021 Samantha Peachey, BA
 Thesis Title: *Examining Sexual and Relationship Satisfaction as Influenced by the Connection Between Sex Positivity and Perceived Discrimination for Sexual Minority Couples*
 Status: Successful Defense, Graduated May 2021
 Role: Committee Member, Content Expert / CFT
- 2021 Sydney VanderTuin, BS
 Thesis Title: *Let's Talk about Sex Guilt: The Impact of Religion on Sexual Guilt, Relationship and Sexual Satisfaction, and Sexual Behavior and Attitudes in Women*
 Status: Successful Defense, Graduated May 2021
 Role: Committee Member, Content Expert / CFT
 Awards: \$2,000 PNW Graduate Research Award Grant (20-21)
- 2020 Phyllis Agyapong, BS
 Thesis Title: *Examining the relationship between parental sex education, religiosity, and sex positivity in first- and second-generation African immigrants.*
 Status: Successful Defense, Graduated December 2020
 Role: Committee Member, Content Expert / CFT
- 2020 Tori DiBona, BA
 Thesis Title: *Influence of Pornography Use and Acceptance Typology on Same-Sex Couple Relationship and Sexual Satisfaction*
 Status: Successful Defense, Graduated December 2020
 Role: Committee Member, Content Expert / CFT
- 2020 Sierra Stein, BS
 Thesis Title: *Sexuality on Standbi: Experiences of Bi-Erasure in Different-Gendered Relationships*

Status: Successful Defense, Graduated May 2020
Role: Committee Member, Content Expert / CFT

2020

Kristina Fairbanks, BS

Thesis Title: *An examination of couple's comfort communicating emotionally charged topics as it relates to couple satisfaction and sexual satisfaction*

Status: Successful Defense, Graduated May 2020
Role: Committee Member, Content Expert / CFT

2020

Kaitlyn Gantz, BA

Thesis Title: *How social media use determines relationship satisfaction, sexual satisfaction, and self-esteem*

Status: Successful Defense, Graduated May 2020
Role: Committee Member, Content Expert / CFT

2019

Alexandra Gillespie, BS

Thesis Title: *Effects of Pornography Attitudes and Use on Self Esteem, Sexual Satisfaction, and Relationship Satisfaction*

Status: Successful Defense, Graduated Fall 2019
*Enrolled/Attending Utah State University, PhD in CFT
Role: Committee Member, Content Expert / CFT

2019

Crystal Niemeyer, BS

Thesis Title: *Number of Sexual Partners Predicting Self-Esteem, Sexual Satisfaction, and Sexual Self-Efficacy*

Status: Successful Defense; Graduated Fall 2019
Role: Committee Member, Content Expert / CFT

Outside University Experience of Mentorship / Service on Graduate Committees

2022

Caitlyn Burns, MS

University: Antioch University New England

Program: PhD in Couple & Family Therapy

Dissertation: *How dominant discourses about monogamy impact relational therapy providers as they conceptualize cases and create treatment plans*

Status: In final stages of proposal development

Role: Outside Committee Member, Methods/Results Consultant

Invited Presentation on Mentoring

April, 2019

Begley, L., & **Belous, C.** The supervision/mentoring experience – A panel
→ Invited to discuss the supervision mentoring experience with a current mentee for the PNW Days of Discovery local research conference.

Teaching Experience & Credentials

Teaching Certifications & Professional Development

ACUE	2020	Certificate in Effective Teaching Practices; ACE-ACUE
CCT	2009	Certificate in College Teaching, Social Sciences; MSU

Courses Taught at Purdue University Northwest

Note: My administrative assignments afford .50 FTE course release (2 courses) per semester for Clinical Director from Fall 2018 to Spring 2022, and .25 FTE course release per semester for Program Director in Spring 2022. From Summer 2022-onward, I am on a 12 month 1.0 FTE contract, with a maximum teaching load of 4 courses split between Fall and Spring Semesters (no minimum and can be 0 based on administrative or program need), with only optional courses in the summer.

CFT 63000 Ethics & Professional Identity for Couple & Family Therapists
CFT 59000 Special Problems in Couple & Family Therapy (Independent Study)
CFT 60000 Basic Skills in Systemic Therapy
CFT 67500 Practicum in Couple & Family Therapy
CDFS 64500 Couples & Sex Therapy
CDFS 68100 Psychopathology & Behavior Disorders
CDFS 66900 Practicum in MFT
CDFS 69800 Research in MS Thesis
HDFS 34601 Sexuality, Intimacy, and Family Life (Undergraduate)

Courses Taught at Mercer University (2013-2018)

Assessment & Diagnosis in Family Therapy
Couples Therapy (New Curriculum Design)
Couples & Sex Therapy
Family Research Methods
Foundations in Family Studies
Human Sexuality (New Curriculum Design)
Methods of Family Therapy
Practicum I (Pre-Practicum)
Practicum in Family Therapy
Family Systems Tutorial (Neuro Unit, Med School)

Courses Taught at the University of Akron (2012-2013)

Pre-Practicum in MFT
Internship in MFT
Practicum in MFT
Marital Therapy
Issues in Sexuality for Counselors
Tests and Appraisals in Counseling

Courses Taught at Michigan State University (2007-2012)

As instructor of Record:

The Individual, Marriage, and the Family (3 Times; Online, 50+)

Individual Development over the Lifespan (2 Times; Large Lecture 200+)
As Graduate Teaching Assistant:
Family Ecology in Global Perspective (8 Times, Large Lecture 200+)

Clinical Experience

NPI Number: 1710317615

The Black Sheep Institute, LLC; Hammond, IN

CEO; Therapist, Supervisor, Consultant and Educator, June 2018 – Present

- Provide therapy services to underserved populations
- Supervision and Consultation Services for those seeking licensure as a Marriage and Family Therapist, or beginning practices/agencies that need help with documentation, business systems or technology
- Providing educational programming, CEU's, and community events

Private Practice in Atlanta, GA

Consultant, Educator, and Supervisor, August 2014 – July 2018

- Provide clinical supervision toward therapists seeking full license in Georgia
- Provide supervision mentorship for those seeking Approved Supervisor status with the American Association for Marriage and Family Therapy,
- Provide community-based training, consultation, and educational events related to therapy, business, and practice management

Mercer Family Therapy Center, Atlanta @ Mercer University in Atlanta, GA

Supervisor, August 2013 – Present

- Oversee and supervise live cases, provide individual and group supervision

Clinic for Individual and Family Counseling @ University of Akron in Akron, OH

Supervisor, August 2012 – August 2013

- Supervised master's practicum and internship students, live individual and group supervision

MSU Couple and Family Therapy Clinic @ Michigan State University in East Lansing, MI

Supervisor-in-Training, August 2010 – August, 2012

- Supervised beginning doctoral students in a mentoring capacity
- Oversaw and supervised live cases, provided individual and group supervision

Couple and Family Therapy Clinic Coordinator, May 2010 – May 2012

- Responsible for the general day-to-day running of a student clinic
- Primary responsibility for: Intakes, budgeting, supervision of interns, payables and receivables, scheduling, marketing, technology, and database administration

Therapist, August 2007 – August 2011

- Provided individual, couple and family therapy to a diverse set of clients
- Supervised by AAMFT Approved Supervisors

Families in Transition Program Coordinator, August 2009 – May 2010

- Responsible for management of multiple governmental contracts and billing for therapy services

- Updated/created research database, assessment system and intake paperwork

Abbott Road Center for the Family, Private Practice in East Lansing MI

Independent Therapist, January 2010 – December 2010

- Set up private practice, under supervision of LMFT and Psychologist
- Provided psychotherapy, evaluation, and psychoeducation to a variety of clients

Specialized Clinical Training

Gottman Method Couples Therapy (Level 2) University Outreach Training Program	6/10/16-6/25/16
Gottman Method Couples Therapy (Level 1) Vagdevi Meunier, PsyD	1/16/15-1/17/15
Intermediate Sand Tray Therapy Cynthia Reynolds, PhD, LP, PCC-S, RPT-S	6/28/13-6/29/13
Introduction to Sand Tray Therapy Cynthia Reynolds, PhD, LP, PCC-S, RPT-S	5/31/13
Sand Tray Therapy: Beginning and Advanced Treatment Issues Linda Homeyer, PhD, LPC, RPT-S	4/13/12
PREPARE/ENRICH Program Certified Nick Phillips, DMin, LLMFT	10/28/11
Couple Communication Program (Collaborative Marriage Skills) Michael Whitehead, MS, LMFT & A. Rocio Escobar-Chew, MA LMFT	4/9/11 & 4/16/11

Specialized Clinical Certification

CGAT 2012 Certificate in LGBT Affirmative Psychotherapy; AAMFT-CA

Historical Record of License

IMFT 2013-2015 Independent Marriage and Family Therapist, Ohio (#F.1300001)
 LMFT 2011-2014* Licensed Marriage and Family Therapist, Michigan (#4101006426)
 *Upgraded from Associate License, 2009-2011

Engagement

Memberships

2022-Present College of Sexual & Relationship Therapists (*International Organization*)
 2017-Present American Association for Sex Educators, Counselors, and Therapists
 2009-Present National Council on Family Relations
 2007-Present American Association for Marriage and Family Therapy – *Clinical Fellow*
 2015-2016 Society for the Scientific Study of Sexuality
 2012-2014 American Counseling Association
Division Membership:
 Association for Counselor Education and Supervision
 Association for Lesbian, Gay, Bisexual and Transgender Issues

National Offices Held/Appointments in National Organizations

American Association of Sex Educators, Counselors & Therapists

2021-Present Lead, Fundraising & Development Committee (Designed and created committee within Treasurer’s Office)

- 2020-Present Treasurer (Executive Board; includes chairing the Finance Committee and the Fundraising & Development Committee, along with serving on several Executive Level Committees). Initially elected by membership in 2020, re-elected in 2022. 2 year terms.
- 2020-Present Lead, Section 6 Strategic Planning Task Force Committee (re-appointed in 2022)
- 2020-Present Member, Personnel Committee

American Association for Marriage & Family Therapy

- 2021-2022 Past Chair, Couple and Intimate Relationships (Interest Network)
- 2021, 2022 Graphic Designer/Copyeditor for Queer & Trans Advocacy Network Annual Conference
- 2018-2020 Chair (Founding), Couple and Intimate Relationships (Interest Network)
- 2018-2020 Treasurer (Founding), Queer and Trans Advocacy Network

Commission on Accreditation for Marriage & Family Therapy Education

- 2021-Present Accreditation Reviewer
- 2017-Present Site Visitor
- 2016-2017 Member, Standards Review Committee

Editorial Board Membership & Editorships

- 2021-Present *Sexual and Relationship Therapy* | Clinical Reviews Editor
- 2017-Present *American Journal of Family Therapy*
- 2015-Present *Journal of Marital and Family Therapy*

Ad Hoc Referee Experience

- 2020-Present *Journal of Couple & Relationship Therapy*
- 2019-Present *Journal of the Scholarship of Teaching & Learning*
- 2018-Present Abstract Reviewer, AASECT National Conference
- 2018-Present *Journal of Family Psychotherapy*
- 2018-Present *Sex & Relationship Therapy*
- 2015-Present *Journal of Bisexuality*
- 2015-Present *Journal of Sex & Marital Therapy*
- 2014-Present *Journal of GLBT Family Studies*
- 2013-Present *Family Process*
- 2009-Present *Journal of Family Theory and Review*
- 2013-Present Abstract reviewer, Family Therapy section of NCFR National conference
- 2010-Present Abstract reviewer, AAMFT National Conference
- 2013-2014 *Journal of Marital and Family Therapy*

Community Engagement

- 2022-Present Secretary, Board of Directors, *Center for Justice and Post-Exoneration Assistance*
- 2021-Present Secretary, Board of Directors, *Willie T. Donald Exoneration Advisory Coalition*

Purdue University Northwest

University Service

2022-2023	Member, One Book One University Committee
2022-2023	Member, Counseling Faculty Search Committee
2022, Spring	Member, Search Committee for Associate Dean of Professional Programs & Director – School of Education and Counseling
2022, Spring	Member, Search Committee for Project Coordinator, <i>Center for Justice and Post-Exoneration Assistance</i>
2019-2022	Voting Member, Graduate Council <i>*Representing all of Purdue University Northwest</i>
2021, Spring	BHS Representative, CHESS Summer Scholarship Committee
2020, Summer	Member, CHESS Strategic Plan Development Taskforce
2020, Spring	BHS Representative, CHESS Faculty Council <i>*Served on the Budget Advisory Committee</i>
2020, Spring	Chair, CHESS Scholarly Release Committee
2019, Spring	BHS Representative, CHESS Scholarly Release Committee

Department of Behavioral Sciences Service

2022-Present	Member, Budget Advisory Committee
2022-2023	Chair, Primary (BHS) Committee – Tenure & Promotion
2022-2023	Chair, Search Committee for Post-Doctoral Scholar of Couple & Family Therapy
2022-2023	Chair, Search Committee for Tenure Track Assistant Professor of Couple & Family Therapy
2022, Summer	Chair, Search Committee for Visiting Instructor (AY22-23), Couple & Family Therapy
2022, Summer	Chair, Search Committee for Visiting Assistant Professor (AY 22-23) of Couple & Family Therapy
2022, Spring	Chair, Search Committee for Administrative Assistant for Graduate Programs and Services, Couple & Family Therapy
2020-2021	Member, BHS-CFT Administrative Assistant Search Committee
2020-2021	Member, Criminal Justice Open Rank Faculty Search Committee
2019-2020	Co-Chair, Department of Behavioral Sciences Tenure and Promotion Supplementary Guidelines Development Committee
2019-2020	Chair, Tenure Review (BHS-Primary) Committee
2018-2019	Member, MFT Assistant Professor Faculty Search Committee
↓ Long term/continuing committee membership below	
2022-Present	Chair, CFT Graduate Program Admissions Committee
2018-Present	Member, Primary (BHS) Committee – Tenure & Promotion
2018-Present	Member, Human Development & Family Studies Undergraduate Program Faculty Committee
2018-2021	Member, CFT Graduate Program Admissions Committee

Mercer University - Atlanta

Departmental Service

2016-2018	Member, Program Restructuring Committee
2015-2018	Member, Curriculum Committee

2014-2018 Advisor/Faculty Sponsor, Graduate Student Organization
 2017, Fall Member, Faculty Hiring Committee (2 positions)
 2014, Spring Member, Faculty Hiring Committee
 2014, Spring Member, Program Director Hiring Committee
 2014, Spring Chief Statistician, COAMFTE Reaccreditation Team

University of Akron

Departmental Service

2013, Spring Paperwork Re-Standardization Committee (ad-hoc)
 2013, Spring Re-organized and structured clinical files for Marriage and Family Counseling/Therapy students
 2013, Spring Redesigned and implemented a new hours-tracking system

Michigan State University

Department of Human Development and Family Studies - Service

2012, Spring Graduate Assistant to the Chair
 2010-2011 Website Redevelopment Committee, Couple and Family Therapy Clinic Representative and Content Manager.
 2010, Fall Certification in College Teaching and the Certified Family Life Educator credential.
**Workshop presented to MSU HDFS departmental TA/RA's.*
 2010, Fall Teaching assistant training.
**Workshop for all teaching assistants in the MSU HDFS department.*
 2009, Fall Poster formatting workshop.
**Training workshop for faculty, students and staff on how to format and create posters for professional presentations.*

Honors and Awards

Purdue University Northwest

2022-2023 Named "Lionhearted Leader" by nomination of Department Chair

Michigan State University

2009 Teaching Assistant Excellence Award
Michigan State University College of Social Sciences, Interdisciplinary Studies Program
 2009 Named as an "Influential TA," based on survey of dormitory students
Michigan State University Department of Residence Life

Community Service Education, Presentations & Volunteer Experience

Drag Show Host & Moderator Fall 2022
 Purdue University Northwest, Student Life

Comprehensive Sex Education Developer & Facilitator Spring, 2015 & 2017
 Hess Academy (Atlanta, GA); 6th-8th Grade

Public Media Appearances, Interviews, or Invited Speaking Engagements

Podcast Appearances

Candid Conversations. (2022, in post-production). Sexuality and women's issues. Season 1, Episode 1. Co-appearance with Lisa Adkins. Hosted by Lavada Taylor, PhD & Charlene Benoit. Audio/Video Cast.

One of us is Right. (2022, in post-production). Title TBD. Season 2, Episode TBD.

One of us is Right. (2022). *Enthusiastic consent in sexual relations and beyond with Dr. Christopher Belous*. Season 1, Episode 7. Audio Podcast.
<https://open.spotify.com/episode/50CSyiPYelk0udxCdIFJnI?si=a9e373754e01456a>

Purdue Northwest Today with Richard Rupp. *PNW Couple and Family Therapy Center: Educating students, serving the community*. (2021, January 21). WJOB 1230 AM. Radio Talk Show. https://fb.watch/39nM_Uo5j2/

AAMFT Podcast with Eli Karam, PhD. (Episode 41, 2020). *Christopher K. Belous, Couples and Intimate Relationships TIN*. Audio podcast.
<https://www.aamft.org/podcast> or
https://media.rss.com/aamft/20201111_213931_477d64524057e86172c1aba7a7e8f1d3.mp3

Better Sex Podcast with Jessa Zimmerman. (2020, April 2). *Coming out and non-heterosexual identity development*. Audio podcast. Available at www.bettersexpodcast.com/118

Shenanigans & Shea Butter (2019, September 18). *Sex Talk w/ Dr. B*. Audio podcast. Available at <https://podcasts.apple.com/us/podcast/id1478035332>

Print or Online Dialogue - Interviewed or Quoted in:

Devereaux, M. (2020, February 14). *Safe and pleasurable LGBTQ+ sex, as told by experts*. Available online at <https://columbiachronicle.com/safe-and-pleasurable-lgbtq-sex-as-told-by-experts>