

# KRISTIN L. MOILANEN, Ph. D.

## *Curriculum Vitae*

January 21, 2026

<https://kristinmoilanen.phd.sh/>

<https://www.linkedin.com/in/klmoilanen/>

<https://orcid.org/0000-0001-6904-048X>

## **EDUCATION**

- Ph.D.** Developmental Psychology. University of Nebraska-Lincoln, 2005  
**M.A.** Developmental Psychology. University of Nebraska-Lincoln, 2002  
**B.A.** Psychology, Albion College, 1999

## **PROFESSIONAL EXPERIENCE**

- 2022-2026 Visiting Senior Research Specialist-Social Sciences, Department of Psychiatry, University of Illinois at Chicago  
2015-2022 Associate Professor of Child Development and Family Studies, West Virginia University  
2008-2015 Assistant Professor of Child Development and Family Studies, West Virginia University  
2005-2008 Postdoctoral Research Associate, Department of Psychology, University of Pittsburgh

## **SPECIAL APPOINTMENTS**

- 2024-2027 Adjunct Faculty Member, Department of Psychology, University of Nebraska-Lincoln

## **SCHOLARLY PUBLICATIONS**

### **Peer-Reviewed Journal Articles**

- 2025 Bonney, T. H., Rospenda, K. M., & **Moilanen, K. L.** Job quality as an upstream social determinant of health in middle age. *Journal of Occupational and Environmental Medicine*. <https://doi.org/10.1097/JOM.0000000000003616>
- Moilanen, K. L.**, Rospenda, K. M., Johnson, T., & Richman, J. A. Profiles of economic and non-economic stressors at midlife. *Journal of Applied Developmental Psychology*, 101 (November-December 2025), 101887. <https://doi.org/10.1016/j.appdev.2025.101887>
- Moilanen, K. L.**, Rospenda, K. M., & Johnson, T. Social support is not enough to buffer the effects of stressors on health outcomes at midlife. *Discover Psychology*, 5(2025), 119. <https://doi.org/10.1007/s44202-025-00472-y>

- Kelly, S. W., Donohue, S. E., Rospenda, K., **Moilanen, K. L.**, Herron, J., Johnson, T. P., & Richman, J. A. The relationship between gender identity, economic stressors, social support, concurrent substance use and suicide: A national study on middle aged adults. *Social Psychiatry and Psychiatric Epidemiology*, 60(2025), 1825-1833. <https://doi.org/10.1007/s00127-025-02868-6>
- Moilanen, K. L.**, Richman, J. A., Rospenda, K. M., & Johnson, T. Economic stressors, alcohol use, and health-related quality of life in middle-aged adults. *Journal of Applied Developmental Psychology*, 97, 101752. <https://doi.org/10.1016/j.appdev.2024.101752>
- 2024 Hallihan, H., Ghalyoun, H.\* , **Moilanen, K. L.**, & Rospenda, K. Negative affect, harassment and problematic alcohol use in young adults. *Substance Use and Misuse*, 59(10), 1556-1564. <https://doi.org/10.1080/10826084.2024.2360109>
- Moilanen, K. L.**, Ni, Y.\* , & Turiano, N. U.S. college students' sexual risk behaviors before and during the early COVID-19 pandemic. *The Journal of Sex Research*, 61(5), 750-766. <https://doi.org/10.1080/00224499.2023.2246160>
- 2023 Rospenda, K. M., Richman, J. A., McGinley, M., **Moilanen, K. L.**, Lin, T., Johnson, T. P., Cloninger, L., Shannon, C.\* , & Hopkins, T.\* Effects of chronic workplace harassment on mental health and alcohol misuse: A long-term follow-up. *BMC Public Health*, 23, 1430. <https://doi.org/10.1186/s12889-023-16219-0>
- Moilanen, K. L.**, Crockett, L. C., & Pierson, A.\* Beyond the morning after: Measuring positive and negative psychosocial consequences of sexual encounters in early adulthood. *Archives of Sexual Behavior*, 52(2023), 3081-3096. <https://doi.org/10.1007/s10508-023-02645-z>
- Crockett, L. J., **Moilanen, K. L.**, & Cartwright, M.\* Pathways from individual characteristics to subjective consequences of sex: The mediating role of risky sexual encounters. *International Journal of Sexual Health*, 35(2), 230-247. <https://doi.org/10.1080/19317611.2023.2204304>
- 2021 Memmott-Elison, M.\* , & **Moilanen, K. L.** Longitudinal intra-individual and inter-individual relations between cognitive and emotional self-regulation across adolescence. *Journal of Youth and Adolescence*, 50(10), 1970-1981. <https://doi.org/10.1007/s10964-021-01488-y>
- Moilanen, K. L.**, DeLong, K. L.\* , Spears, S.\* , Gentzler, A. L., & Turiano, N. A. Predictors of initial status and change in self-control during the college transition. *Journal of Applied Developmental Psychology*, 73, 101235. <https://doi.org/10.1016/j.appdev.2020.101235>
- 2020 Memmott-Elison, M.\* , **Moilanen, K. L.**, & Padilla-Walker, L. M. Latent growth in self-regulatory subdimensions in relation to adjustment outcomes in youth aged

12–19. *Journal of Research on Adolescence*, 30(3), 651-668.  
<https://doi.org/10.1111/jora.12550>

- 2019 **Moilanen, K. L.**, & Manuel, M. L. Helicopter parenting and adjustment outcomes in young adulthood: A consideration of the mediating roles of mastery and self-regulation. *Journal of Child and Family Studies*, 28, 2145-2158. <https://doi.org/10.1007/s10826-019-01433-5>
- 2018 **Moilanen, K. L.**, Padilla-Walker, L. M., & Blaacker, D. R.\* Dimensions of short- and long-term self-regulation in adolescence: Associations with maternal and paternal parenting and parent-child relationship quality. *Journal of Youth and Adolescence*, 47(7), 1409-1426. <https://doi.org/10.1007/s10964-018-0825-6>
- Moilanen, K. L.**, & Manuel, M. L.\* Mechanisms linking self-regulation and sexual behaviors in never-married young adults. *The Journal of Sex Research*, 55(1), 120-133. <https://doi.org/10.1080/00224499.2017.1330394>
- Moilanen, K. L.**, Leary, J. M., Watson, S. M.\* , & Ottley, J.\* Predicting age of sexual initiation: Family-level antecedents in three ethnic groups. *Journal of Early Adolescence*, 38(1), 28-49. <https://doi.org/10.1177/0272431615586462>
- 2017 **Moilanen, K. L.**, & Rambo-Hernandez, K. E. Effects of maternal parenting and mother-child relationship quality on short-term longitudinal change in self-regulation in early adolescence. *Journal of Early Adolescence*, 37(5), 618-641. <https://doi.org/10.1177/0272431615617293>
- Moilanen, K. L.**, & Manuel, M. L.\* Parenting, self-regulation and social competence with peers and romantic partners. *Journal of Applied Developmental Psychology*, 49, 46-54. <https://doi.org/10.1016/j.appdev.2017.02.003>
- 2016 **Moilanen, K. L.** Why do parents grant or deny consent for adolescent participation in sexuality research? *Journal of Youth and Adolescence*, 45(5), 1020-1036. <https://doi.org/10.1007/s10964-016-0445-y>
- 2015 **Moilanen, K. L.** Short- and long-term self-regulation and sexual risk-taking behaviors in unmarried heterosexual young adults. *The Journal of Sex Research*, 52(7), 758-769. <https://doi.org/10.1080/00224499.2014.959881>
- Moilanen, K. L.**, Rasmussen, K.\* , & Padilla-Walker, L. M. Bidirectional associations between self-regulation and parenting styles in early adolescence. *Journal of Research on Adolescence*, 25(2), 246-262. <https://doi.org/10.1111/jora.12125>
- Moilanen, K. L.** Predictors of parental consent for adolescent participation in sexual health-related research. *Journal of Empirical Research on Human Research Ethics*, 10(2), 157-168. <https://doi.org/10.1177/1556264615575510>

- Moilanen, K. L.** Predictors of latent growth in sexual risk behaviors in late adolescence and early adulthood. *The Journal of Sex Research*, 52(1), 83-97. <https://doi.org/10.1080/00224499.2013.826167>
- 2014 Dias, P. C., Garcia del Castillo, J. A., & **Moilanen, K. L.** The Adolescent Self-Regulatory Inventory (ASRI) adaptation to Portuguese context. *Paidéia*, 24(58), 155-163. <https://doi.org/10.1590/1982-43272458201403>
- Moilanen, K. L.**, Markstrom, C. A., & Jones, E.\* Extracurricular activity availability and participation and substance use among American Indian adolescents. *Journal of Youth and Adolescence*, 43(3), 454-469. <https://doi.org/10.1007/s10964-013-0088-1>
- Moilanen, K. L.**, & Shen, Y.-L. Mastery in middle adolescence: The contributions of socioeconomic status, maternal mastery and supportive-involved mothering. *Journal of Youth and Adolescence*, 43(2), 298-310. <https://doi.org/10.1007/s10964-013-9951-3>
- 2011 Feng, X., Shaw, D. S., & **Moilanen, K. L.** Parental negative control moderates the shyness–emotion regulation pathway to school-age internalizing symptoms. *Journal of Abnormal Child Psychology*, 39(3), 425-436. <https://doi.org/10.1007/s10802-010-9469-z>
- 2010 **Moilanen, K. L.**, Shaw, D. S., & Fitzpatrick, A.\* Self-regulation in early adolescence: Relations with maternal regulatory supportive parenting, antagonism, and mother-son relationship quality. *Journal of Youth and Adolescence*, 39(11), 1357-1367. <https://doi.org/10.1007/s10964-009-9485-x>
- Moilanen, K. L.**, Shaw, D. S., & Maxwell, K. L.\* Developmental cascades: Externalizing, internalizing and academic competence from middle childhood to early adolescence. *Development and Psychopathology*, 22(3), 635-653. <https://doi.org/10.1017/S0954579410000337>
- Moilanen, K. L.**, Shaw, D. S., Dishion, T. J., Gardner, F., & Wilson, M. N. Predictors of longitudinal growth in inhibitory control in early childhood. *Social Development*, 19(2), 326-347. <https://doi.org/10.1111/j.1467-9507.2009.00536.x>
- Moilanen, K. L.**, Crockett, L. J., Raffaelli, M., & Jones, B. L. Trajectories of sexual risk from middle adolescence to early adulthood. *Journal of Research on Adolescence*, 20(1), 114-139. <https://doi.org/10.1111/j.1532-7795.2009.00628.x>
- Moilanen, K. L.**, & Raffaelli, M. Support and conflict in ethnically diverse young adults' relationships with parents and friends. *International Journal of Behavioral Development*, 34(1), 46-52. <https://doi.org/10.1177/0165025409348553>
- Hyde, L. W.\* , Shaw, D. S., & **Moilanen, K. L.** Developmental precursors of moral disengagement and the role of moral disengagement in the development of

antisocial behavior. *Journal of Abnormal Child Psychology*, 38(2), 197-209.  
<https://doi.org/10.1007/s10802-009-9358-5>

- 2009 **Moilanen, K. L.**, Shaw, D. S., Criss, M. M., & Dishion, T. J. Growth and predictors of parental knowledge of youth behavior during early adolescence. *Journal of Early Adolescence*, 29(6), 800-825.  
<https://doi.org/10.1177/0272431608325505>
- Criss, M. M., Shaw, D. S., **Moilanen, K. L.**, Hitchings, J. E., & Ingoldsby, E. M. Family and peer characteristics as predictors of child adjustment: A longitudinal analysis of additive and mediation models. *Social Development*, 18(3), 511-535.  
<https://doi.org/10.1111/j.1467-9507.2008.00520.x>
- 2008 Gross, H. E., Shaw, D. S., **Moilanen, K. L.**, Dishion, T. J., & Wilson, M. N. Reciprocal models of child behavior and depression in mothers and fathers in a sample of children at risk for early conduct problems. *Journal of Family Psychology*, 22(5), 742-751. <https://doi.org/10.1037/a0013514>
- Gross, H. E., Shaw, D. S., & **Moilanen, K. L.** Reciprocal associations between boys' externalizing problems and mothers' depressive symptoms. *Journal of Abnormal Child Psychology*, 36(5), 693-709. <https://doi.org/10.1007/s10802-008-9224-x>
- 2007 **Moilanen, K. L.** The Adolescent Self-Regulatory Inventory: The development and validation of a questionnaire of short-term and long-term self-regulation. *Journal of Youth and Adolescence*, 36(6), 835-848.  
<https://doi.org/10.1007/s10964-006-9107-9>
- 2006 Crockett, L. J., **Moilanen, K. L.**, Raffaelli, M., & Randall, B. A. Psychological profiles and adolescent adjustment: A person-centered approach. *Development and Psychopathology*, 18(1), 195-214.  
<https://doi.org/10.1017/S0954579406060111>

### Invited Book Chapters

- 2024 **Moilanen, K. L.** Self-regulation. In W. Troop-Gordon, E. Neblett (Eds.) & S. T. Butler-Barnes (Section Ed.), *The encyclopedia of adolescence* (2<sup>nd</sup> ed., Vol. 1, pp. 444-457). Elsevier. <https://doi.org/10.1016/B978-0-323-96023-6.00080-4>
- 2020 **Moilanen, K. L.** Risky sexual behavior. In S. Hupp, J. Jewell (Series Ed.) & R. Galliher (Volume Ed.), *The encyclopedia of child and adolescent development (Vol. X): The development of the self in adolescence*. Wiley-Blackwell.  
<http://dx.doi.org/10.1002/9781119171492.wecad491>
- 2018 **Moilanen, K. L.**, & DeLong, K. L.\* Self-regulation. In R. J. R. Levesque (Ed.), *Encyclopedia of adolescence* (2<sup>nd</sup> ed.; pp. 3420-3437). Springer.  
[http://dx.doi.org/10.1007/978-3-319-33228-4\\_194](http://dx.doi.org/10.1007/978-3-319-33228-4_194)

- Moilanen, K. L.,** & Manuel, M. L.\* Sexual behavior. In M. H. Bornstein (Ed.), *The Sage encyclopedia of lifespan human development*. Sage.  
<https://doi.org/10.4135/9781506307633>
- 2016 Markstrom, C. A., & **Moilanen, K. L.** School, community, and cultural connectedness and adjustment of rural American Indian/Alaska Native (AI/AN) adolescents. In L. J. Crockett & G. Carlo (Eds.), *Rural ethnic minority youth and families in the United States* (pp. 109-126). Springer. [https://doi.org/10.1007/978-3-319-20976-0\\_7](https://doi.org/10.1007/978-3-319-20976-0_7)
- 2012 **Moilanen, K. L.** Self-regulation. In R. J. R. Levesque (Ed.), *Encyclopedia of adolescence* (pp. 2586-2591). Springer. [https://doi.org/10.1007/978-1-4419-1695-2\\_194](https://doi.org/10.1007/978-1-4419-1695-2_194)
- 2009 Shaw, D. S., Gross, H., & **Moilanen, K. L.** Developmental transactions between boys' conduct problems and mothers' depressive symptoms. In A. Sameroff (Ed.), *The transactional model of development: How children and contexts shape each other* (pp. 77-96). American Psychological Association.  
<https://doi.org/10.1037/11877-005>
- 2003 Crockett, L. J., Raffaelli, M., & **Moilanen, K. L.** Adolescent sexuality: Behavior and meaning. In G. R. Adams & M. Berzonsky (Eds.), *Blackwell handbook of adolescence* (pp. 371-392). Blackwell.  
<https://doi.org/10.1002/9780470756607.ch18>

### Manuscripts Under Review

- 2026 Hallihan, H., Ghalyoun, H.\*, **Moilanen, K. L.**, & Rospenda, K. (under review). Trajectories of sociability and escape motives for drinking and drinking to intoxication in adults. *Journal of Drug Issues*.
- Brown, R. L., Richman, J. A., Johnson, T. P., Rospenda, K. M., & **Moilanen, K. L.** (under review). Economic strain, downward social mobility, and despair: A national study of racial and educational disparities in mental health and substance use. *Social Science Research*.
- McGinley, M., Carlo, G., **Moilanen, K. L.**, & Olson, E. K. (revise & resubmit). Helicopter parenting, secure attachment, and prosocial behaviors: Exploring the mediating roles of emerging adults' self-regulation and sympathy. *Journal of Moral Education*.

### Manuscripts in Preparation

- 2026 Kelly, S. W., Donohue, S. E., **Moilanen, K. L.**, Rospenda, K. M., & Herron, J. D. (in preparation). Lingering risk: Follow-up predictors of suicide and recurrent suicide ideation in a national cohort of middle-aged adults. *Journal of Affective*

*Disorders.*

Lin, T., Hopkins, T.\*, **Moilanen, K. L.**, Richman, J., Johnson, T., & Rospenda, K. (in preparation). Medicaid expansion, services use and barriers to use in a national sample: Differences by education.

**Moilanen, K. L.**, Rospenda, K. M., Johnson, T., Herron, J., & Richman, J. A. (in preparation). Economic stressors, emotional distress and problematic drinking and drug use at midlife.

**Newsletter Article**

2003 **Moilanen, K. L.** Career development exchange: EARA summer school heralded as a success by faculty and graduate student participants. *SRA Newsletter*, 5, 8.

**SYMPOSIA AND PRESENTATIONS****Invited Presentations/Colloquia**

2018 **Moilanen, K. L.** (2018, April). *Panel discussion: Replicating a J.D. Vance anomaly*. West Virginia University Center for Service and Learning and Middlelayers.

2016 **Moilanen, K. L.** (2016, November). *Self-regulation in adolescence and emerging adulthood*. Department of Psychology, West Virginia University.

2003 **Moilanen, K. L.** (2003, July). *Measuring self-regulation in adolescence*. European Association for Research on Adolescence Summer School.

**Chaired Symposia**

2018 **Moilanen, K. L.** (2018, April). *Identifying and describing types of sexual risk-takers in emerging adulthood*. Society for Research on Adolescence

2013 **Moilanen, K. L.**, & Trentacosta, C. (2013, April). *Bidirectional associations between self-regulation and parenting in childhood and adolescence*. Society for Research in Child Development.

2012 **Moilanen, K. L.**, & Deutsch, A. (2012, March). *Psychosocial outcomes of sexual behavior in adolescence*. Society for Research on Adolescence.

2008 Randall, B., & **Moilanen, K. L.** (2008, March). *Predictors of change in sexual risk across adolescence*. Society for Research on Adolescence.

**Selected Peer-Reviewed Presentations (of 25 total)**

- 2025 Rospenda, K. M., Bonney, T., & **Moilanen, K. L.** (2025, July). *Does job quality impact health through its effects on other social determinants of health?* Work, Stress and Health 2025 Conference.
- 2023 Rospenda, K. M., McGinley, M., **Moilanen, K. L.**, Lin, T., Johnson, T. P., & Richman, J. A. (2023, November). *Effects of chronic workplace harassment on mental health and alcohol misuse: A long-term follow-up.* International Conferences on Occupational Stress and Health: Work, Stress, and Health 2023.
- Johnson, T. P., Richman, J. A., Lawrence, D., Kaldahl, K., **Moilanen, K. L.**, & Rospenda, K. M. (2023, November). *Effects of emotional priming during an epidemiologic study.* Midwest Association for Public Opinion Research, Chicago, IL.
- Moilanen, K. L.**, Crockett, L. J., & Pierson, A.\* (2023, April). *Beyond the morning after: Measuring positive and negative psychosocial consequences of sexual encounters in early adulthood.* Society for Research on Adolescence.
- 2019 Memmott-Elison, M.\*, **Moilanen, K. L.**, & Padilla-Walker, L. (2019, March). *Latent growth in dimensions of self-regulation in relation to negative and positive outcomes across adolescence.* Society for Research in Child Development.
- 2018 **Moilanen, K. L.**, & Randall, B. A. (2018, April). *Emerging adulthood sexual risk-taking profiles, and their associations with personality, behavioral, and relational covariates.* Society for Research on Adolescence.
- 2017 **Moilanen, K. L.**, & Manuel, M. L.\* (2017, April). *Helicopter parenting and adjustment outcomes in young adulthood: An exploration of moderated effects.* Society for Research in Child Development.
- Moilanen, K. L.**, & Rasmussen, K.\* (2017, April). *Too much or too little: Linear growth of two forms of parental control in adolescence.* Society for Research in Child Development.
- 2016 Smith, M.\*, & **Moilanen, K. L.** (2016, April). *Predicting middle school students' academic self-esteem: Family and school level antecedents.* American Educational Research Association.
- Salmela-Aro, K., **Moilanen, K. L.**, Geldhof, G. J. (Moderator), & Gestsdottir, S. (2016, April). Panelist for Roundtable, "Self-regulation in adolescence: Addressing key conceptual and methodological issues." Society for Research on Adolescence.

**Moilanen, K. L.,** & Manuel, M. L.\* (2016, March). *Short- and long-term self-regulation and substance use in emerging adulthood.* Society for Research on Adolescence.

Dias, P. C., Garcia del Castillo, J. A., & **Moilanen, K. L.** (2016, March). *Short- and long-term self-regulation and alcohol and tobacco use: Influence of family and close friends.* Society for Research on Adolescence.

2015 Lerner, R. M., McClelland, M., **Moilanen, K. L.,** Geldhof, G. J., & Gestsdottir, S. (2015, March). Panelist for Roundtable, “*In search of a consensus: Addressing key issues in the study of self-regulation in childhood and adolescence.*” Society for Research in Child Development.

### **Selected Peer-Reviewed Poster Presentations (of 68 total; full list available upon request)**

2025 Crockett, L. J., & **Moilanen, K. L.** (2025, May). *Sexual subjectivity is associated with the perceived consequences of sexual encounters among young adults.* Society for Research in Child Development.

2024 **Moilanen, K. L.,** Crockett, L. J., Boyles, J.\*, Pierson, A., & Cartwright, M.\* (2024, April). *Sexual consequences at the most recent encounter in emerging adulthood: A person-centered approach.* Society for Research on Adolescence.

2023 Hallihan, H., **Moilanen, K. L.,** & Rospenda, K. M. (2023, June). *Negative affect, harassment and problematic alcohol use in young adults.* Research Society on Alcohol.

Crockett, L. J., **Moilanen, K. L.,** & Cartwright, M.\* (2023, April). *Pathways from individual characteristics to subjective consequences of sex: The mediating role of risky sexual encounters.* Society for Research on Adolescence.

Miller, S. J.\*, Willard, M. A.\*, **Moilanen, K. L.,** & Turiano, N. A. (2023, April). *Childhood adversity predicts number of sexual partners before young adults begin college.* Society for Research on Adolescence.

2022 **Moilanen, K. L.,** Turiano, N., & Roy, A. (2022, March). *Changes in college students' sexual behaviors at the start of the COVID-19 pandemic.* Society for Research on Adolescence.

2021 **Moilanen, K. L.,** Crockett, L. J., & Cartwright, M.\* (2021, April). *Which sexual experiences are associated with positive sexual outcomes in emerging adulthood?* Society for Research in Child Development.

Crockett, L. J., & **Moilanen, K. L.** (2021, April). *Linking risky sex and personality traits to positive and negative consequences of sex for young adults.* Society for Research in Child Development.

Payne, M.\*, & **Moilanen, K. L.** (2021, April). *Understanding the relationship between religiosity and hope in adolescence*. Society for Research in Child Development.

2020 Crockett, L. J., & **Moilanen, K. L.** (2020, March). *Linking risky sex and personality traits to positive and negative consequences of sex for young adults*. Society for Research on Adolescence. (Conference canceled)

**Moilanen, K. L.**, & Crockett, L. J. (2020, March). *Which sexual experiences are associated with positive sexual outcomes in emerging adulthood?* Society for Research on Adolescence. (Conference canceled)

**Moilanen, K. L.** (2020, March). *Sexual self-restraint moderates the effect of cumulative sexual risk for active but not passive sexting in emerging adulthood*. Society for Research on Adolescence. (Conference canceled)

Payne, M.\*, & **Moilanen, K. L.** (2020, March). *Understanding the relationship between religiosity and hope in adolescence*. Society for Research on Adolescence. (Conference canceled)

Memmott-Elison, M. K.\*, & **Moilanen, K. L.** (2020, March). *Relations between long-term and short-term self-regulation during adolescence*. Society for Research on Adolescence. (Conference canceled)

### **AWARDS & HONORS**

- 2016 Outstanding Researcher Award winner, West Virginia University College of Education and Human Services
- 2004 Warren and Edith Day Dissertation Travel Award winner, University of Nebraska, Lincoln
- 2003 Selected participant, European Association for Research on Adolescence Summer School (funded by the Jacobs Foundation)

### **GRANTS**

#### **Funded – Internal**

- 2019-2020 *Childhood Adversity Impacts the Transition to College: Analysis of Risk and Resilience Factors*  
West Virginia University Research and Scholarship Advancement (RSA) Grants  
Role: Co-Investigator
- 2016-2017 *College Student Transition Study*  
West Virginia Clinical & Translational Science Institute (CTSI) Pilot Grant

Role: Co-Investigator

2009-2010 *Summer Research Support*  
2008 *Research Start-Up*

### **Funded – External**

2009-2014 *Substance use in young men: Genes, brain function, and early social development*  
R01; National Institute on Drug Abuse  
Role: Statistical consultant

### **SELECTED MEDIA COVERAGE**

2021 Schnell, L. (August 12). Professors ‘freaking out’ about fall. *USA Today*. [Article](#).

Three factors that may predict college students’ loss of self-control. (June 11). *Prothom Alo English*. [Article](#).

Study finds three factors that may predict college students’ loss of self-control. (June 11). *Telegana Today*. [Article](#).

Here’s how new friends, other factors lead to loss of self-control in students. (June 11). *The Hindu Times*. [Article](#).

West Virginia University study finds three key factors that may lead to success or failure of college students. (June 11). *WVNews*. [Article](#).

Three factors may predict college students' loss of self-control. (June 10). *Science Daily*. [Article](#).

Three factors may predict first-year college students’ loss of self-control, WVU study finds. (June 10). *EurekAlert!* [Article](#).

Three factors may predict first-year college students’ loss of self-control, WVU study finds. (June 10). *WVU Today*. [Article](#).

2020 Camia, V. (August 13). Come non diventare «genitori elicottero» [How not to become “helicopter parents”]. *Corriere Del Ticino*. [Article](#).

2019 Helicopter parenting, simple abundance, Christmas candy windows, pets and mental health, in praise of nurses, weekend review. (December 13). *The Lisa Show*. [Recording](#).

Murray, J. (December 11). Does helicopter parenting help or cause harm? *fordhaminstitute.org*. [Article](#).

Alonso, M. F. (November 29). «Niños de invernadero:» ¿qué repercusiones tiene la crianza helicóptero en la adultez temprana? [«Greenhouse children:» what impact does helicopter breeding have on early adulthood?]. *Psyciencia*. [Article](#)

Aarnio, M. (November 23). Teetkö kaiken lapsesi puolesta? Helikopterivanhemmuudesta hyötyä vain vanhemmille – lapsille vaikutus päinvastainen: "Heidät on kasvatettu kuin herkät kukkaset" [Do you do everything for your child? Helicopter parenting benefits parents only - children have the opposite effect: "They are raised like delicate flowers"]. *mtvuutiset.fi*. [Article](#)

Price-Mitchell, M. (November 22). Stop sabotaging your child's success. *Psychology Today*. [Article](#).

Buhl, G. (November 22). Kinder von Helikopter-Eltern werden eher depressive [Children of helicopter parents become more depressed]. *Friday Magazine*. [Article](#).

De Georgi, S. (November 21). I figli di "genitori elicottero" hanno minore capacità di essere autonomi [The children of "helicopter parents" have less ability to be autonomous]. *nostrofiglio.it*. [Article](#).

Larkin, E. S. (November 20). Helicopter parenting leads to "low self-regulation & social competence". *Moms.com*. [Article](#).

Dalli, K. (November 19). Helicopter parenting could hamper children's self-reliance. *Consumer Affairs*. [Article](#).

Pedersen, T. (November 19). Helicopter parenting can hamper social competence, self-regulation in young adults. *PsychCentral*. [Article](#).

Witteveen, L. (November 19). Onderzoek: 'Helikopterouders' profiteren zélf van succes van hun kind. [Research: 'Helicopter parents' themselves benefit from their child's success]. *Linda.nl*. [Article](#).

Helicopter parents and 'hothouse children'—WVU researcher explores the high stakes of family dynamics. (November 18). *AAAS Eureka Alert!*. [Article](#).

Helicopter parents and 'hothouse children' -- Exploring the high stakes of family dynamics. (November 18). *Science Daily*. [Article](#).

Helicopter parents and 'hothouse children'—WVU researcher explores the high stakes of family dynamics. (November 18). *WVU Today*. [Article](#).

2018

Moyer, M. W. (October 8). Ending sexual violence by raising better boys. *Slate*. [Article](#).

2014 Daly, A. (October 16). The personality trait that predicts risky sex and what you need to know if this applies to you. *WomensHealth*. [Article](#).

## **PROFESSIONAL SERVICE**

### **Editorial Roles**

Editor in Chief, *Journal of Applied Developmental Psychology* (2021-2023)  
 Associate Editor, *Journal of Applied Developmental Psychology* (2017-2020)  
 Editorial board member, *Adolescent Research Review* (2015-2016)  
 Editorial board member, *Journal of Applied Developmental Psychology* (2015-2016, 2024-)  
 Consulting editor, *Journal of Research on Adolescence* (2012-2015)  
 Editorial board member, *Journal of Youth and Adolescence* (2012-2016)

### **Ad hoc Reviews**

*Child Development* (2008; 2013-2015)  
*Development and Psychopathology* (2016)  
*Developmental Psychology* (2008-2011; 2014)  
*Emerging Adulthood* (2013; 2016)  
*European Journal of Personality* (2016)  
*Family Relations* (2013)  
*Infant and Child Development* (2011, 2012)  
*International Journal of Behavioral Development* (2012)  
*Journal of Adolescence* (2015)  
*Journal of Adolescent Health* (2011)  
*Journal of Applied Developmental Psychology* (2015, 2017)  
*Journal of Clinical Child & Adolescent Psychology* (2012)  
*Journal of Early Adolescence* (2009; 2016)  
*Journal of Educational Psychology* (2012)  
*Journal of Empirical Research on Human Research Ethics* (2015)  
*Journal of Family Issues* (2015)  
*Journal of Family Psychology* (2016)  
*Journal of Health and Social Behavior* (2014)  
*Journal of Psychopathology and Behavioral Assessment* (2014-2015)  
*Journal of Research on Adolescence* (2010-2011)  
*Journal of Youth and Adolescence* (2011)  
*Learning and Individual Differences* (2015)  
*Parenting: Science & Practice* (2012)  
*Pediatrics* (2013)  
*Social Development* (2009-2010; 2012; 2016)

### **Conference Reviews**

Society for Research on Adolescence, Biennial Meeting (2008; 2010; 2012; 2014; 2016; 2018; 2020)

Society for Research in Child Development, Biennial Meeting (2013; 2015; 2019)

### **Grant Reviews**

2022 Graduate Women in Science (GWIS) National Fellowship Program  
 2011 West Virginia University Faculty Senate Grants for Research  
 2009 Secondary Analyses of Data on Child Care Grant Review, Office of Planning, Research and Evaluation (OPRE), Administration for Children and Families

### **Professional-External**

2024 Mentor, SRA International Young Scholars Program  
 2010-2012 Member, SRA/EARA Summer School Steering Committee  
 2008-2009 Academic Achievement Advisor, Iota chapter of Alpha Xi Delta

### **Department of Counseling and Learning Sciences – West Virginia University**

2020-2021 Faculty Evaluation Committee Co-Chair  
 2019-2020 Peer Review Committee Co-Chair  
 2018 Committee Member, Educational Psychology Faculty Search Committee  
 2015-2016 CDFS Master's Program Coordinator  
 2015-2016 Peer Review Committee Co-Chair  
 2013-2014 Interim CDFS Master's Program Coordinator  
 2013-2014 Committee Member, Research Methods Faculty Search Committee  
 2010 Committee Member, Early Childhood Faculty Search Committee  
 2009-2010 Chair, Family Studies Faculty Search Committee  
 2008-2010 Peer Review Committee Member

### **College of Education and Human Services - West Virginia University**

2018-2019 Member, CEHS Research, Service, and Professional Development Committee  
 2018 Judge, CEHS Outstanding Researcher Award  
 2016-2017 Member, CEHS Promotion & Tenure Committee  
 2015-2016 Member, Interdisciplinary Ph.D. Admissions Committee  
 2013-2014 *Ex officio* member, Academic & Student Affairs Committee  
 2013 Judge, College of Education & Human Services Student Research Forum  
 2012-2013 Chair, Academic & Student Affairs Committee  
 2010-2012 Member, Academic & Student Affairs Committee  
 2008-2022 Faculty Affiliate, Program Evaluation and Research Center

### **West Virginia University**

2020-2022 Women's Leadership Initiative Member  
 2018-2020 Faculty Welfare Committee Member, WVU Faculty Senate  
 2018 Organizer, WVU Child Learning Center Concerned Parents Committee

**Department of Psychology – University of Nebraska-Lincoln**

2001-2002 President, Department of Psychology Graduate Student Association  
2000-2001 Vice President, Department of Psychology Graduate Student Association

**TEACHING EXPERIENCE**

**West Virginia University – Instructor of Record**

Families Across the Lifespan (CDFS 110): Fall 2008<sup>\*†</sup>, Spring 2009, Summer 2009, Fall 2009, Spring 2010, Fall 2010, Spring 2011

Research Methods & Data Analysis (CDFS 250): Spring 2012<sup>†</sup>, Fall 2012, Spring 2013, Fall 2013, Spring 2014, Spring 2015, Fall 2015, Spring 2016, Spring 2016<sup>†</sup> (online), Fall 2016, Spring 2017, Fall 2017 (online), Spring 2018

Adolescent Development (CDFS 412): Fall 2008<sup>†</sup>, Fall 2009<sup>†</sup>, Spring 2010<sup>†</sup> (online), Fall 2010, Fall 2011, Fall 2011 (online), Spring 2012 (online), Fall 2012, Fall 2013, Fall 2017, Fall 2018, Fall 2019<sup>†</sup> (online), Spring 2020 (online), Fall 2020 (online), Spring 2021 (online), Fall 2021<sup>†</sup>, Spring 2022 (online)

Adolescent Problems/Disorders (CDFS 414): Fall 2018 (online), Spring 2019 (online), Fall 2019 (online), Spring 2020<sup>†</sup> (transitioned online), Fall 2020 (online), Spring 2021 (online), Fall 2021<sup>†</sup> (online), Spring 2022 (online)

Undergraduate Teaching Practicum for Research Methods and Data Analysis (CDFS 490): Spring 2017

Undergraduate/Graduate Teaching Practicum for Families Across the Lifespan (CDFS 490/690): Fall 2015, Spring 2016, Fall 2016, Spring 2017

Socio-Emotional Development in Childhood and Adolescence (CDFS 645): Spring 2009<sup>†</sup>, Spring 2011, Spring 2013, Spring 2015, Spring 2017<sup>†</sup>, Spring 2019

**University of Nebraska, Lincoln – Instructor of Record**

Introduction to Psychology (Psych 181): Summer 2000<sup>†</sup>

Child Behavior and Development (Psych 489): Summer 2003<sup>†</sup>

**University of Nebraska, Lincoln – Teaching Assistant**

Introduction to Psychology (Psych 181): Fall 1999, Spring 2000, Fall 2000, Spring 2001

Developmental Psychology (Psych 289): Fall 2004, Spring 2005

---

<sup>†</sup> Involved new course preparation or substantial revisions to an existing course.

## **Online Courses Redesigned for Quality Matters Certification**

Research Methods & Data Analysis (CDFS 250): Fall 2014<sup>†</sup>

Adolescent Development (CDFS 412): Summer 2013<sup>†</sup>

Adolescent Problems/Disorders (CDFS 414): Spring 2018<sup>†</sup>

## **STUDENT RESEARCH, THESES & COMMITTEES**

### **Committee Member, Dissertations**

2025	Avneet Batra (Psychology, outside member from 2021-2022)
2025	Madison Johnston (Psychology, outside member from 2021-2022)
2020	Katy DeLong (Psychology, outside member)
2019	Amanda Randall Armstrong (Educational Psychology)
2012	Chad Brice (Psychology, outside member)

### **External Examiner, Ph.D. Thesis**

2022	Cairnmillar Institute, Clinical Psychology
------	--

### **Chair, Master's Theses**

2020	Miles Payne
2020	Krista-Gay Taylor
2016	S. Michelle Watson
2016	A. Jamesa Wagwau
2014	Tandra Sias
2014	Jenica Hughes (co-chaired with Jessica Troilo)
2011	Xin Liu
2009	Amber Fitzpatrick

### **Committee Member, Master's Theses**

2017	Katy DeLong (Psychology, outside member)
2014	Nicole Nightengale
2013	Elizabeth Jones
2013	Katie Rasmussen
2011	Melanie Hockenberry
2011	Brittane Todd
2010	Ying Dong
2010	Jessica Rupenthal
2009	Mychael Masters
2009	Kari Maxwell
2009	Emily Moll

## **Mentor, Undergraduate Research Experiences**

2021                      Adrianna Pierson (Summer Undergraduate Research Experience)  
2014                      S. Michelle Watson (McNair Scholar)

## **OTHER TRAINING**

### **Research Ethics**

Collaborative Institutional Training Initiative (CITI): Social and Behavioral Investigators Training (2003, 2008, 2014, 2017, 2021, 2022, 2025)  
CITI: Human Research, Social and Behavioral Responsible Conduct of Research; Social and Behavioral Investigators Refresher Training (2011)  
CITI: Conflicts of Interest Refresher Training (2016)  
CITI: Research Security and Integrity (2025)  
University of Pittsburgh Internet-based Studies in Education and Research (ISER) HIPAA Privacy Training for Researchers (2006)

### **Grantwriting**

2008                      Write Winning Grants Workshop, Grant Writers' Seminars & Workshops  
                                 Write Winning Grants Seminar, Grant Writers' Seminars & Workshops  
2005                      Getting Started in Grantwriting Seminar, Grant Writers' Seminars & Workshops

### **Teaching**

2020                      Online Teaching Mini Institute  
2019                      Open Textbook Workshop  
2016                      "Go First Friday Academic Dishonesty: Beyond Reaction"  
2014                      "Quality Matters Rubric Update"  
2013                      "Quality Matters: Applying the Rubric"  
                                 Quality Matters Course Development Workshop

## **PROFESSIONAL MEMBERSHIPS**

American Psychological Association (2021-2022)  
European Association for Research on Adolescence (2003-2005)  
Society for Research in Child Development (2001-2022; 2024-2025)  
Society for Research on Adolescence (2000-2025)

## **OTHER TECHNICAL EXPERTISE**

Statistical: SPSS, SAS, Mplus  
Survey: Qualtrics, RedCap, SurveyMonkey  
Qualitative: Dedoose  
Office: Microsoft Office