Jordan A. Levinson

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EDUCATION

2024	**PhD**, Developmental Psychology University of California Los Angeles Los Angeles, California *Minors: Health Psychology & Quantitative Psychology*
2020	**MA**, Psychology University of California Los Angeles Los Angeles, California
2015	**BA**, Psychology Monmouth University West Long Branch, NJ

RESEARCH EXPERIENCE

2024 –	Weight Inclusive Nutrition Research Group, UVM PI: Lizzy Pope, PhD
2019 - 2024	Dieting, Stress, and Health Lab, UCLA PI: A. Janet Tomiyama, PhD
2019 – 2024	National Heart, Lung, and Blood Institute, Growth and Health Study PI: Elissa Epel, PhD and Barbara Laraia, PhD
2019 – 2021	Junior Fellow | Center for Scholars and Storytellers PI: Yalda T. Uhls, PhD
2017 – 2019	Research Assistant | Boston Children's Hospital PI: S. Bryn Austin, ScD and Sion Harris, ScD
2016 – 2016	Research Assistant | Harvard School of Public Health Prevention Research Center PI: Angie Cradock, PhD
2014 – 2015	Research Team Lead | Gender Development Lab at Monmouth University PI: Lisa M. Dinella, PhD

HONORS AND AWARDS

2023	Ruth L. Kirschstein National Research Service Award (NRSA/F31), National Institute of Diabetes and Digestive and Kidney Disease, UCLA

2022 Will Rogers Memorial Scholarship, UCLA
2021 Graduate Summer Research Fellowship Award, UCLA
2021 National Science Foundation Graduate Research Fellowship Program *Honorable Mention*, UCLA
2015 Graduated Summa Cum Laude, Monmouth University
2014 - 2015 Psi Chi Honor Society, Monmouth University
2011 - 2015 Dean's List, Towson University & Monmouth University

PEER REVIEWED SCHOLARSHIP

Publications

Levinson, J. A., Clifford, D., Laing, E. M., Harris, C. L., Slagel, N., Squires, N.D., & Hunger, J. M. (2024). Weight-inclusive approaches to nutrition and dietetics: A needed paradigm shift. *Journal of Nutrition Education and Behavior,* epub.

Levinson, J. A., Kinkel-Ram, S., Myers, B. & Hunger, J. M. (2024). A systematic review of weight stigma and disordered eating cognitions and behaviors. *Body Image, 48*(101678).

Dinella, L. M., Evans, K., **Levinson, J. A.,** Gagnon, S. (2023). Women disproportionately shoulder burdens imposed by the global COVID-19 pandemic. *Journal of Social Issues, 79*(3).

Gancz, N. N., **Levinson, J. A.,** Callaghan, B. L. (2023). Sex and gender as critical and distinct contributors to the human brain-gut-microbiome axis. *Brain Research Bulletin*, *199*.

Parker, J. E., **Levinson, J. A.,** Hunger, J. M., Laraia, B., Epel, E., Tomiyama, A. J. (2023). Longitudinal stability of disordered eating symptoms from age 12 to 40 in Black and white women. *Clinical Psychological Science*, *11*(5).

Dinella, L. M., **Levinson, J. A.,** Srouji, M. (2022). Can princesses be powerful? A quasi-experimental study examining children's perceptions of princesses and the self. *Journal of Genetic Psychology*, *184*(1)**.**

Levinson, J. A., Greenfield, P. M., & Signorelli, J. C. (2020). A qualitative analysis of adolescent responses to YouTube videos portraying sexual and gender minority experiences: Belonging, community, and information seeking. *Frontiers in Human Dynamics*, *2*.

Levinson, J. A., Sarda, V., Sonneville, K., Calzo, J., Ambwani, S., & Austin, S. B. (2020). Diet pill and laxative use for weight control and subsequent incident eating disorder in U.S. young women: 2001-2016. *American Journal of Public Health*, *110*(1).

Gibson, E.B, Sherman, R., **Levinson, J.A.**, Pires, A., Harris, S. (2020). Students' Perspectives on Best Practices for Implementing Substance Use Screening in Schools. *Journal of Adolescent Health, 66*(2):S32.

Gibson, E. B., Kipp, M., Gooding, H., Dede, C., Phelphs-Coco, A., Lin, K., **Levinson, J. A.,** Austin, S. B. (2020). Delivering case-method teaching through online platforms: adapting active learning techniques and maximizing learner engagement. *Educational Designer*, *4*(13).

Knight, J.R., Sheritt, L., Gibson, E. B., **Levinson, J. A.,** Grubb, L. K., Samuels, R. C., Silva, T., Vernacchio, L., Wornham, W., Harris, S. K. (2019). Effect of computer-based substance use screening and brief behavioral counseling vs usual care for youths in pediatric primary care: A pilot randomized clinical trial. *JAMA Open Network, 2*(6).

Pluhar, E., Kavanaugh, J. R., **Levinson, J. A.,** & Rich, M. (2019). Problematic interactive media use in Teens: Mental health sequelae. *Psychology Research and Behavior Management*, *12,* 447-455.

Yu, K. Y., Kim, Y., Calzo, J. P., **Levinson, J. A.**, & Austin, S. B. (2018). Sex of sexual partners and disordered weight control behaviors in a nationally representative sample of South Korean adolescents. *Psychiatry Research, 262,* 1-5.

Scholarship in Progress

Levinson, J. A., Parker, J. A., Hunger, J. M., & Tomiyama, A. J. (in prep). Maternal weight stigma and restrictive feeding practices are associated with child disordered eating cognitions.

Levinson, J. A., Parker, J. A., Tomiyama, A. J., & Hunger, J. M. & (in prep). Transmission of attitudes towards food and weight from mother to daughter.

Clifford, D., Laing, E. M., Harris, C. L., Slagel, N., **Levinson, J. A.,** Slagel, N., Squires, N.D., & Hunger, J. M. (under review). Incorporating weight inclusive approaches in dietetics education. *Journal of Nutrition Education and Behavior.*

SCIENCE COMMUNICATION

Levinson, J. A. (2022, March 19). Dos and Don'ts of Fostering Positive Body Image for Children and Adolescents.

Levinson, J. A. (2021, May 19). Thinking about using diet pills or laxatives to lose weight? Think again.

Levinson, J. A. (2020, December 2). The danger of focusing on obesity as a risk factor for COVID-19. *Psychology in Action.*

Levinson, J. A. (2020, March 05). Why diversity in children's media is so important. *Psychology in Action.*

PRESENTATIONS AT SCHOLARLY/PROFESSIONAL MEETINGS

Paper Presentations

Hunger, J.M.,* **Levinson, J.A**., Kinkel-Ram, S., & Myers, B. Weight stigma and disordered rating: A systematic review and call to action. Appearance Matters 10 Conference, Bristol, England, 2024.

Kinkel-Ram, S. S.,* **Levinson, J. A.**, & Hunger, J. M. (A Review of The Literature on Weight Stigma and Disordered Eating. In M. Robbins & E. Harrop (chairs), *The Impact of Weight Stigma on Eating Disorder Treatment and Outcome*s. Panel to be presented at the annual meeting of the International Conference on Eating Disorders, New York, NY, 2024 (Sponsored by Weight Stigma and Social Justice Special Interest Group [SIG]).

Parker, J. E.,* **Levinson, J. A.,** Enders, C. K., Hunger, J. M., Fitzpatrick, S. L., Mujahid, M. S., Laraia, B. A., Epel, E. S., Tomiyama, A. J. (2023, March). *Body dissatisfaction in Black women remains stable across age 12 to age 40 and predicts mental and physical health outcomes*. Presented at the American Psychosomatic Society 80th Annual Meeting, San Juan, PR.

Levinson, J.A.,* Garell, C., & Tomiyama, A. J. *An Intervention to Reduce Weight Stigma in Pediatric Medicine*. Presented as part of the symposium "Weight Stigma in Healthcare: Perspectives from Medical Students, Physicians, and Patients" at the annual meeting of the Society for Personality and Social Psychology, Atlanta, 2023.

Levinson, J. A.,* Baysa, J., & Uhls, Y. T. *Balls are for Boys: Gender Stereotypes and Representation in Sports Advertising.* Presented at the UCLA Psychology in Action Symposium: Masculinity in the Media. Los Angeles, CA, 2021.

Gibson, E. B.,* Sherman, R., **Levinson, J. A.,** Pires, A., Harris, S. K. *Students' perspectives on best practices for implementing substance use screening in schools.* Presented at the annual meeting of the Society for Adolescent Health and Medicine, San Diego, 2020.

Harris S.K.,* Seale, D., Pande, Y., Lewis, T. M., Gibson, E.B., Hadfield, K., **Levinson, J. A.,** Seale, P. *Testing feasibility, acceptability, and initial outcomes of a spiritually-based character strengths training curriculum to enhance resilience and reduce substance use among Zambian youth*. Presented at the annual meeting of the Society for Adolescent Health and Medicine, San Diego, 2020.

Dinella, L. M.,* **Levinson, J. A**., & Acri, L. (2015, March). *Can a princess be powerful?: An experimental study manipulating children's perceptions of princesses and the self.* Symposium presented at the meeting of the Society for Research in Child Development, Philadelphia, PA.

Levinson, J. A.,* & Dinella, L. M. (2015, April). *The celebrity experience: The influence of celebrities on the perception of others.* Paper presented at Monmouth University's Undergraduate

Psychology Research Conference, West Long Branch, NJ.

*presenter

Poster Presentations

Levinson, J. A.,* Parker, J. E., Hunger, J. M., Enders, C. K., Tomiyama, A. J., The association of adolescent disordered eating symptoms with adulthood symptoms in Black and white women. Presented at the annual meeting of the Society for Research on Adolescence, San Diego, CA, 2023.

Gibson, E.G.,* **Levinson, J.A.,*** Seale, D., Seale, P., Lewis, T., Kasanga, L., Pande, Y., Manda, W., and Harris, S. K. (2019, May). *Building character strengths and resilience among adolescents in Zambia: Global Resilience Oral Workshops (GROW) evaluation baseline data.* Presented at Folkman Research Day, Boston Children Hospital, Boston, MA.

Austin, S. B.,* Gibson, E., Kipp, M., **Levinson, J. A.**, Dede, C. & Gooding, H. (2018, November). *Integrating eating disorders prevention into public health professional workforce training: Innovative case-method teaching for online learning communities*. Poster presented at the annual meetings of American Public Health Association, San Diego, CA.

Levinson, J. A.,* Dinella, L. M., & Hart, L. (2018, October). *The thin ideal: Predictors of boys' and girls' physical and global self-worth.* Presented at the Gender Development Research Conference, San Francisco, CA.

Dinella, L. M.,* Weisgram, E., Fulcher, M., & **Levinson, J. A**. (2014, October). *Toys for boys and girls: Investigating the effect of toy type and propulsion on children's interest and gender schemas*. Presented at the Gender Development Research Conference, San Francisco, CA.

*presenter

INVITED TALKS

"Understanding the Association Between Parental Weight Discrimination and Child Disordered Eating Cognitions"
UCLA Course: Cognitive Development, Winter 2024

"An Intervention to Reduce Weight Stigma in Pediatric Medicine"
UCLA Course: Cognitive Development, Winter 2023

"Weight Stigma and Cognitive Control"
UCLA Course: Cognitive Development, Fall 2020

"A Qualitative Study on the YouTube Community for Sexual and Gender Minority Adolescents"
University of New Haven MPH course: Health, Behavior, Fall 2020

"Advancing eating disorders prevention policy in Massachusetts."
Presented at the Strategic Training Initiative for the Prevention of eating Disorders Showcase, Boston Children's Hospital, 2019.

Empirically-driven employee training on eliminating gender stereotypes in toys.
Co-presented with Dr. Lisa M. Dinella.
Global toy company, February, 2018.

"Sugar and Spice and Puppy Dog Tails: Gender and Education Disparities."
Co- presented with Dr. Lisa M. Dinella
Full day evidence-based workshop
Central Jersey Consortium for Excellence, February, 2017.

"Boys will be Boys, and Girls will be Princesses."
Co- presented with Dr. Lisa M. Dinella
Full day evidence-based workshop
Central Jersey Consortium for Excellence, February, 2016.

OTHER PRESENTATIONS

Oral testimony in front of the Massachusetts Joint Committee on the Judiciary in support of MA H.3413 and S.1012 on May 17, 2019.

"Epidemiology of Disordered Eating Behaviors in Athletes and Strategies for Prevention"
Presented at Singapore Nutrition and Dietetics Association (SNDA), Singapore. May 2019

"Advancing eating disorders prevention policy in Massachusetts." Presented at the Strategic Training Initiative for the Prevention of eating Disorders Showcase, Boston Children's Hospital. March 2019

TEACHING EXPERIENCE

2019 - present Tutor and Executive Function Coach | Hayutin Education

2020 - 2024 Teaching Fellow | UCLA

Spring 2020	PSYCH 10	Introduction to Psychology
Fall 2020	PSYCH 130	Developmental Psychology
Winter 2021	PSYCH 167	Digital Technology & Human Development
Spring 2021	PSYCH 100B	Research Methods in Psychology
Fall 2021	PSYCH 133E	Perceptual Development
Winter 2022	PSYCH 100B	Research Methods in Psychology
Spring 2022	PSYCH 130	Developmental Psychology
Fall 2022	PSYCH 133E	Perceptual Development
Winter 2023	PSYCH 130	Developmental Psychology
Spring 2023	PSYCH 151	Research Methods in Health Psychology
Winter 2024	PSYC 127C	Clinical Psychological Science:

Developmental Perspectives

2018 – 2019	Biostatistics Teaching Assistant | Boston Children's Hospital, Division of Adolescent Medicine
2014 – 2015	Peer Tutor | Monmouth University Center for Student Success

PROFESSIONAL EXPERIENCE

2017 – 2017	Special Education Aide | Newton Public Schools
2015 – 2016	City Year Corps Member | AmeriCorps