

Decoupling Measurements and Processes: On the Epiphenomenon Debate Surrounding Brain Oscillations in Field Potentials

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Abstract

Various theories in neuroscience maintain that brain oscillations have an important role in neuronal computation, but opposing views claim that these macroscale dynamics are “exhaust fumes” of more relevant processes. Here, we argue that the question of whether oscillations are epiphenomenal is ill-defined and cannot be productively resolved without further refinement. Toward that end, we outline a conceptual framework that clarifies the dispute along two axes: first, we introduce a distinction between measurement and process to categorize the theoretical status of electrophysiology terms such as local field potentials and oscillations. Second, we consider the relationships between these disambiguated terms, evaluating based on experimental and computational evidence whether there exist causal or inferentially useful links between them. This decomposes the question of epiphenomenalism into a set of empirically tractable alternatives. Finally, we demarcate oscillations as a conceptually distinct entity where either processes or measurements exhibit periodic behavior, and we suggest that oscillatory processes orchestrate neural computation by implementing a temporal, spatial, and frequency syntax. Overall, our reframed evaluation supports the view that electric fields—oscillating or not—are causally relevant, and that their associated signals are informative. More broadly, we offer a vocabulary and starting point for scientific exchanges on the role and utility of brain signals and the biological processes they capture.

Keywords: electrophysiology, neural oscillations, local field potential, measurement, process, causality, conceptual analysis

1. Introduction

Since nearly a century ago, neuroscientists have observed that aggregate neural signals, measured as electroencephalography (EEG), magnetoencephalography (MEG), and local field potential (LFP) recordings show regular fluctuations at characteristic frequencies (Berger, 1929; Loomis et al., 1938). The presence and characteristics of these *oscillations* correlate with various aspects of cognition and behavior (Vanderwolf, 1969; Clayton et al., 2015; Ward, 2003; Herweg et al., 2020; Khanna & Carmena, 2015), raising the possibility that they play a causal role in neural information processing. This hypothesis has given rise to a highly productive research program in which oscillations are cast as coordinators or orchestrators of brain activity (Buzsáki, 2010; Fries, 2005).

However, a competing view is that oscillations, and electric field potentials more broadly, are merely byproducts of neural computation. Under this alternative, oscillations passively reflect neuronal spiking without influencing neuronal computation itself. The contrast between these two perspectives manifests most sharply in the question of whether oscillations in LFPs are epiphenomenal, and its resolution has potentially important implications on the explanatory primacy of spikes versus aggregate

54 macroscale brain activity in theories of cognition (Barack & Krakauer, 2021), as well as the merit of
55 frameworks that grant brain oscillations an active role (Buzsáki & Draguhn, 2004).

56 In this manuscript, we argue that the question of whether oscillations and LFPs are
57 epiphenomenal is ill-defined. Specifically, each concept in this question (oscillations, LFPs, and
58 epiphenomenal) has multiple meanings. As a result, they must be disentangled in order for testable
59 hypotheses to emerge. Here, we outline a conceptual framework that disambiguates the question by
60 reformulating it into a set of more precise alternatives, which we hope would make disputes on the
61 importance of neural signals more empirically tractable. Furthermore, we offer preliminary answers to
62 the reformulated questions using experimental and computational evidence.

63 This contribution unfolds as follows. First, we introduce a distinction between **processes** and
64 **measurements**, which we use to classify key concepts in the electrophysiology literature (Section 2).
65 Second, we introduce two criteria that can be used to evaluate the *relationship* between such concepts
66 (Section 3):

67 (1) The **inference** criterion: Which entity is *informative* toward which other entity?

68 (2) The **causality** criterion: Which entity is *causal* toward which other entity?

69 Leveraging this framework, we then consider the links between LFPs, neurobiological processes,
70 cognition and behavior (Section 4), with oscillations considered separately in light of their unique causal
71 and inferential role (Section 5). We end by offering concluding remarks, and by defending the general
72 applicability of our framework (Section 6).

73 74 **2. Measurements and Processes**

75 One key distinction that must be made in scientific practice is between measurements and processes.
76 Where **process** refers to physical objects and events in the world which are the targets of our
77 investigations, **measurements** refer to the signals or recordings we use to capture information about
78 such objects and events (see Table 1 for a glossary).

79 Examples of **processes** in neuroscience are *neurobiological events* across spatiotemporal
80 scales, including action potentials, molecular cascades, inter-ensemble communication, and any other
81 dynamic interaction between neural structures occurring from the molecular scale to the scale of
82 anatomical regions (Bassett & Sporns, 2017) and distributed networks (Pessoa, 2023). Furthermore,
83 forms of behavior such as motor activity are also physical processes with possible causal effects, as
84 are cognitive processes like attention.

85 **Measurements** qualitatively or quantitatively capture processes with the goal of generating
86 scientific inferences about them. Here, we use measurement in noun form (i.e., roughly synonymous
87 with terms like signal or recording) rather than as a verb, which refers to the act of measurement (see
88 Tiruvadi, 2023 for a relevant discussion). While one might argue that measurements are themselves
89 processes, they are privileged from the perspective of scientific investigation in that they are processes
90 designed and used for inference about other processes, rather than being objects of study themselves.

91 The primary term of interest pertaining to the ill-defined question raised in the introduction is
92 the electric field potential, which we categorize as a measurement. Specifically, the field potential refers
93 to a signal that quantifies the voltage difference between an electrode at a location of interest and a
94 spatially separate reference electrode (Anastassiou et al., 2011). Such potentials can be *local* or *global*.
95 *Local* field potentials are recordings in extracellular space using electrodes inside the brain. *Global* field
96 potentials are recordings using non-invasive techniques such as EEG, or magnetically using MEG,
97 which capture the interaction of many sources throughout the brain simultaneously. We might also add
98 a *mesoscale* for intermediate levels, such as recordings on the cortical surface (electrocorticography;
99 ECoG).

100 For local field potential recordings, a standard practice is to separate the raw signal into two
101 components via analog or digital filters. The first component comprises frequencies below 1000 Hertz
102 (Hz), which usually retains the same name of LFP (which might cause terminological ambiguity in its
103 own right). The second component comprises frequencies between roughly 300 and 3000 Hz, which
104 are separately processed for applications such as spike detection and inferences about single-neuron
105 action potentials.

106 Thus, spikes and LFPs are signals that originate from the same voltage recordings, filtered in
 107 such a way to hone in on the respective process that stereotypically (but not necessarily) underpins
 108 each. Specifically, spikes tap into *action potentials*, and local and global field potentials reflect *aggregate*
 109 *electric fields*, which are charged particles moving through space (such as across neuronal
 110 membranes). Both action potentials and electric fields (henceforth *e-fields*) are processes that can in
 111 principle exert causal effects on subsequent neural events, but measurements thereof cannot. One
 112 intuitive way to parse the distinction between measurement and process is to consider the role of
 113 reference electrodes: the location and physical properties of reference electrodes, as well as the applied
 114 referencing scheme changes measurements (Buzsáki et al., 2012; Einevoll et al., 2013; Shirhatti et al.,
 115 2016), but e-fields, action potentials, and other physical processes are there and the same regardless
 116 of whether there are electrodes to measure them in the first place. For the remainder of our analysis,
 117 we focus on LFPs, with most of the conclusions carrying over to global field potentials unless stated
 118 otherwise.

119

120 **Table 1: Glossary of key terms**

Term	Definition
Measurement	A recording or signal that captures information about a physical process, offering a qualitative or quantitative indication of changes to this process; e.g., a time series of voltage values
Process	Physical events in the world which may be observed through a measurement; e.g., the movement of ions and proteins, but we also include static entities such as an axon
Field potential (local/global)	Voltage recordings of electric fields measured locally in extracellular space (LFP) or globally from masses of activity (EEG, or detection of their magnetic fields using MEG). All field potentials are <i>measurements</i>
Electric field	Physical field of charged particles, whose movement (a <i>process</i>) is captured by field potential recordings (a <i>measurement</i>)
Spike	<i>As a measurement:</i> Sharp deflections in the high-pass filtered LFP, lasting ~1ms in duration and often with a stereotypical waveform across neighboring recording channels <i>As a process:</i> An action potential, or the rapid change in electrical potential associated with the passage of an impulse along the membrane of a neuron, caused by the opening and closing of sodium and potassium channels
Oscillation	<i>As a measurement:</i> Periodic structure in the LFP, commonly detected by bandpass filtering or observing peaks in the power spectrum <i>As a process:</i> Periodic structure in the brain's electric fields, neurobiological processes (e.g., synaptic events), behavior, or any other process resulting from an oscillator mechanism (for details, see Section 5.2)
Ephaptic coupling	A process in which extracellular e-fields influence neurons, and in particular, their membrane voltage potential, via non-synaptic and non-gap junction means
Epiphenomenon	Events that are caused by processes in a system but which do not exert causal effects on the system itself, such as the steam whistle of a locomotive relative to its movement
Causal relation	A relation between A and B is causal if there is a possible intervention on A that produces changes in B or vice versa, such as when an experimental lesion of a brain region impairs a cognitive function

121 **3. Disentangling inference and causality**

122 We next add two additional criteria: to what extent are LFPs, oscillations, and electric fields *causally*
 123 *relevant*, and to what extent are they *inferentially informative*?

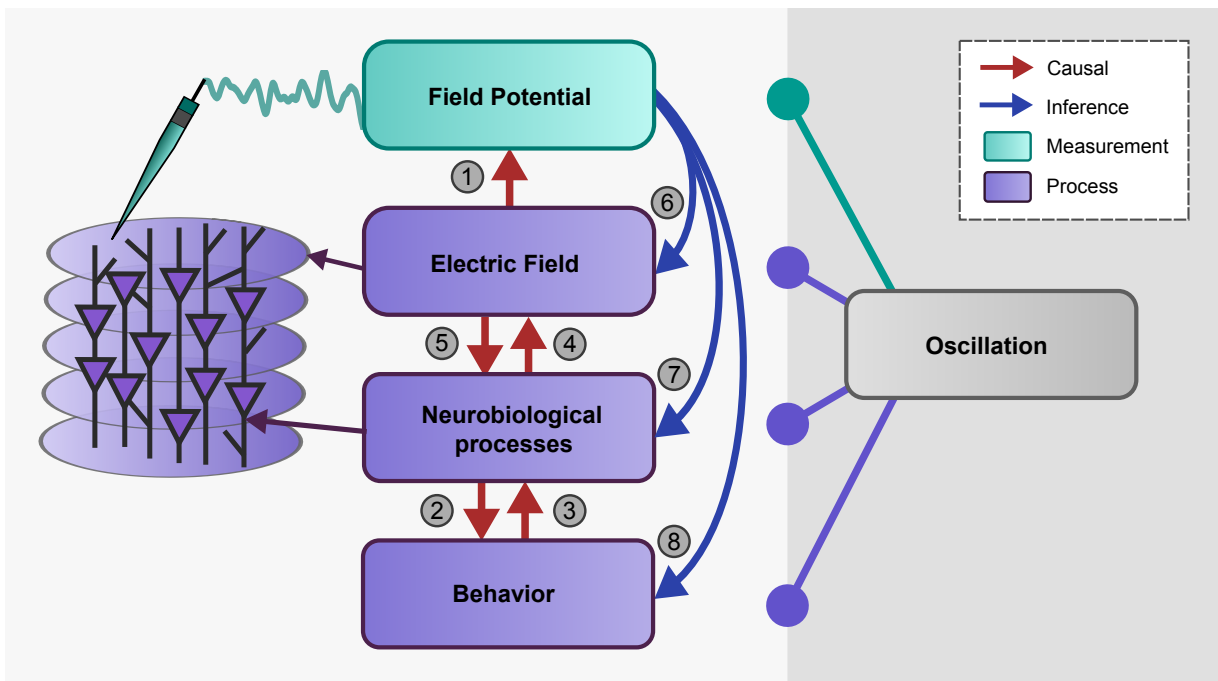
124 The **inference** criterion is epistemic. Here, the question is whether information about one entity
 125 reduces uncertainty about the state of another. For example, if we see oscillations in the LFP at a
 126 specific frequency band, does this lower our uncertainty about which cognitive processes are currently
 127 active, or which neurobiological processes are ongoing? Even if no direct causal link underpins any two
 128 processes, a measurement of one may still confer information about the other.

129 The **causality** criterion considers whether any one entity influences another. For the present
 130 purposes, we define a causal relationship as one where interventions on one entity can in principle
 131 produce changes in another (Woodward, 2003; Pearl, 2009; see Barack et al., 2022 & Ross & Bassett,
 132 2024 for relevant discussions).

133 Together with measurements and processes, the distinction between inference and causality
 134 offers a disambiguation tool which we can use to sharpen our analysis, setting the stage for further
 135 inquiry. In the writing that follows, we first evaluate the causal and inference criteria of the *LFP* and the
 136 *e-field* in relation to *neurobiological processes* and *behavior*, regardless of the specific temporal
 137 dynamics at play (Section 4). After that, we turn to *oscillations* specifically, which we argue can occur
 138 both in measurement and process, and which are poised to serve a general computational role in the
 139 brain (Section 5).

141 **4. Theoretical status of local field potential and electric fields**

142 In this section, we introduce a roadmap to understanding the relationship between various key terms in
 143 the electrophysiology literature, evaluating their links via the criteria of causality and inference. For an
 144 overview of our conceptual framework, see Figure 1. Now, we unpack this roadmap and evaluate the
 145 questions it yields, starting with uncontentious ones and moving to increasingly complex relations.
 146
 147



148 **Figure 1. A conceptual roadmap for electrophysiology terms**

149 In this framework, we separate four primary entities of interest. At the top, local and global field potentials measure e-fields without itself exerting any causal effects on the brain (cyan). One step down, the e-fields captured by this measurement are produced by neuronal activity and other electrochemical processes, and constitute a physical process (purple). Neurobiological processes in turn produce behavior and might be influenced by electric fields. Furthermore, each of the entities can display the

154 dynamical property of periodicity, instantiating a type of oscillation (right hand side)—a point which will
155 be explicated in Section 5 and Figure 2. Arrows denote directions of causality (red) and informativeness
156 (blue), and the numbers next to arrows are referred to in Section 4.

157

158 *Are LFPs causal toward any entity?*

159 No—the LFP is a measurement, which does not causally influence its underlying process.

160

161 *Are electric fields causal to the LFP? (arrow 1)*

162 Yes—as defined in Section 2, changes in extracellular e-fields sum up locally or globally to produce
163 changes in microwires, EEG or ECoG electrodes, and which produce magnetic fields that are detected
164 using MEG. This explains how the field potential signals come about. More technically, the negative
165 gradient of the electric potential in any direction makes up the electric field component in that direction.

166

167 *Are neurobiological processes causal to behavior and vice versa? (arrow 2 & 3)*

168 Yes—axiomatic to the neurosciences, neurobiological processes influence behavior, either directly
169 through efferent projections to the peripheral nervous system, or indirectly through long-lasting
170 structural or functional changes which encode previous experience and future expectations.
171 Conversely, behavior shapes sensory input available to the organism through for example active
172 sensing (e.g., whisker movement) and bodily changes, thereby causally affecting neural processes.

173

174 *Are neurobiological processes causal to e-fields? (arrow 4)*

175 Yes—electric fields in the brain are both directly generated and indirectly shaped by neurobiological
176 processes (Pesaran et al., 2018). Here, we provide some notable examples. First, as action potentials
177 are initiated and propagated, a cascade of ion flow kicks in that changes electric gradients across
178 neuronal segments. Second, neurotransmitter binding at postsynaptic sites opens membrane channels
179 (e.g., chloride), with the associated charged ion movement altering the aggregate extracellular fields.
180 Third, neuronal burst-firing is associated with slow calcium fluctuations (Teplov et al., 2021; Nestvogel
181 & McCormick, 2022), which can change electric fields on a longer timescale (Krahe & Gabbiani, 2004).
182 Out of these factors, it appears that the largest driver of extracellular electric fields are events near the
183 synapse, as well as synchronous action potentials (Buzsáki et al., 2012; Einevoll et al., 2013; Mazzoni
184 et al., 2015; Reimann et al., 2013). However, the exact distribution of causes is not fully mapped out,
185 with further pursuits required (Buzsáki et al., 2012).

186 Besides the *generation* of e-fields, many neural events indirectly *influence* e-fields. For
187 example, the morphology of nearby neurons, glial cells, and the electrical conductance of surrounding
188 tissue affect the spatiotemporal structure of nearby e-fields (Bédard et al., 2006; Lindén et al., 2010).
189 Together, these amount to biological filters that shape the e-field and the LFP measurements of it.

190

191 *Do e-fields causally influence neurobiological processes? (arrow 5)*

192 Our answer is a preliminary and tentative yes, though further work is needed to understand the nature
193 and extent of these effects. Specifically, the available evidence points towards **ephaptic coupling**, a
194 process by which extracellular e-fields, emanating from individual neurons, cell ensembles, or larger
195 populations, exert causal influences on other neurobiological processes by routes other than direct
196 synaptic transmission (Pinotsis et al., 2023). In our view, this is a pertinent reformulation of the question
197 of whether LFPs are epiphenomenal because it turns the problem into an empirically tangible one about
198 causal relations between operationalized processes.

199

200 Since neurons consist of polarizable cell membranes, it is a biophysical triviality that
201 surrounding e-fields must polarize their membranes and thereby alter the neurons' excitability. Indeed,
202 as a theoretical lower bound, neurons can be modulated by fields as weak as 0.01 V/m despite thermal
203 and molecular shot noise (Weaver & Astumian, 1990; Weaver et al., 1999). However, the central
204 question is whether there exist effects that are sufficiently strong to produce meaningful effects on
205 neurobiological processes. Here we review experimental work suggesting that externally applied
electrical fields produce changes in spiking activity at the field strengths produced by healthy brain

206 activity. In parallel, computational work suggests that these principles also shape endogenous brain
207 activity. We discuss both lines in turn.

208 First, the experimental induction of e-fields polarizes neurons both *in vitro* (Chan et al., 1988;
209 Jefferys, 1995; Radman et al., 2007; Fröhlich & McCormick, 2010; Anastassiou et al., 2011) and *in vivo*
210 (Vöröslakos et al., 2018). The direct effect of external fields on individual neurons is relatively small.
211 Specifically, supplied fields generally polarize neuronal membranes by < 0.5 volt per meter (V/m) of the
212 applied electrical field, although these effects may be somewhat amplified by resonance within a neural
213 circuit (Ali et al., 2013). In addition to this, relatively strong e-fields (20 – 100 V/m) are required to evoke
214 an action potential in quiescent neurons. A misconception is that because of these factors, weak fields
215 such as less than 1 V/m are causally inefficacious. Importantly however, in evaluating whether
216 exogenous e-fields produce neurobiological effects, action potential initiation is not the only bar.
217 Namely, weak subthreshold input can alter the temporal structure of spike trains, inducing rhythmic
218 regimes that cause neurons to fire sooner or later than they normally would (Anastassiou et al., 2011;
219 Francis et al., 2003; Fröhlich & McCormick, 2010; Johnson et al., 2020; M. R. Krause et al., 2017, 2019;
220 Ozen et al., 2010; Reato et al., 2010). As reviewed in Alekseichuk et al. (2022), external fields as weak
221 as 0.5 V/m can alter the timing of neuronal spiking, with one study observing spike timing modulations
222 at strengths as low as 0.2 V/m (Vieira et al., 2020).

223 The relevance of such findings depends on whether endogenous fields are similarly strong. As
224 reviewed in Weiss & Faber (2010), a large body of work shows they are. Starting with a high bound,
225 pathological discharges in the epileptic hippocampus can reach nearly 70 V/m (Jefferys, 1995).
226 However, even healthy sharp-wave and ripple activity produce fields between 2 and 20 V/m (Ylinen et
227 al., 1995). Furthermore, the structure of the hippocampus is well-suited to generate strong electric fields,
228 and slow waves in the cortex produce e-fields of approximately 1 to 2 V/m (Weiss & Faber, 2010).

229 A limitation of the external field approach is that it perturbs the natural dynamics of neural
230 systems. Computational models, in which properties and effects of neurally generated e-fields are
231 simulated, offer a second line of support for ephaptic coupling. In one study, biophysical simulation of
232 neuronal ensembles predicted LFP signals recorded during a spatial task better when the extracellular
233 fields were modeled to weakly feed back into local neuron clusters (though not for all task conditions;
234 Pinotsis & Miller, 2023). In another study, neural activity was found to propagate along an unfolded slice
235 of hippocampus even when synaptic and gap junction transmission are blocked, with simulations
236 tailored to the data suggesting that these effects emerge with biologically plausible field strengths
237 (Zhang et al., 2014). Other efforts using *in vitro* and modeling-only approaches also support ephaptic
238 coupling (Bokil et al., 2001; Qiu et al., 2015; Warman et al., 1992).

239 Furthermore, we highlight two promising future avenues. First, we can exploit propagation
240 asymmetries between ephaptic and synaptic coupling mechanisms to get a handle on their relative
241 causal contributions. While axons transmit signals at about 0.3 meters per second (m/s), synchronous
242 e-fields propagate at around 0.1 m/s from their source (Qiu et al., 2015). As a result, during periodic
243 regimes of neuronal activity, the two effects should interact and amplify at regular moments and
244 distances, and their interference effects on neurobiological processes should be empirically discernible
245 (Hesp, 2021). Second, we can apply pharmacological and genetic interventions that target bioelectric
246 signaling pathways to acquire some direct control over endogenous fields and their dynamics (Levin,
247 2012, 2014).

248 In conclusion, these lines of evidence suggest endogenous electric fields are both sufficiently
249 strong to alter neural activity (based on the effects of exogenous electric fields) and necessary to
250 produce parsimonious accounts of some neural data. Thus, we believe that a common critique of
251 ephaptic coupling—i.e., that it is simply too weak to produce meaningful effects—is unlikely to be true.
252 Nevertheless, ephaptic effects may not be a major contributor to every brain circuit. Electric fields most
253 effectively polarize a neuron when they are aligned with the cell's morphology, generally along its
254 somatodendritic axis (Radman et al., 2009). One intriguing possibility is that some circuits may be
255 organized in ways that minimize ephaptic input, akin to designs that mitigate crosstalk in engineered
256 circuits. For example, cells near a large fiber bundle could be oriented orthogonally to the electric field
257 it emits or have otherwise difficult-to-polarize morphology. Ephaptic and synaptic input also travel at

258 different speeds (Qiu et al., 2015), and circuits could be specifically organized so that these signals
259 either do or do not overlap. These are testable hypotheses which, to our knowledge, have not been
260 systematically examined.

261

262 *Do neural e-fields causally influence behavior? (no arrow)*

263 A further question is whether ephaptic coupling, if it is occurring endogenously in the brain, influences
264 cognition. The causal stance on e-fields is that ephaptic effects are widespread and powerful enough
265 to change information processing, cognition, and behavior. A non-causal stance on e-fields is that any
266 association we find between the flow and charge of ions that make up neural e-fields and cognition
267 results from other processes, in particular the processes that generated and influenced the e-field. As
268 such, the non-causal view maintains that if any selective change were to occur to endogenous e-fields,
269 no higher-level phenomena would be affected.

270 The answer to this dispute is actively being pursued, with indirect lines of evidence supporting
271 the causal position. For one, weak external fields of 0.5 V/m increase measures of neuronal
272 synchronization by similar amounts as observed during cognitive events such as working memory
273 maintenance (Bahmani et al., 2018), learning on a discrimination task (Van Wingerden et al., 2010b),
274 reward expectance (Van Wingerden et al., 2010a), and during other tasks (reviewed in M. R. Krause et
275 al., 2019). Second, a growing body of research shows that externally induced electric fields influence
276 human behavior across cognitive domains (Deng et al., 2019; Hanslmayr et al., 2019; V. Krause et al.,
277 2016; Polanía et al., 2015; Thut et al., 2011; van Bree et al., 2021). To highlight an illustrative example,
278 the application of an alternating current to frontal and parietal areas changes reaction times on a working
279 memory task when the induced fields oscillate at specific frequencies (6 Hz but not 35 Hz), with such
280 changes depending on the phase difference between the exogenous currents (Polanía et al., 2012).
281 While causal results of this kind are encouraging, their implications toward the hypothesis that
282 *endogenous* fields influence behavior and cognition relies on a complex and perhaps underexposed
283 train of inference (Box 1; Bergmann & Hartwigsen, 2021).

284

285

286 **Box 1: The interpretative logic of brain stimulation studies**

287 As a general rule, brain stimulation studies adopt the following interpretative logic. First, a perturbational
288 method is used to modulate an independent variable. For example, transcranial magnetic stimulation
289 (TMS) or electric stimulation (tES) might be harnessed to control the presence or strength of a 10 Hz
290 oscillatory field induced artificially in the parietal cortex. Then, it is measured how this manipulation
291 alters a dependent variable, such as behavioral patterns in an attentional task. Finally, statistically
292 reliable effects of the manipulation are taken to offer evidence that changes in endogenous analogues
293 of the independent variable—for example, *internally* generated parietal alpha oscillations—also exert
294 such causal effects on behavior. Critically, this inference contains a multitude of assumptions that
295 warrant scrutiny. For example, to what extent are the supplied fields similar in voltage level and
296 spatiotemporal dynamics to neurally generated e-fields (Ruffini et al., 2020)? What are the mechanisms
297 by which the exogenous fields are hypothesized to exert their effect—standard interneural
298 communication or ephaptic coupling—and is this how the naturally behaving brain realizes behavior
299 too? What theoretical role do entities of interest play in accounting for the observed findings? For
300 example, what causal and explanatory function is granted respectively to electric fields themselves,
301 spikes, and population dynamics in accounting for the behavioral change? By moving such questions
302 up front, we stand to gain more clarity on what brain stimulation results teach us about endogenous
303 neural e-fields and their consequences for behavior, cognition, and neuronal computation.

304

305

306 ***Are LFPs informative of e-fields, neurobiological processes, and behavior?***

307 Regardless of whether electric fields causally affect neurobiological processes or behavior, it is a further
308 question whether their corresponding measurement, the LFP, offers information toward processes that
309 can be used to gain scientific insights. Indeed, phrases like “causally relevant”, “epiphenomenon”,

310 “exhaust fume”, and “byproduct” leave the extent to which field potential signals are scientifically
311 meaningful open to interpretation. Here, we try to mitigate such underspecification by evaluating
312 whether information about the state of any one framework entity reduces our uncertainty about the state
313 of another.

314

315 *LFP to e-field (arrow 6)*

316 The LFP is deeply informative of e-fields because the charged ions that make up the e-field are what is
317 directly picked up by electrodes. However, the measurement is imperfect and non-unique, given that it
318 depends on the placement of the reference electrode. One technique to make LFP measurements
319 invariant to such details is to compute the second spatial derivative of the signal. This recovers the
320 current source density, affording near one-to-one inferences about the e-field (Bastos et al., 2018; Chen
321 et al., 2011; Mitzdorf, 1985; Schroeder et al., 1995). Even then, LFP-to-field inferences are hampered
322 by our ability to tell apart sink and source, as well as other noise factors such as electrode defects.

323 Two further interrelated issues are the inverse problem and source contamination. The inverse
324 problem refers to the impossibility of finding a unique set of neuronal generators for any signal given
325 insufficient observations, and the source contamination problem refers to the fact that e-fields other
326 than the neural source of interest also influence the signal. These issues are most striking for global
327 field potentials derived from EEG and MEG where many more neuronal sources explain variability in
328 the signal, but they are a problem for local measurements too. With these limitations in mind, we
329 emphasize that field potentials are distinctly informative of e-fields given their direct relation. In contrast,
330 methods like functional magnetic resonance imaging (fMRI) infer neural processes from signals
331 produced by numerous interlocking processes and factors, including cerebral blood flow, blood volume,
332 and metabolic oxygenation rates, some with non-linear relations among each other (Hillman, 2014;
333 Buxton et al., 2004; Heeger & Ress, 2002; Uludağ et al., 2004).

334

335 *LFP to neurobiology (arrow 7)*

336 The LFP can be used to draw inferences about synaptic, cellular, microcircuit, neural populations and
337 more, because—as mentioned before—these neural structures influence the e-field, and therefore
338 LFPs. However, because there are many ways for a circuit to create the same e-field, it depends
339 situationally whether specific predictions can be made about neurobiological processes (Pesaran et al.,
340 2018). To offer a few examples where they can, on the single-cell level, the LFPs index the fluctuations
341 of intracellular membrane potential due to excitatory and inhibitory synaptic contributions, both from
342 oscillatory (Atallah & Scanziani, 2009; Okun et al., 2010; Haider et al., 2016) and non-oscillatory
343 regimes of activity (Chini et al., 2022; Gao et al., 2017; Lendner et al., 2023; Mazzoni et al., 2015;
344 Trakoshis et al., 2020). On the circuit level, properties such as power in oscillatory frequency bands
345 informs us of circuit motifs (Mendoza-Halliday et al., 2024), because different motifs robustly produce
346 different rhythmic responses (Womelsdorf et al., 2014). Furthermore, the frequency spectra of LFPs
347 can be informative of non-active properties of the surrounding neural tissue (Lindén et al., 2010), and
348 the slope of the $1/f_{\text{frequency}}$ component (also known as *pink noise* or *aperiodic component*) scales with
349 the depth of cortical layers (Halgren et al., 2021). On the population level, high-frequency activity is
350 strongly indicative of population spiking (Ray & Maunsell, 2011), and $1/f_{\text{frequency}}$ power law exponents
351 approximate the balance of excitatory and inhibitory synaptic drives (Gao et al., 2017; Nanda et al.,
352 2023). This non-exhaustive list continues to grow with time. For example, recent approaches combine
353 computational model simulations (Lindén et al., 2011; Mazzoni et al., 2015; Einevoll et al., 2013), multi-
354 modal human brain data (Gao et al., 2020; Mahjoory et al., 2020; Markello et al., 2022), and machine
355 learning methods (Skaar et al., 2023; Tolley et al., 2023) to establish correlations and inverse models
356 between neural dynamics and circuit parameters.

357

358 *LFP to behavior and cognition (arrow 8)*

359 Techniques that measure local (LFP from microwire) and global potentials (EEG, MEG) have been a
360 workhorse across paradigms in cognitive neuroscience. Here, we cover a subset of exemplifying
361 approaches and point to more comprehensive reviews elsewhere.

362 As a first example, event-related potentials (ERPs) reflect the cross-trial average neural
363 responses to internal and external events of interest. There are different kinds of ERPs, occurring at
364 various temporal offsets and emerging from different sources in the brain (Herrera et al., 2023; Molnár,
365 1994). A massive body of work has shown that these patterns offer reliable signatures of behavior and
366 internal cognitive processes, including sensory processing (Pratt, 2011), prediction error (P300; Picton,
367 1992; N400; Kutas & Hillyard, 1980), action planning (readiness potential; Schurger et al., 2021),
368 attention (Luck et al., 2000), and memory (Rugg & Curran, 2007).

369 Second, the previously mentioned $\frac{1}{\text{frequency}}$ component across the LFP is predictive of arousal
370 levels (Waschke et al., 2019), sleep stages (Lendner et al., 2020), and explains variability in cognitive
371 functions like attention (Waschke et al., 2021), memory performance (Donoghue et al., 2020; see also
372 (Lim & Goldman, 2013), and language learning (Cross et al., 2022).

373 Third, research has capitalized on the full range of LFP dynamics to predict cognitive
374 processing by searching for systematic relations between brain activity and behavior of interest in a
375 data-driven fashion. Relevant approaches include statistical techniques like multivariate pattern
376 analysis (MVPA; Cichy & Pantazis, 2017; Grootswagers et al., 2017; King & Dehaene, 2014;
377 Sandhaeger & Siegel, 2023) and neural network approaches (Frey et al., 2021; Garrett et al., 2003).
378 Besides predicting positional (Jensen & Lisman, 2000; Reifenshtein et al., 2012), and bodily variables
379 (Flint et al., 2012), these techniques confer information about internal processes that can be difficult or
380 impossible to assess behaviorally. For example, field potentials are informative toward attentional focus
381 (Esghaei & Daliri, 2014; Thiery et al., 2016; Tremblay et al., 2015), the contents of working memory
382 (Polanía et al., 2015), the evolution of long-term memory processes (Kerrén et al., 2022; Linde-Domingo
383 et al., 2019; Staresina & Wimber, 2019), mental event replay (Y. Liu et al., 2019; Michelmann et al.,
384 2019), and internal decision-making variables (Z. Liu et al., 2022). In this way, the LFP adds to our
385 repertoire of behavioral and cognitive measurements by shining a light on opaque internal
386 neurocognitive processes, affording mechanistic insights hard to obtain via psychological
387 experimentation.

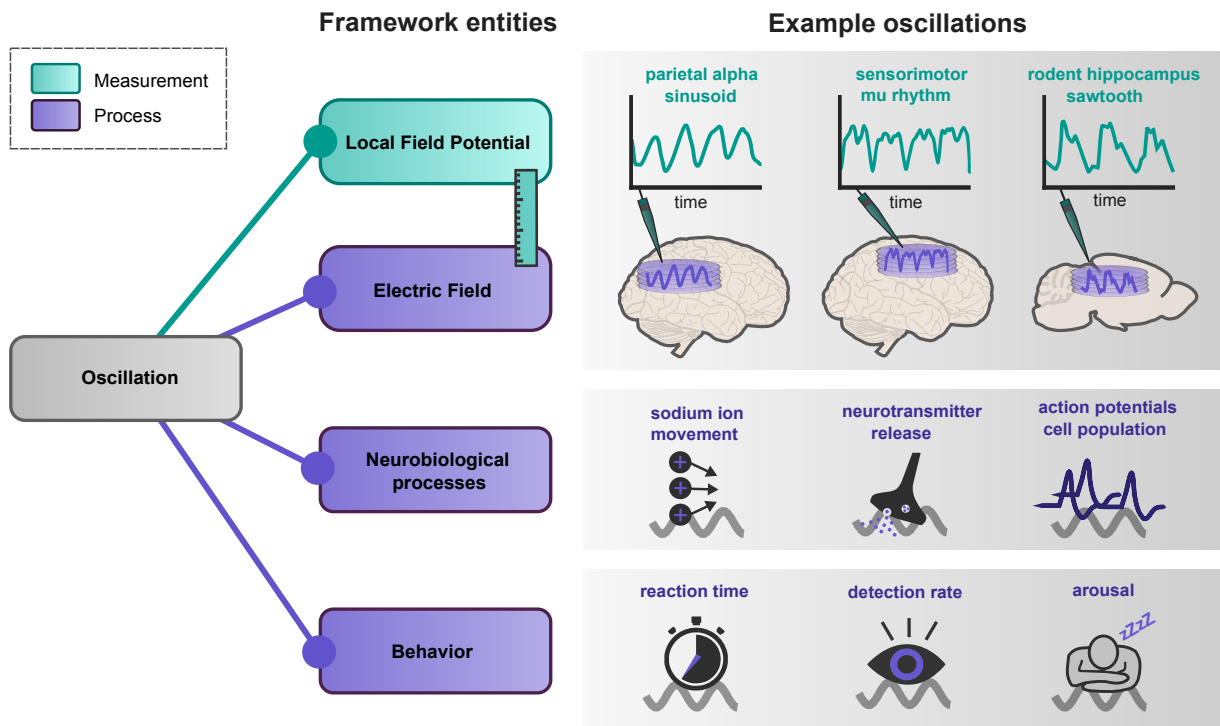
388 **5. The theoretical role of oscillations**

389 In this section, we hone in on the phenomenon of oscillations (Figure 2). As with our previous discussion
390 of LFP and electric fields, our aim is to clarify entangled uses of the term *oscillation*, and to foster a
391 common ground for scientific discussion and investigation. While it is generally accepted that
392 “oscillation” refers to a specific kind of temporal structure, the term has a multiplicity of uses across the
393 cognitive and systems neuroscience literature. In contrast to its straightforward mathematical definition
394 (a function $f(x)$ is oscillatory when $f(x) = f(x + T)$ for some non-zero period, T), defining oscillations
395 is less straightforward in the biological sciences, in which nothing repeats perfectly or indefinitely. This
396 results in two distinct ambiguities. First, the term *oscillation* is used indiscriminately to refer to a specific
397 kind of temporal structure in measurements or in processes. Second, there is a lack of consensus on
398 how to identify and distinguish oscillations from other dynamical features, regardless of whether that
399 concerns measurements or processes (Bánki et al., 2022). These ambiguities feed into two further
400 sources of disagreement in the field: 1) the degree to which oscillations in the e-field exert causal effects,
401 and 2) the role oscillations play in neural computation.

402 **5.1 Oscillation in measurement and process**

403 As with the distinction between e-fields and LFP, it is crucial to distinguish oscillations in the
404 measurements we use to study neurobiological systems from oscillations in the processes themselves:

405 *Oscillations-in-measurements* are periodic-like structures in temporally evolving signals, such
406 as the LFP (Figure 2, top row). This includes persistent rhythms, such as the 6 to 10 Hz fluctuations
407 observed in data from the rodent hippocampus (Vanderwolf, 1969), as well as short-lived transients



411 **Figure 2. Oscillations in measurement and process**

412 Oscillations are characterized by rhythmic temporal structure in any of the entities in our framework—
 413 manifesting variously in both measurements and physical processes. We outline a few example
 414 oscillations for each of our framework entities (right side). For example, rhythmic fluctuations in EEG
 415 signals, electric fields, neurotransmitter release, and detection rate each characterize one *type* of
 416 oscillation (for details, see Section 5.2).

417

418 (Jones, 2016) like the several hundred milliseconds-long bursts of 20 Hz oscillations observed in data
 419 from human primary somatosensory cortex (Shin et al., 2017). These dynamical features may or may
 420 not be visible to the naked eye, and are more commonly quantified with techniques like Fourier and
 421 wavelet transforms (Cohen, 2014), temporal filters (e.g., bandpass), and approaches that extract
 422 oscillatory components by applying linear projections to the data (Makeig et al., 1995; Parra et al., 2005;
 423 Schaworonkow & Voytek, 2021; Cohen, 2017).

424 In contrast, *oscillations-in-process* are typified by rhythmically repeating sequences of physical
 425 events (see Section 5.2 for demarcation criteria). In addition to electric fields, oscillations also occur in
 426 neurobiological processes such as the spiking of individual neurons (Hutcheon & Yarom, 2000; Stiefel
 427 & Ermentrout, 2016) and populations (Buzsáki & Draguhn, 2004), the opening and closing of membrane
 428 ion channels (Dorval, 2006), gene expression (Li et al., 2013), and cerebral hemodynamics and
 429 metabolism (Obrig et al., 2000), as well as in behavior (Honey et al., 2018), including memory (Ter Wal
 430 et al., 2021) and attentional processes (Fiebelkorn et al., 2013; Landau & Fries, 2012; but see
 431 Brookshire, 2022 & Vinck et al., 2022 for analytical considerations; Figure 2).

432 Oscillations typically emerge from the interaction of multiple connected processes, such as
 433 through the presence of negative feedback or nested loops (Strogatz, 2019). For example, networks of
 434 mutually inhibiting neurons (Matsuoka, 1985) and more complex configurations of excitatory and
 435 inhibitory neurons naturally instantiate a push-pull dynamic (Börgers & Kopell, 2008; Buzsáki & Wang,
 436 2012; Kopell et al., 2000; Whittington et al., 2000; Womelsdorf et al., 2014) which produces
 437 interdependent rhythmic fluctuations in population spike rate, synaptic currents, and ultimately, the
 438 surrounding e-field. On the cellular level, the interplay between depolarizing and hyperpolarizing
 439 conductances produces rhythmic fluctuations in the membrane potential and spiking dynamics of
 440 individual neurons (Lopes Da Silva, 1991; Steriade & Llinás, 1988).

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5.2. Inferring oscillations-in-process from oscillations-in-measurement

In most cases, we are not interested in the measurements themselves, but rather the oscillations-in-process they may reflect, and it is worth noting explicitly and exploring how one might occur without the other. Furthermore, inferring oscillations-in-process from measurements carries with it two challenges of demarcation: (1) how are oscillations-in-measurement identified among other patterns in our signals, and (2) what differentiates *any* rhythmically fluctuating process from a genuine oscillation-in-process.

The first challenge concerns the demarcation of oscillations in measurement from colored noise and other aperiodic fluctuations seen widely across neural signals (He, 2014). Moreover, oscillations may take non-sinusoidal shapes, such as a sawtooth (Cole & Voytek, 2017) or μ -like shape (Arroyo et al., 1993). All of these produce spectral power at non-fundamental frequencies, such as around harmonic frequencies (Donoghue et al., 2020; Schaworonkow, 2023). The field is actively developing techniques and guidelines to improve our signal analysis capabilities (Gross, 2014), including algorithms that factor in colored noise (Donoghue et al., 2022; Gerster et al., 2022), methods that account for the waveform shape of oscillations (Cole & Voytek, 2017; Quinn et al., 2021), quantification techniques that rely on phase consistency (Tallon-Baudry et al., 1996), and spatial filters that amplify detection of weaker rhythms (Schaworonkow & Voytek, 2021). Importantly, these points concern not only oscillations in brain activity, but apply to the detection of any oscillation from time series measurements, including oscillations in cognitive and behavioral data (Brookshire, 2022; Vinck et al., 2022).

Second, even when a reliable rhythmic pattern is detected in neural recordings, this need not always be produced by oscillations-in-process. For example, when rhythmic trains of stimuli are presented (such as a sequence of sounds), recordings of brain activity will contain a rhythmic component simply because each stimulus produces an ERP, with the concatenation of such responses giving the illusion of an oscillation (Capilla et al., 2011; Zoefel et al., 2018). However, oscillations-in-process arise from oscillators and their unique properties: oscillators have a rate at which they preferentially fluctuate (i.e., they have a natural and resonance frequency), and they operate in a self-reinforcing fashion—both of which leave their mark on electrophysiological measurements (van Bree et al., 2022; but see Doelling & Assaneo, 2021 for a critical perspective). For example, the self-reinforcing nature of oscillators means that rhythmic activity is expected to persist for one or more cycles after external inputs have ceased (van Bree et al., 2021; Kösem et al., 2018; Lakatos et al., 2013; Bouwer et al., 2023; Hanslmayr et al., 2014; Albouy et al., 2017), and the existence of preferred oscillator frequencies entails that as the distance in frequency between external rhythm and oscillator increases, more stimulus intensity is required to produce synchronization (Pikovsky et al., 2001; Henao et al., 2020). Thus, repetitions of processes are necessary but not sufficient for the presence of an oscillation-in-process. What is also necessary is the involvement of an oscillator, and our ability to evaluate if this is the case (rather than assume as much) depends on the experimental context.

The implicit conflation of *oscillations-in-process* and *oscillations-in-measurement* could contribute to disagreement about whether oscillations are epiphenomenal. Indeed, if two discussants implicitly associate the word oscillation in varying degrees with periodicity in the LFP versus periodicity in physical processes, scientific exchanges between them will be misdirected from the outset. For an overview of related ambiguities, see Box 2.

Box 2. Ambiguity of the term oscillation

After having spelled out the difference between oscillation-in-measurement and oscillation-in-process, we explore two terminological ambiguities that can occur in the literature: First, in the case of oscillation-in-process, it is not always apparent whether authors are referring to fluctuating e-fields only, or also to the entire generating mechanism associated with it (Buzsáki et al., 2004). For example, the claim that alpha oscillations underpin attention might on the one hand mean that the e-fields are doing the primary causal work (e.g., via ephaptic coupling), or on the other hand that the neurobiological events that produced the e-fields are doing the heavy lifting.

493 Second, at times the same terminology is used when referring to both a given oscillation-in-
494 process as well as its corresponding oscillations-in-measurement (this differs from the previous point,
495 which concerns processes only). For example, “theta oscillation” might refer to fluctuations in physical
496 events in the brain *and* to fluctuations in a measured signal between 4 to 8 Hz, with the implicit (though
497 potentially incorrect) understanding that the two entities are tightly coupled. This distinction is non-trivial,
498 as theta-in-measurement can be explained by a plethora of other neural processes. For one, 4-8 Hz
499 peaks in the signal might reflect e-fields from local circuit operations at a source of interest such as the
500 hippocampus, or they might reflect volume conducted e-fields of surrounding structures such as the
501 medial septum and olfactory bulb (Pignatelli et al., 2012; Schneider et al., 2021). Second, signal peaks
502 might reflect different types of processes even near the source of interest, such as atropine sensitive
503 and atropine insensitive theta (Stewart & Fox, 1989).

504 Putting all this together, “theta” might simultaneously refer to (1) peaks in the frequency
505 spectrum between 4 and 8 Hz of a signal, (2) fluctuating e-fields originating from dipole sources in the
506 hippocampus, (3) e-fields generated by axonal projection of volume conduction far away from the
507 source, (4) the underlying circuitry necessary to produce e-fields over and above the e-fields
508 themselves, or (5) a mix of all of the above including signal, generating mechanisms, task variables
509 inducing the oscillation. Such ambiguity naturally leads to confusion, as well as to empirical and
510 conceptual disagreement regarding the epiphenomenal nature of oscillations. Although this example
511 isolates “theta” as a canonical example, it is equally applicable to the various connotations of alpha
512 (thalamus, visual cortex, attention), beta (motor, motor cortex, basal ganglia), gamma (perception,
513 sensory cortex, pyramidal-interneuron-gamma circuits), and other characteristic frequency bands.

516 **5.3 The potential role of oscillatory ephaptic coupling**

517 In section 4, we discussed evidence for the causal role of e-fields towards neurobiological processing.
518 Here, we evaluate a variation of the ephaptic coupling hypothesis which considers *oscillating* e-fields in
519 particular. Put differently, what causal powers might be exerted by e-fields which are fluctuating
520 periodically at characteristic frequencies?

521 A fundamental insight from the physics of oscillators is that weak perturbations can produce
522 strong and diverse effects on systems of coupled oscillators (Pikovsky et al., 2001). In the brain, cortical
523 neurons operate at a noise-driven, high-conductance state near threshold (Destexhe et al., 2003). From
524 this basis, weak e-fields have the potential to exert strong effects even if they cannot in isolation cause
525 neurons to discharge action potentials. Specifically, a key idea is that oscillatory fluctuations in the e-
526 field riding on top of background noise dynamics can translate into changes to spiking activity across
527 masses of neurons. The prediction is that oscillations in the e-field which closely match the intrinsic or
528 synaptically-driven oscillations in neurons can amount to an additional force on top of classical
529 mechanisms, where the coordinated temporal summation (which is intrinsically present in waxing and
530 waning oscillations) influences the amount of rhythmic spiking across cell populations.

531 Moreover, even if the e-field fluctuations are not aligned (in terms of shape, frequency, or
532 phase) with the spectral content of neurons’ endogenous or other input dynamics, the fields might
533 compete for control over spike timing. In indirect support of this, external fields alter the rhythmicity of
534 neuronal spiking (Vieira et al., 2023). For example, the application of a weak electric field (~1 V/m) at 5
535 Hz to neurons participating in a theta oscillation reduced their synchronization to it, and stronger
536 stimulation (~2 V/m) caused the neurons to entrain to the external rhythm instead (M. R. Krause et al.,
537 2022).

538 Furthermore, even if e-fields are not oscillating, the degree of rhythmic spiking of neurons could
539 be assisted through stochastic resonance, which is a phenomenon where weak and otherwise
540 undetectable processes are boosted by the addition of noise (Gluckman et al., 1996; Vázquez-
541 Rodríguez et al., 2017). Together, these findings preliminarily suggest that oscillatory e-fields are a
542 physical process with sculpting functions, and that even non-oscillating e-fields can bolster rhythmic
543 firing modes. With that said, the methodological considerations and caveats covered in Section 4 apply
544 here too.

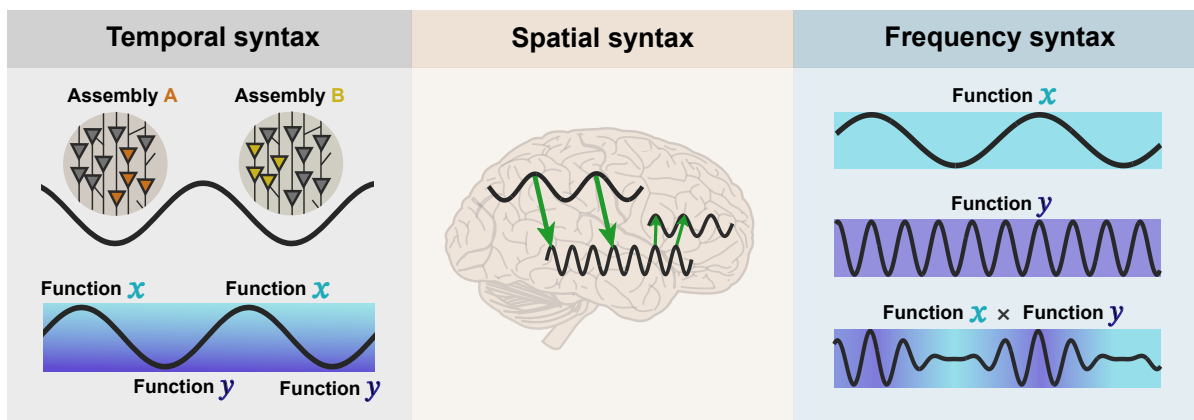
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5.4 Oscillatory computation

Regardless of the causal role that e-fields play in oscillatory processes, a key question in neuroscience is what role, if any, oscillations-in-process across levels of organization play in neural computation. Under the causal stance with regard to neuronal computation, oscillations considered as an intertwined set of neurobiological processes serve an active coordinating function to information exchange across populations of neurons. Under the non-causal stance, even if oscillations reflect a mode of brain activity that correlates with cognition, oscillations are not granted processing capacities required to influence cognition. These stances subtly differ from the range of positions one might have on the causal status of e-fields. Specifically, one can coherently hold the selective view that e-fields are causally important for some homeostatic or other biological functions, while rejecting that oscillations-in-process—e-field or otherwise—play a causal role in the mechanisms of neural computations underlying cognition.

In this section, we outline a view that oscillations-in-process implement a kind of neural syntax (Buzsáki, 2019; Figure 3): an arrangement of neural activity such that it is optimally interpretable to downstream readers (Buzsáki, 2010). We argue that this syntax relies on the ability of oscillations to orchestrate neural activity in time, space, and frequency (Figure 3), endowing neural circuits capable of information processing with the ability to flexibly implement multiple functions. In the remainder of this section, we discuss each form of orchestration in turn, starting with the organization of computation through a temporal syntax.

Like the clock of a digital computer which discretizes electrical activity into functionally-related packets, oscillations are theorized to group functionally-related spikes into distinct oscillatory cycles, and/or to distinct phases within a cycle (Figure 3; left). Prominent examples include the widely observed grouping of spikes into cell assemblies by 30-100 Hz (gamma) oscillations (Lisman & Jensen, 2013; Buzsáki & Wang, 2012; Engel et al., 1991; Fries et al., 2007; Harris et al., 2003), and the sampling of possible behavioral trajectories by hippocampal theta oscillations in rodents (Kay et al., 2020; Ujfalussy & Orbán, 2022; Lisman & Redish, 2009) and humans (1-4 Hz; Qasim et al., 2021; Reddy et al., 2021), whereby spikes at early phases represent past, and those at later phases represent possible future positions of the animal, respectively. By inducing temporal synchrony, grouping-by-oscillations allows assemblies of cells to discharge downstream (e.g. postsynaptic) readers, which require multiple active presynaptic partners to induce an action potential (Liebe et al., 2022).



577 **Figure 3. Oscillations as orchestrators of neural computation**
578 Oscillations are hypothesized to systematically organize neuronal activity in time, space, and frequency.
579 Under a temporal syntax, different computational functions are alternated in a waxing and waning
580 fashion. Under a spatial syntax, ensembles across regions of the brain synchronize excitable phases,
581 establishing functionally-distinct interregional communication channels. Under a frequency syntax,
582 circuits and intracellular processes with different frequencies implement different functions.
583

584 Oscillations do not only group synchronous outputs, but they also provide windows of
585 opportunity in which neurons are sensitive to inputs via fluctuations between hyperpolarized and
586 depolarized phases of neuronal membrane potentials (Shewcraft et al., 2020). Then, through the
587 coordination of synchronous and sensitive oscillatory phases between brain regions, oscillations
588 provide a *spatial syntax* to neural computation, enabling information-coding ensembles to effectively
589 communicate with downstream readers during systematic timeframes (Fries, 2005; Hahn et al., 2019;
590 but see Schneider et al., 2021 for critical considerations; Figure 3; middle). For example, theta
591 oscillations enable communication between hippocampal region CA1 and entorhinal regions via the
592 perforant path, and from CA3 via the Schaffer collaterals at alternating phases of the theta oscillation
593 (Fernández-Ruiz et al., 2017), and through the coordination of distinct gamma rhythms (Fernández-
594 Ruiz et al., 2021). Furthermore, some oscillations slowly propagate across stretches of cortex,
595 modulating spiking along the way (Muller et al., 2018). Such traveling waves change direction when the
596 brain moves between encoding and recall states (Mohan et al., 2024), streamlining with the notion that
597 oscillations aid interregional information exchange.

598 Finally, oscillations coordinate neural processing via a *frequency syntax*, by which oscillations
599 at different frequency bands carry functionally distinct information or perform separate computations
600 (Figure 3; right). For example, in the rodent basal forebrain, oscillations at 20 to 35 Hz (beta), 45 to 65
601 Hz (gamma), and 80 to 150 Hz (high gamma) are each seen at distinct cognitive processing stages in
602 a spatial orientation task (Tingley et al., 2018), top-down vs bottom-up signals in the neocortex are
603 processed locally at different frequency ranges (Bastos et al., 2015; Zheng & Colgin, 2015), and high-
604 frequency regular “burst” spiking is associated with synaptic plasticity (Friedenberger et al., 2023;
605 Payeur et al., 2021). Oscillations at varying frequencies can use cross-frequency coupling to implement
606 a nested frequency syntax, such as when the amplitude of fast oscillations varies along the phase of
607 slow oscillations to encode perceptual (Canolty & Knight, 2010), memory (Bahramisharif et al., 2018;
608 Heusser et al., 2016), or linguistic content (Murphy, 2024).

609 Together, we propose that oscillations are best thought of as enabling functional multiplexing:
610 the ability of the same neural tissue to perform multiple, state-dependent functions as required
611 depending on the context. Each kind of syntax allows neural populations to process functionally distinct
612 signals. In short, we hypothesize that oscillations-in-process generally are central to the organization of
613 information processing within and across networks in the brain. Finally, a nascent question is how these
614 ideas cohere with manifold perspectives (Box 3).

615

616 **Box 3. Limit cycles and oscillatory computation**

617 Recent theories of population coding posit that task-relevant activity emerging from large groups of
618 neurons undergoes stereotypic patterns that are captured by movement along a manifold in lower-
619 dimension projections of the data (Barack & Krakauer, 2021; Langdon et al., 2023). In these subspaces,
620 we can detect motifs of aggregate brain activity that reliably underpin computation, which might take
621 the shape of nonlinear surfaces or point or line attractors (Vyas et al., 2020). Importantly, limit cycles
622 are a type of periodic attractor that emerges from (or can be reconstructed from) periodic and
623 sequentially activated neuronal population, such as during repeating phase-locked firing patterns
624 clocked by theta oscillations associated with sequential memory activation in humans (Liebe et al.,
625 2022) and computational models (Pals et al., 2024).

626 Importantly however, while frequently observed rotational dynamics such as ones detected in
627 the motor cortex (Churchland et al., 2012; Russo et al., 2018) and spinal cord (Lindén et al., 2022) are
628 limit cycles in state space, they do not necessarily imply the existence of an oscillation-in-process.
629 Rotational dynamics can be explained by the sequential activation of populations alone (Lebedev et al.,
630 2019), and periodically repeating motifs can be induced by repetitive, stereotyped muscle contraction
631 (Lindén et al., 2022). Such repeating activity is not a genuine oscillation, but more akin to our previous
632 example of stimulus trains in auditory entrainment studies producing a concatenation of ERPs. In other
633 words, oscillations can imply the existence of rotational dynamics along limit cycles, but rotational
634 dynamics alone do not prove oscillations-in-process. Future experimental, modeling, and conceptual
635 efforts are needed to establish how the oscillatory computation and manifold perspective tie together.

636 **6. Discussion**

637 Oscillations, local field potentials, and other key terms in the electrophysiologist's dictionary are used
638 in various senses across the literature. Some variability might be healthy to foster pluralism, but too
639 much divergence risks a conceptual quagmire where scientists, research groups, and subfields start to
640 talk past each other. For example, if one party conceives of LFPs as electric fields generated locally in
641 confined circuits, while another views LFPs as an underdetermined signal with unboundedly many
642 processes underpinning it, then disputes on the relevance of LFPs or what research avenues are worth
643 pursuing become misdirected from the outset. In a similar vein, the claim that oscillations are
644 epiphenomenal leaves open (1) whether this concerns oscillations as processes, signals, or both, (2)
645 what oscillations are epiphenomenal *toward*, (3) whether oscillations are informative in spite of their
646 causal inefficaciousness, (4) and if so, toward which other processes they are informative or not.

647 In this contribution, we argue that neuroscience benefits from distinguishing measurements and
648 processes on the one hand, and informativeness and causality on the other. We submit that these axes
649 of analysis help us wade through terminological vagueness and orient debates toward experimental
650 validation. Adopting this lens, we offer empirically driven answers on the casual and inferential role of
651 processes and measurements in electrophysiology. Our answers are as follows.

652 First, local field potentials are measurements that reveal direct information about electric fields,
653 as well as indirect information about neurobiological processes, cognition, and behavior. Many of these
654 processes have causal relations between each other, though the evidence varies on a case-by-case
655 basis. Perhaps most centrally, we argue that electric fields likely influence neuronal processing over
656 and above being produced by it through the process of ephaptic coupling. Furthermore, we posit that
657 oscillations are best cast as a separate entity that can arise in processes and measurements. In this
658 context, oscillations in processes across levels of scale appear to introduce a neural syntax by which
659 multiplexed computation is enabled. However, not all measured neural activity is oscillatory, nor does
660 the presence of an oscillation in one entity necessitate oscillations in the other, meaning it is instructive
661 to clarify *what* is oscillating when referring to neural processes or signals.

662 Finally, the outlined framework can also be applied to other neural signals and processes. For
663 example, spikes are sometimes viewed as explanatorily superior to LFPs and oscillations, but this entity
664 deserves its own treatment. In some contexts, the term spike refers to a signal (sharp high-frequency
665 LFP components), and in others it refers to a neurobiological process (inter-neuronal communication
666 over synapses; the action potential). Their relation is taken at face value, but analytical challenges
667 emerge as they do in the inference from (oscillating) LFP to (oscillating) electric field. For example, it is
668 challenging to consistently assign spike waveforms to physical processes in isolatable neurons. Indeed,
669 spike sorting algorithms perform far from perfect on benchmark tests (Magland et al., 2020; Barnett et
670 al., 2016) a problem that intensifies with the advent of high-density techniques. And with the claim that
671 spikes are causal and informative, it again needs to be specified what it is causal and informative
672 towards, and how much primacy it has over other measurements and processes.

673 Overall, the answers obtained from our reframed questions energize research programmes that
674 tentatively consider electric fields and oscillations within them as active causal phenomena.
675 Furthermore, even to the extent these processes are not causally relevant, their measurements yield
676 information about behavior, cognition, as well as other dimensions relevant across the systems and
677 cognitive neurosciences.

678
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